

**Allegheny-Limestone Central School**  
 001 - ALLEGANY-LIMESTONE HIGH SCHOOL  
 AT LEAST "3" COMPONENTS NEEDED FOR A COMPLETE MEAL. 1ST  
 MEAL FREE\*\*\*MUST TAKE A FRUIT AND OR VEGETABLE\*\*\*  
 2ND MEAL \$2.90

Monday	Tuesday	Wednesday	Thursday	Friday
				May - 1  CINNAMON ROLL BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA ASST FRESH FRUIT Milk Variety JUICE variety FRUIT ASST
May - 4  MINI FILLED BAGEL STRAW. OR CINN BAGELS,PLAIN, 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA ASST FRESH FRUIT Milk Variety JUICE variety FRUIT ASST	May - 5  BREAKFAST SANDWICH BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA ASST FRESH FRUIT Milk Variety JUICE variety FRUIT ASST	May - 6  FRENCH TOAST w/sausage BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA ASST FRESH FRUIT Milk Variety JUICE variety FRUIT ASST	May - 7  BRKFAST BURRITO - ASST. BAGELS,PLAIN, 25%less GENERAL MILLS CEREALS ASST SMOOTHIES TOAST-2 slices BREAKFAST PIZZA ASST FRESH FRUIT Milk Variety JUICE variety FRUIT ASST	May - 8  CINNAMON ROLL BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA ASST FRESH FRUIT Milk Variety JUICE variety FRUIT ASST
May - 11  CHURRO -RASP or APPLE BAGELS,PLAIN, SMOOTHIES ASST CEREAL w/Toast TOAST-2 slices BREAKFAST PIZZA SAUSAGE BREAKFAST BARS-ASST FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 12  BREAKFAST SANDWICH BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 13  FRENCH TOAST w/sausage BAGELS,PLAIN, YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST SMOOTHIES TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 14  BRKFAST BURRITO - ASST. BAGELS,PLAIN, 25%less GENERAL MILLS CEREALS ASST SMOOTHIES TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 15  CINNAMON ROLL BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST
May - 18  PANCAKES BAGELS,PLAIN, SMOOTHIES ASST CEREAL w/Toast TOAST-2 slices BREAKFAST PIZZA SAUSAGE BREAKFAST BARS-ASST FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 19  BREAKFAST SANDWICH BAGELS,PLAIN, YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 20  FRENCH TOAST w/sausage BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 21  BRKFAST BURRITO - ASST. BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 22  NO SCHOOL TODAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Allegany-Limestone Central School

001 - ALLEGANY-LIMESTONE HIGH SCHOOL

Mar 19, 2026

AT LEAST "3" COMPONENTS NEEDED FOR A COMPLETE MEAL. 1ST

MEAL FREE\*\*\*MUST TAKE A FRUIT AND OR VEGETABLE\*\*\*

2ND MEAL \$2.90

Monday	Tuesday	Wednesday	Thursday	Friday
May - 25  HOLIDAY	May - 26  MINI WAFFLES maple BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE variety FRUIT ASST	May - 27  FRENCH TOAST w/sausage BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 28  BRKFAST BURRITO - ASST. BAGELS,PLAIN, 25%less GENERAL MILLS CEREALS ASST SMOOTHIES TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	May - 29  CINNAMON ROLL BAGELS,PLAIN, SMOOTHIES 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices BREAKFAST PIZZA SAUSAGE FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST

\*\*\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER\*\*\*

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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