

SANDOWN NORTH NEWS



April 2026

MONTHLY NEWSLETTER

Issue 8



A Message from Principal Yacek



Dear Families,

The month of May was a busy one with the start of our school-wide reading of *The One and Only Ivan*, music concerts all month long, and classes in grades 3-5 preparing to take the NH state assessments. Thank you to our 5th graders who presented to the school board and community last Thursday evening. They shared their experiences and lessons about the D.A.R.E. program for 5th graders. We are looking forward to the ceremony and celebration lunch.

We hope that you can join us for our family literacy event on Wednesday, May 6th, right before the PTA Lip Sync. We also have quite a few grade level curriculum nights planned in May as well. Be sure to check out the literacy flyer, included below in this newsletter.

The last 6 weeks of school will go by fast. We have a lot planned for both May and June. We have provided a list of all events from now until the end of the school year, so that families can plan ahead! When we return from break, it will be teacher appreciation week. Thank you to our PTA for planning things for our staff the week we return.

Have a wonderful week next week and we will see you in May!

Thank you for sharing your children with us each and every day. If you ever have any questions or concerns, please do not hesitate to reach out!

Yours In Education,
Mrs. Yacek, Sandown North Principal

Upcoming Dates:

May 5: GOTR & SN News Team

May 7: GOTR, Painting Club

May 12: GOTR & SN News Team

May 13: Early Release 1pm

May 14: GOTR, Painting Club

May 18: Grade 4 & 5 Strings Rehearsal PAC 630pm

May 19: GOTR & SN News Team

May 19: Grade 4-8 Orchestra Concert PAC 630PM

May 21: GOTR & Painting Club

May 25 Memorial Day no school

May 26: GOTR & SN News Club

May 28: GOTR

**Please see the next slide for more dates
and happenings at Sandown North from
now until the end of the year!**



SANDOWN NORTH ELEMENTARY

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End of Year Activities 2026

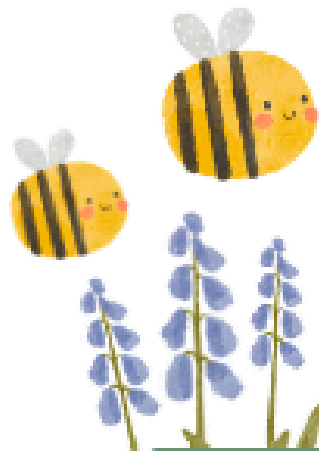
See below for important dates and upcoming activities for Sandown North

DATE	TIME	EVENT	GRADE(S)
Friday, April 24	1:30-2:30	NED Show	All Grades
Wednesday, May 6	5:30-6:30	Literacy Night	For All Grades
Thursday, May 7	5:30-6:30	4th Grade Biography Night	4th Grade
Monday, May 11-12	TBD	SMILE Dental Visits	1-4
Thursday, May 14	6:00-7:00	Grade 1 Parent Night	Incoming K
Thursday, May 21	8:45-11:00	Grade 2 Walking Field Trip	Grade 2
Friday, May 22	2:00	School- Wide Event - Memorial Day Commemoration	
Wednesday, May 27	8:45-1:30	Grade 4 American Stonehenge Field Trip	Grade 4
Friday, May 29	12:45 & 2:00	DARE Ceremony and Celebration	Grade 5
Wednesday, June 3	5:00-6:45	Integrated Arts Night & Book Fair	UA/Grade 3/Grade 5
Friday, June 5	TBD	Grade 5 Step Up Day	Grade 5
Monday, June 8	AM	Grade 5 Chromebook Distribution	Grade 5
Monday, June 8	AM	Grade 2 SEE Science in-House FT	
Tuesday, June 9	5:00-6:00	Grade 2 Publishing Party	Grade 2
Tuesday, June 9	AM	5th Grade Sandlot Day (rain date: June 11)	
Thursday, June 11	9:15-10:30	Step Up Day for Kindergarten	
Friday, June 12	All Day	Field Day	Whole School
Monday, June 15th	2:15-2:45	Step-Up Day	1st-4th
Tuesday, June 16th	9:15-10:15	5th Grade Celebration	
Tuesday, June 16	11:45AM	Grade 5 Clap Out - Students walk through hallways and out main entrance - parents are outside along sidewalk	Grade 5
Tuesday, June 16	12:00PM	Last Day for Students - ½ Day	

