CAISL

MONDAY 22/06/2026

Soup
Roasted Sweet Potato & Spinach Leaves

Main
Beef Meatballs

Vegan
Vegan Moqueca

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Penne Pasta & Roasted Potatoes
Stemed Broccoli
Roasted Corn

Dessert
Fruit Cups

FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

CAISL

TUESDAY 23/06/2026

Soup

Cream of Cauliflower

Main

Roasted Oven Hake w/ Herby Butter Sauce

Vegan

Soy & Chickpea Winter Stew w/ Spinach

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

Cajun Roasted Potatoes

Roasted Cauliflower

Wilted Greens & Peas

Dessert

Fruit Cups

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CAISL

WEDNESDAY 24/06/2026

Soup
Creamy Courgette

Main
Roasted Turkey & Gravy

Vegan
Egg Fried Rice w/ Vegetables and Tofu

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Steamed Rice
Roasted Seasonal Vegetables
Caramelized Carrots

Dessert
Fruit Cups & Yogurt w/ Honey

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CAISL

THURSDAY 25/06/2026

Soup

Carrot & Coconut

International

Grilled Salmon Teriyaki & Spring onions

Vegan

Vegetable Stroganoff

Raw Salads

Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides

Rice w/ Lemon & Herbs

Roasted Seasonal Vegetables

Steamed Green Beans

Dessert

Fruit Cups

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CAISL

FRIDAY 26/06/2026

Soup
Chicken Canja

Main
Duck Rice

Vegan
Zucchini, Spinach & Feta Cheese Lasagna

Raw Salads
Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves

Sides
Roasted Sweet Potatoes
Stir-Fried Vegetables
Charred Corn

Dessert
Fruit Pods & Pannacota

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