

Adventure Education: Unit 1

Building Community & Communication Skills

Stage 1 Desired Results		
ESTABLISHED GOALS: <u>Competencies:</u> • <i>Students will demonstrate the ability to exhibit responsible personal and social behavior in order respect self and others in physically active settings.</i> • <i>Students will recognize the value that physical activity provides opportunities for enjoyment, challenge, self-expression, improved self-confidence, and positive social interaction in order to lead a healthy lifestyle.</i> • <i>Students will demonstrate the ability to analyze and summarize text and integrate knowledge to make meaning of discipline-specific materials.</i> • <i>Students will demonstrate the ability to produce coherent and supported writing in order to communicate effectively for a range of discipline-specific tasks, purposes, and audiences.</i> • <i>Students will demonstrate the ability to speak purposefully and effectively by strategically making decisions about content, language use, and discourse style.</i> <u>Content Standards:</u> SHAPE.1 Develops a variety of motor skills. SHAPE.2 Applies knowledge related to movement and fitness concepts.	Transfer	
	<i>Students will be able to independently use their learning to cooperate with others to problem solve and challenge themselves outside their comfort zone while engaging in physical activity.</i>	
	Meaning	
	ENDURING UNDERSTANDINGS <i>Students will understand that...</i> • Effective communication, critical thinking, and trust are keys to building healthy relationships.	ESSENTIAL QUESTIONS • How does effective communication help build community and trust?
	Acquisition	
	<i>Students will know...</i> • <i>that communication promotes effective team work and problem solving.</i> • <i>how to challenge themselves by choosing their challenge (Challenge by choice but choose your challenge)</i> • <i>choosing challenges helps an individual grow outside of their comfort zone and builds confidence.</i> • <i>the value of communicating effectively and actively participating within a community of people</i> <u>Vocabulary:</u> - <i>assertive communication, active listening, teamwork, cooperation, leadership, empathy, challenge by choice</i>	<i>Students will be skilled at...</i> • <i>Using communication skills and strategies that promote team/group dynamics.</i> • <i>Solving problems and thinking critically in physical activity both as an individual and in groups.</i>

● SHAPE.3 Develops social skills through movement. ● SHAPE.4 Develops personal skills, identifies personal benefits of movement, and chooses to engage in physical activity.		
Content Area Literacy Standards		21st Century Skills
● RST.9-10.1 Cite specific textual evidence to support analysis of science and technical texts, attending to the precise details of explanations or descriptions. ● RST.9-10.2 Determine the central ideas or conclusions of a text; trace the text's explanation or depiction of a complex process, phenomenon, or concept; provide an accurate summary of the text. ● RST.9-10.4 Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to grades 9-10 texts and topics. ● WHST.9-10.4 Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.		● <i>Solve problems</i> ● <i>Think creatively</i> ● <i>Communicate clearly</i> ● <i>Collaborate with others</i> ● <i>Interact effectively with others</i>

Stage 2 - Evidence	
<i>Evaluative Criteria</i>	<i>Assessment Evidence</i>
Communication will be assessed through observation & a checklist.	PERFORMANCE TASK(S): - Students will actively participate in a group challenge. They will demonstrate their ability to communicate effectively while engaging in the physical activity. - Communication vocabulary quiz.
	OTHER EVIDENCE:

Stage 3 – Learning Plan	
<i>Summary of Key Learning Events and Instruction</i>	
<i>Language Arts Integration</i>	<i>Mathematics Integration</i>
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<i>Technology Integration</i>	<i>District Materials</i>
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