ATTENDANCE REMINDERS

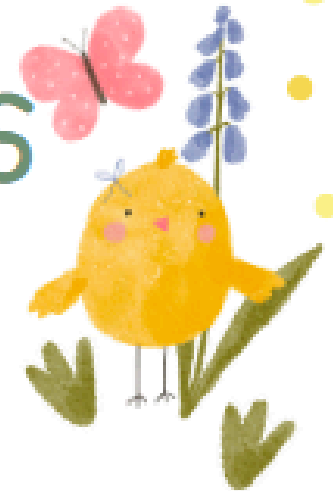
Please remember that regular school attendance is important for your child's academic and social development! We do understand that at times your child may be sick or have an appointment. If your child is going to be absent, tardy or dismissed please remember the following: **Please let us know!**

- You can enter your child's absence, tardy or dismissal into Pick Up Patrol or call 603-887-8505 Option 1. We ask you please do this *before* school starts for the day.
- Please give us a reason! In order for an absence to be excused, we need a reason. When calling or using Pick Up Patrol, you can simply say your child is sick or has a doctor appointment.
- Please note that changes to dismissal can also only be made before 2pm. This ensures students get to the right place at the end of the day.
- Thank you for your help and partnership!



HEALTH NEWS LETTER!

April 2026



Spring Seasonal Allergies

With the arrival of the spring season often comes symptoms of seasonal allergies for some kids.

Allergy Symptoms

Symptoms could include: Runny/stuffy nose, sneezing, itchy throat, throat clearing, coughing, post nasal drip, fatigue and itchy, burning, or watery eyes. Allergy symptoms can impact quality of sleep and ability to focus in school.

Treating Seasonal Allergies

If you know your child struggles at this time of the year with these symptoms, start appropriate medications to manage them. If your child has these symptoms, but you've never talked to your provider about allergies, this is a good time to do that.



Contact Info

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Shannon.nastasia@timberlane.net
Phone: 1-603-887-8505
Ext: 7519



APRIL



Grade 1

First graders are determining whether math equations are true or false. They are also balancing equations. In phonics, students are reading and writing words with vowel teams. During science, students are learning about animal traits.

Grade 2

Second graders have been working hard this month. In math, we are working on our geometry unit. In writing, students continued to write informational pieces and focused on editing and revising their work. For science, students have been working hard on learning about what a plant needs to survive.

Grade 3

Third grade has had a busy month! We loved our trip to the statehouse and had so much fun learning about NH government! In math we finished our measurement unit and have dived back into fractions and will focus on strategies for comparing fractions. In reading, small book groups are continuing to thrive and whole class learning is focused on comprehension and context clues. In writing, we are working on opinion. In science we are doing some earth day activities as well as our unit on forces, motion and magnets.

Grade 4

Our fourth graders have been busy working on their biographies and timelines, engaging in SAS practice for ELA and math, have enjoyed a visit from Mr. Bibeau who shared a ton of knowledge on our NH soil, minerals, gemstones and volcanic rock and we have learned so much about the Artemis 2 mission. In math, we are learning all about decimals!

Grade 5

We've had an EGG-cellent April in the 5th grade! In reading, we are analyzing primary source documents from the early European explorers of North America. In writing, we've finished our opinion pieces on whether or not students should have homework. In Math, we are wrapping up our unit on multiplying and dividing decimals, and in Science we are beginning a unit on ecosystems and food chains.

Reading Curriculum News

Just as the flowers are beginning to bloom, April is the perfect time to help our students' literacy skills grow! This month, try focusing on the connection between reading and writing. Research shows that the more children read, the better they write—and vice versa. Challenge your young creator to read a short story and then write a 'missing chapter' or an alternative ending. Let's turn that spring inspiration into ink on the page!

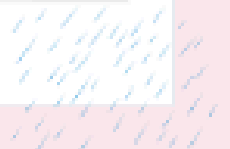
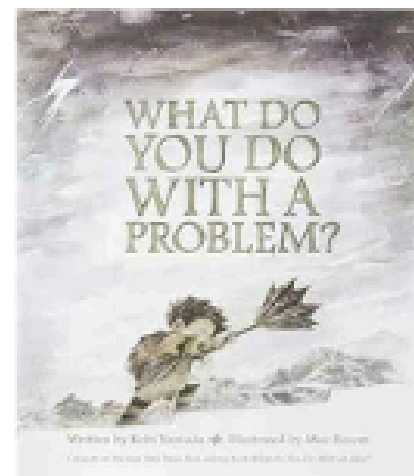
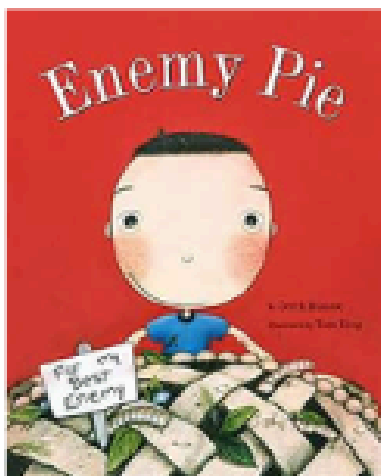
April is also National Poetry Month, a wonderful time to celebrate the rhythm of language. Writing poetry is one of the best ways to build vocabulary and emotional expression. Whether it's a simple haiku about the spring rain or a blackout poem made from an old newspaper, we're encouraging everyone to pick up a pen, or sit down and enjoy a good book of poetry.

