



Rockwall

INDEPENDENT SCHOOL DISTRICT

ROCKWALL INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Date: April 22, 2026

Time: 5:00 PM

Rockwall ISD Administration Office
1050 Williams Street
Rockwall, TX 75087

AGENDA with MINUTES

1. Call to Order and Establish a Quorum

Patrick called the meeting to order at 5:04 PM and began recording. A quorum of 5 voting members was present.

2. Public Comments -none

3. Welcome

Members present: Debra Axum, Mindy Lee, Patrick Just, Farrah Brabson, Rebecca Stuart, Dr. Kelvin Stroy, Nichól Smithers, Betsy Wooldridge, Mary Walker

4. Review and Possible Action from February Meeting Presentations

Jenny Krueger and Tonya White provided a recap and answered questions regarding the Boys and Girls Club ESTEEM curriculum, an evidence-based, TEKS-aligned curriculum for 5th-9th grade. The program has grade-appropriate content covering physical health/hygiene, mental health, healthy eating and physical activity, alcohol, tobacco, bullying and drugs, and reproductive and sexual health. Parent programming is included, and parents have online access to all student workbooks. The program would be low- or no-cost, and materials are currently covered by a grant. Esteem has been used since 2004 and is updated every 3-4 years, including revisions based on instructor feedback. Each grade level has an "A" and "B" book, with the "B" book containing more sensitive content. Districts can omit any lessons. Boys and Girls Club would receive training to deliver the program, and district staff would be present with the outside presenter whenever the presenter is presenting at a campus. Opt-in parent permissions are required.

Patrick Just recapped the "Just Say Yes" program, presented by ChiChi Odo and Ramesey Pruitt at the February SHAC meeting. The program costs \$1,800 per campus, and YES staff deliver it either virtually or in person.

5. Looking to Next Year

Patrick Just asked the SHAC members to consider one of the presented curricula to cover instruction to certain grades in physical health/hygiene, mental health, healthy eating and physical activity, alcohol,

tobacco, bullying and drugs, and reproductive and sexual health. Deborah Axum made a motion to recommend adoption of the Esteem curriculum to the Board of Trustees at a summer 2026 meeting. Second by Rebecca Stuart. Discussion included the benefits of local support by the Boys & Girls Club, low cost, beneficial instructional content, and parental access to materials. Concerns about conflict with class instruction were discussed, and Patrick Just responded that Curriculum & Instruction would take this into consideration if a program is adopted. Motion passed unanimously, vote 5-0.

6. Questions from the Board

Patrick Just asked the SHAC members to consider other parents for nomination to the SHAC for 2026-27.

7. Adjourn

The meeting adjourned at 5:32 PM