

Germantown Municipal School District (GMSD)

GMSD (LEA) Wellness Plan states that in order to send consistent messages to students, parents/guardians and the community and to further support nutrition education efforts, **GMSD** (LEA) shall:

Objective:	In Compliance	In the process of becoming compliant	Not Compliant
Nutrition education will discourage teachers from using high fat, sugar, and sodium foods as rewards and encourage student to start each day with a healthy breakfast.	X		
For other, non-sold foods and beverages made available on the school campus during the school day, each school Principal shall monitor all such foods and beverages to ensure that non-sold	X		
~~foods and beverages comply with~~ as possible with USDA Smart Snacks in Schools standards. All food, including vending machines, fundraising items, and concessions during the school day, must meet guidelines set forth by the Healthy, Hunger-free Kids Act, 2010, Smart Snacks in Schools.	X		

Physical Education and Physical Activity

Objective:	In Compliance	In the process of becoming compliant	Not Compliant
The board recognizes that physical activity is extremely important to the overall health of a child.	X		
All physical education classes shall comply with the State Board of Education's Physical Education standards.	X		
Physical Education classes shall be offered as part of a standards based program designed to provide developmentally appropriate, moderate to vigorous physical activity as an integral part of the class.	X		

Germantown Municipal School District (GMSD)

This survey is a tool for measuring compliance with objectives stated in the _____ (LEA) Wellness Plan. For each objective stated, please select the choice that best describes your school's level of compliance. When completed, please return this survey to:

Health and Nutrition Education

KCS Wellness Plan states that Nutrition education, a component of comprehensive health education, shall be offered every year to all students. It further states that Kingsport City Schools shall ensure the following:

Objective:	In Compliance	In the process of becoming compliant	Not Compliant
Nutrition education will be offered as a part of a standard based program designed to provide students with the knowledge and skills needed to promote optimum health as outlined in the State Board of Education Health Education and Lifetime Wellness Standards.	X		
Nutrition education will discourage teachers from using high fat, sugar, and sodium foods as rewards and encourage student to start each day with a healthy breakfast.	X		
The district will provide healthy nutrition through various activities, including nutrition related newsletters, informational links on the district website, healthy eating posters and bulletin boards in dining areas, and informational booths at various community functions.	X		

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Other School-based Activities Designed to Promote Wellness

(LEA) Wellness Plan states that shall strive to create and maintain a healthy school environment in each school that promotes healthy eating, physical activity and well-being. In order to create and maintain this environment, (LEA) recognizes the importance of the following:

Objective:	In Compliance	In the process of becoming compliant	Not Compliant
The board recognizes the link between student wellness and academic achievement. In order to provide an environment conducive to overall student wellness, this policy shall be followed by all schools in the District.	X		
The board recognizes that physical activity is extremely important to the overall health of a child.	X		
All schools shall implement the CDC's Coordinated School Health approach to managing new and existing wellness related programs and services in schools and the surrounding community based on State law and State Board of Education CSH standards and guidelines.	X		

Additional Comments about your school's compliance:

School: Germantown Municipal School District

Name of person completing survey:



4/20/2026

Thank you!