Guidance Corner

This month in SEL, students across all grade levels have been building important life skills. First graders focused on identifying the size of problems and problem-solving using *What Do You Do with a Problem?*. Second grade worked on problem solving as well, practicing the first step of **S.T.E.P.—Say the problem without blame**—as part of the Second Step curriculum, paired with *Enemy Pie*. In grades 3 and 4, lessons have focused on test-taking strategies as state testing approaches. Fifth graders have been learning about social media safety and will soon begin lessons to support their transition to middle school.



Our March Madness Coping Skills Bracket was a big hit! After some tough matchups, the overall winner at Sandown North was snuggling a furry friend, with fidgets and listening to music coming in second and third place. It was a fun way to highlight the many healthy coping strategies students can use throughout their day!





UA NEWSLETTER

April 2026



LIBRARY



FIRST GRADE STUDENTS HAVE BEEN HEARING SPRING STORIES AND CIRCULATING BOOKS.

SECOND GRADE CONTINUES WITH OUR "ME ON THE MAP" UNIT. WE JUST FINISHED LEARNING ABOUT SANDOWN AND ARE MOVING ON TO NH.

THIRD GRADE CONTINUES TO LEARN ABOUT NEW HAMPSHIRE

FOURTH GRADE CONTINUES TO LEARN ABOUT REGIONS OF THE UNITED STATES

FIFTH GRADE HAS BEGUN A UNIT ON POETRY.

ART



In Art we are wrapping up our units on shoe tying, sculpture, and collage. To finish the year, all students will focus on developing their origami skills. Assignments are tailored to each grade level, progressively increasing in difficulty as students master precision in their folding techniques.

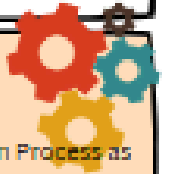
Throughout these final months, students will also complete and refine their work from previous units to prepare them for display. First and second graders will bring home their shoe projects, providing a great tool to continue their shoe-tying practice at home.

MUSIC



- Disney March Madness: We have reached the **Elite Eight** in our Hero vs. Villain song bracket! Stay tuned for our grand champion announcement next month.
- Grades 1-2: Building rhythm and literacy skills through festive spring-themed activities.
- Grade 3: Refining recorder embouchure and finger placement while working on new and review 3-5 note melodies
- Grades 4-5: Developing and refining barred instrument technique and gaining proficiency in decoding aural and written notation (do-re-mi-sol).
- Congratulations to our Band, Strings, and Chorus on their spring concerts! The growth in their musicality and stage presence since the winter concert is truly impressive. We are especially proud of their STAR behaviors on and off stage!

INNOVATION



Students continue to apply the Engineering Design Process as they ask, imagine, plan, create, and improve to complete various challenges appropriate to their grade level such as:

- Gr 1- Completed Domino Pixel Art Challenges, Bunny Loose Parts Partner Challenge and Bunny Shelter Team Challenge
- Gr 2&3- Continued tinkering, connected our tinkering with careers that use the tools and hardware we tinkered with, and reflected on the experience
- Gr 4- Continued the Domino Team Challenges
- Gr 5- Continued the Index Card Castle Team Challenge

Students continue to develop their collaboration, communication, creativity, and critical thinking skills.

HEALTH/PE



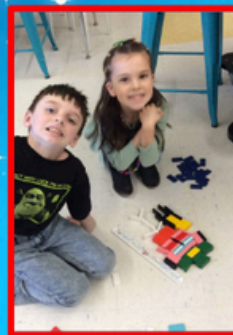
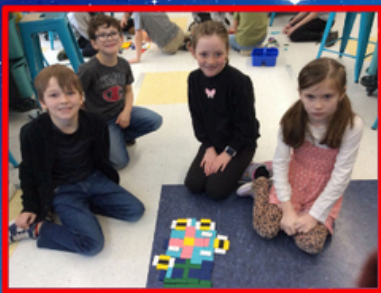
This month in PE we got up to a lot of fun games while some classes were catching up on missed skills and games. After break all the classes will be on the same lesson! We will be starting on volleyball. We will even get to use the rock wall, cargo net, and climbing rope for some new fun challenges. I look forward to finishing the year out strong.



