



Meet Your Nutritious Friend:  
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Big Daddys Pizza Cheese Burger  <b>FEATURED VEGGIES</b> Broccoli Bites w/Ranch Dressing
4 Chicken Tenders w/Biscuit Hot Dog  <b>FEATURED VEGGIES</b> Mashed Potatoes Golden Corn	5 <b>Cinco de Mayo</b> Walking Nachos Hot Dog  <b>FEATURED VEGGIES</b> Golden Corn & Salsa	6 Mac & Cheese Hot Dog  <b>FEATURED VEGGIES</b> Glazed Carrots	7 Grilled Ham & Cheese Sandwich  Hot Dog  <b>FEATURED VEGGIES</b> Baked Beans	8 Big Daddys Pizza Hot Dog  <b>FEATURED VEGGIES</b> Broccoli Bites w/Ranch Dressing
11 Chicken Nuggets w/Buttermilk Biscuit  Cheese Burger  <b>FEATURED VEGGIES</b> Steamed Broccoli	12 Walking Nachos  Cheese Burger  <b>FEATURED VEGGIES</b> Golden Corn Salsa	13 <b>French Toast Day</b> French Toast Sticks w/Breakfast Potatoes  Cheese Burger  <b>FEATURED VEGGIES</b> Glazed Carrots	14 Chicken Alfredo over Penne Pasta with Garlic Bread  Cheese Burger  <b>FEATURED VEGGIES</b> Baked Beans	15 Big Daddys Pizza Cheese Burger  <b>FEATURED VEGGIES</b> Celery Sticks w/Ranch Dressing
18 <b>Fortune Cookie Kitchen</b> Asian Chicken over Rice Pasta & Meat Sauce  <b>FEATURED VEGGIES</b> Steamed Broccoli	19 Chicken Patty on a Bun Pasta & Meat Sauce  <b>FEATURED VEGGIES</b> Baked Beans	20 Beef & Cheese Quesadilla Pasta & Meat Sauce  <b>FEATURED VEGGIES</b> Rice Baby Carrots	21 Chicken & Waffle <b>Pre-K Chicken Nuggets &amp; Waffle</b> Pasta & Meat Sauce  <b>FEATURED VEGGIES</b> Sweet Peas	22 <b>EARLY DISSMISSAL NO LUNCHES SERVED</b>
25 	26 Hot Dog on a Bun Grilled Cheese  <b>FEATURED VEGGIES</b> Baked Beans	27 Chicken Cacciatore over Rice Grilled Cheese  <b>FEATURED VEGGIES</b> Glazed Carrots	28 Baked Ziti Grilled Cheese  <b>FEATURED VEGGIES</b> Green Beans	29 Big Daddy Pizza Grilled Cheese  <b>FEATURED VEGGIES</b> Broccoli Bites w/Ranch Dressing

**What is a Meal?**  
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable**

Vegetable of the day, along with seasonal fresh vegetables

**Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Choice of Milk**

1% white, fat-free chocolate

**May 5<sup>th</sup> Cinco de Mayo**  
**May 13<sup>th</sup> French Toast Day**  
**May 18<sup>th</sup> Fortune Cookie Kitchen**

**Daily Alternates**

- Turkey & Cheese Hoagie
- Ham & Cheese Hoagie
- Uncrustable PB&J
- Fresh Garden Salad

**Your Team**  
Nancy Piazza, Food Service Director  
ma1526@metzcorp.com

**Meal Prices**  
Student Lunch      \$3.50

