

Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

**Monday: Salami & Cheese
Sandwich**

**Tuesday: Ham & Cheese Sandwich
or Baked Potato Meal**

**Wednesday: Bagel Lunch:
Bagel, Cheese Stick & Yogurt**

**Thursday: Turkey Sandwich or
Baked Potato Meal**

Friday: Italian Combo

Offered Daily

**Grab & Go Salad Plate
Sunflower Butter & Jelly Sandwich**

Offered Daily With All Meals:

**Assorted Vegetables: Garbanzo Beans,
Broccoli, Carrots, Tomatoes, Cucumbers,
Tossed Green Salad, Corn
& Whole Grain Dinner Roll**

& Assorted Fruit:

**Fresh, Canned and Fruit Juice
& Milk Variety**

***Made From Scratch**

Menus for May 2026

Henry H. Wells Breakfast & Lunch Menu



BCSD is an equal opportunity provider and employer.
Menus are subject to change.

Friday, May 1

School Lunch Hero Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety
Salad Bar: Chicken Caesar
Salad Plate

Monday, May 4

Breakfast

*Homemade Muffin

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Garden Peas
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 5

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Mozzarella Stuffed
Breadsticks
*Tomato Sauce for Dipping
Green Beans
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 6

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

BBQ Pork Rib Sandwich
Smiley Fries
Cole Slaw
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, May 7

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Rotini Pasta Plain or
*Tomato or Meat Sauce
Bite Size Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Friday, May 8

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pasta Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, May 11

Breakfast

*Homemade Muffin

Lunch

Copy Cat KFC Bowl
Crunchy Popcorn Chicken
Mashed Potatoes
Sweet Corn, Gravy
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, May 12

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Taco Tuesday
Hard or Soft Shell
Seasoned Beef/Lettuce
Tomato/Shredded Cheese/
Salsa/ Spanish Rice
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, May 13

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

Chicken Quesadilla
Nacho Chips & Salsa
Sour Cream
Black Bean & Corn Salad
Assorted Canned/Fresh Fruit
Milk Variety

PLC

2hr. Early Release

Thursday, May 14

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

New York Thursday
*Wacky Mac Plain or
*New York Meatballs
NY Bite Size Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Friday, May 15

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

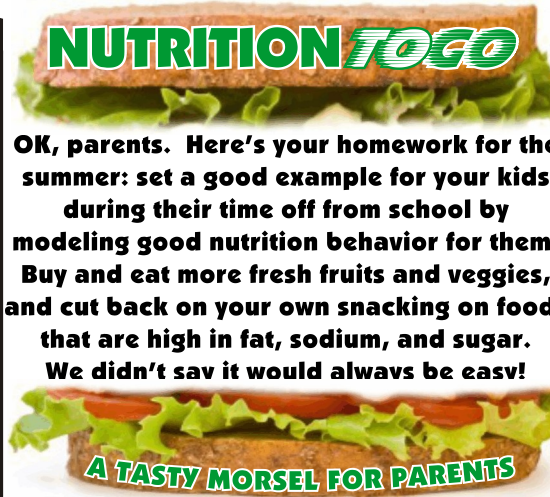


HAPPY
MOTHER'S
DAY

Sunday, May
10th

Vegetable of the Month

Green Peas



OK, parents. Here's your homework for the summer: set a good example for your kids during their time off from school by modeling good nutrition behavior for them. Buy and eat more fresh fruits and veggies, and cut back on your own snacking on foods that are high in fat, sodium, and sugar. We didn't say it would always be easy!

School Lunch Hero Day Friday, May 1st

When we say school nutrition professionals are heroes, WE MEAN IT!

That's why we celebrate them every spring with the annual School Lunch Hero Day.

Join schools across the country who are recognizing the difference these team members make for every child who comes through their cafeteria.

Monday, May 18

Breakfast

*Homemade Muffin

Lunch

Pulled Chicken Tachos
Pulled Chicken over
Tater Tots
Lettuce, Tomato
Shredded Cheese
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 19

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

French Toast Bites, Syrup
Sausage or String Cheese
Hash Browns
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, May 20

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

Personal Pan Pizza
Caesar Salad
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, May 21

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Breaded Mozzarella Sticks
*Tomato Sauce for Dipping
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Friday, May 22

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Buffalo Chicken Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, May 25



Tuesday, May 26

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Breaded Chicken Tenders
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 27

Breakfast

*Homemade Muffin OR
Banana Split Parfait

Lunch

Oven Grilled
Cheese Sandwich
Oven Baked Fries
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, May 28

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

New York Thursday
*New York Beef Hamburger
or Cheeseburger on a Bun
Lettuce, Tomato, Pickles
New York Onion Rings
Assorted Canned/Fresh Fruit
Milk Variety

Friday, May 29

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Free School Meals Are
Here For Brewster!!!
Free & Reduced
Applications Are No
Longer Needed.

ALL Brewster Students are
eligible for school breakfast
& lunch each day at no cost
to families!
A La Carte & Snacks Will Still Be
Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125