STAR Behavior Celebrated Through Open Studio



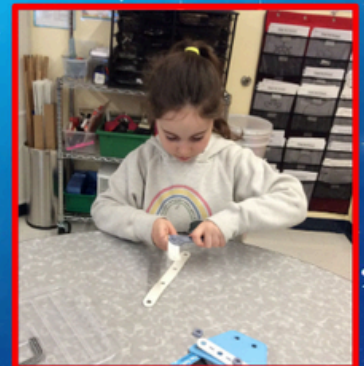
Domino Pixel Art Challenges



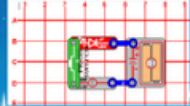
Tinkering with Tools and Hardware



Tinkering with Tools and Hardware



Snap Circuits



Bunny Shelter Team Challenge



Bunny Loose Part Art Partner Challenge



NEXT MEETING: MONDAY, MAY 4, 2026
6:00PM @ SANDOWN NORTH**Principal's Minute**

Exciting things are happening at Sandown North! One School, One Book kicked off on April 6th! 3rd Grade field trip to NH State House. State testing for grades 3-5 begins soon with sessions continuing weekly after vacation.

PTA is supporting students by funding the books for this session of One School, One Book and by supplying testing snacks, hard candies, and gum to help keep kids full and focused!

Events Recap**Sandown Civic Clubs Meet & Greet**

While turnout was small this year, we have BIG things growing! We've connected with Laurel's Farm and Sandown Garden Club to explore creating a student garden club where students will help grow vegetables for school, to take home, or to donate.

Dodgeball Tournament

Over 120 participants! We expanded to 6 teams this year and it was great. Credit for smooth and successful second year thanks to previous years experience and the incredible volunteers for helping out!

PTA Pajama Party Dance (North)

A cozy, fun-filled afternoon that was a huge hit with the kids! Next year we'll have one session for all 1-5th graders. Check our facebook page for photos by Alicia.

Paint with the PTA

Kids painted an adorable Bumble Bee and Hive piece this year with Jamie Gibbs leading the instruction this year! Much appreciation to how flexible all the kiddos were as we learned our gold paint option was more transparent than anticipated and needed MANY layers to become opaque.

Book Fair at Sandown Central

PTA members volunteered to run the book fair at Central again this year. What a blast seeing all the young students create wishlists and purchase new books, and maybe some silly pens & pointers too.

Teacher Appreciation Week

As we return from April break, we dive right into honoring the dedicated staff at our elementary schools! We have a delightful week planned with a charming tea party theme and daily spreads to keep our educators nourished and hydrated. Be sure to visit the event page on our website for details on how you can lend a hand or get involved.

**Lip Sync & Talent Show**

Final act signups are due for the upcoming event! Rehearsal will take place on Monday, May 4th, at 5 PM in the Sandown North cafeteria. If performers are unable to attend, please send a video of their performance to Anne Levergood along with any necessary details for performance night. Showtime is set for Wednesday, May 6th, at 6:30 PM, following Literacy Night at Sandown North.

**5th Grade Year End Activities**

Sandown PTA is happy to continue working with Mrs. Siuda and the 5th grade team to carry on the tradition of funding the outgoing 5th grades year end celebrations, including:

- Gifting each 5th grader a yearbook.
- Supplying a custom Sandown North t-shirt to wear for their Sandlots Field Day as well as Move-Up Day!
- Funding the D.A.R.E. Graduation BBQ celebration

Busses

We have shifted some of our funds to cover the cost of Kindergarten and 5th Grade Move-Up Days. Sandown PTA feels it is an important right of passage that we need to carry on for our students.

Spring Carnival

We'll be hosting a can't-miss outdoor carnival at Sandown Rec field on May 16th. We're planning on a lot of game with fun prizes, food options, music, and more!
(Raindate May 17)

**Year End Celebration at Sandown Rec**

We're partnering up with Becky at the Rec to bring you an amazing last day of school celebration! FOAM PARTY is coming back for another year. Food trucks, music, crafts and hopefully lots of sunshine to kick the summer off right!

JOIN, SUPPORT & FOLLOW

All PTA documents & flyers
available on our website.