



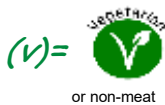
Jean Massieu Academy Breakfast Menu

May 2026

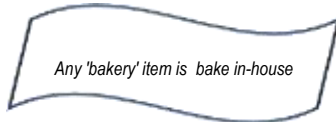


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><i>Menu Note: commercial fresh oranges are very short these days due to Florida, Texas, and California weather conditions. We might substitute as needed.</i></p>			<p>1 chilled mixed fruit 100% fruit juice-choice of milk</p> <p>whole grain waffles (v) with side syrup</p>
<p>4 chilled sliced peaches 100% fruit juice-choice of milk</p> <p>low fat yogurt cup (v) graham bites</p>	<p>5 fresh-cut orange (or sub) 100% fruit juice-choice of milk</p> <p>round-top wheat bread (v) & jelly Cheerios® cereal bowl</p>	<p>6 fresh banana 100% fruit juice-choice of milk</p> <p>bakery - 'West,Texas' kolache with turkey'ham' & cheese</p>	<p>7 chilled pears halves 100% fruit juice-choice of milk</p> <p>breakfast on a bun (v) with egg patty & cheese</p>	<p>8 fresh-cut fruit bowl 100% fruit juice-choice of milk</p> <p>French toast sticks (v) with side syrup</p>
<p>11 chilled cinnamon apples 100% fruit juice-choice of milk</p> <p>low fat yogurt cup (v) Fun and Fitness snack crackers</p>	<p>12 fresh-cut orange (or sub) 100% fruit juice-choice of milk</p> <p>plain bagel with strawberry (v) cream cheese & jelly</p>	<p>13 chilled sliced peaches 100% fruit juice-choice of milk</p> <p>cinnamon peach glazed whole grain cinnamon roll (v)</p>	<p>14 fresh banana 100% fruit juice-choice of milk</p> <p>bakery flatcake-apple crumb (v) Apple Cheerios® cereal bowl</p>	<p>15 applesauce cup 100% fruit juice-choice of milk</p> <p>Texas breakfast taquito tater tots-turkey bacon-cheese</p>
<p>18 chilled diced peaches 100% fruit juice-choice of milk</p> <p>low fat yogurt cup (v) graham bites</p>	<p>19 fresh-cut orange (or sub) 100% fruit juice-choice of milk</p> <p>breakfast flour tortilla taquito tater tots-turkey bacon-cheese</p>	<p>20 fresh banana 100% fruit juice-choice of milk</p> <p>bakery - 'West,Texas' kolache with turkey'ham' & cheese</p>	<p>21 chilled sliced pears 100% fruit juice-choice of milk</p> <p>blueberry fruit yogurt parfait cereal bowl</p>	<p>22 chilled mixed fruit 100% fruit juice-choice of milk</p> <p>breakfast enchiladas egg-potatoes-cheese-corn tortillas</p>
<p>25 * Memorial Day *</p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>

Serving those true tastes, recipes, and traditions of Texas as often as possible....



Fruit is
seasonally
local
sourced,
when
available



1% or
Skim Milk

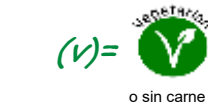
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Menu de Desayuno por Jean Massieu Academy

Mes de Mayo 2026

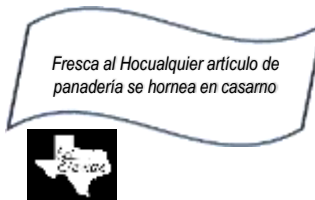
LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
	<p><i>Menu Note:</i> commercial fresh oranges are very short these days due to Florida, Texas, and California weather conditions. We might substitute as needed.</p>			<p>frutas mixtas frias jugo de fruta 100%-eleccion de leche</p> <p>waffles integrales (v) con lado de jarabe</p>
4	5	6	7	8
<p>melocotones en rodajas frio 100% fruit juice-choice of milk</p> <p>vaso de yogur (v) bocadillos de galletas grahams</p>	<p>naranja recién cortada jugo de fruta 100%-eleccion de leche</p> <p>pan integral con gelatina (v) Cheerios® tazo de cereal</p>	<p>panzano fresco jugo de fruta 100%-eleccion de leche</p> <p>panaderia 'Oeste,Tejas' kolache con pavo 'jamon y queso</p>	<p>medias peras frio jugo de fruta 100%-eleccion de leche</p> <p>desayuno con huevo y queso (v) en pan de hamburguesa</p>	<p>tazon de fruta recién cortado jugo de fruta 100%-eleccion de leche</p> <p>palitos de tostada Francesa (v) con lado de jarabe</p>
11	12	13	14	15
<p>peras en rodajas frio jugo de fruta 100%-eleccion de leche</p> <p>vaso de yogur galletas Divertidas y fitness</p>	<p>naranja recién cortada jugo de fruta 100%-eleccion de leche</p> <p>bagel simple (v) con queso crema de fresa y jelly</p>	<p>melocotones en rodajas frio jugo de fruta 100%-eleccion de leche</p> <p>rollo de canela integral con melocoton y canela (v)</p>	<p>panzano fresco jugo de fruta 100%-eleccion de leche</p> <p>pastel de panaderia (v)-miga de manzana, tazón de cereal</p>	<p>taza de pure de manzana jugo de fruta 100%-eleccion de leche</p> <p>taquito de desayuno de Tejas tater tots-tocino de pavo-queso</p>
18	19	20	21	22
<p>melocotones en rodajas frio jugo de fruta 100%-eleccion de leche</p> <p>vaso de yogur (v) bocadillos de galletas grahams</p>	<p>naranja recién cortada jugo de fruta 100%-eleccion de leche</p> <p>desayuno taquito tater tots-tocino de pavo-queso</p>	<p>panzano fresco jugo de fruta 100%-eleccion de leche</p> <p>panaderia 'Oeste,Tejas' kolache con pavo 'jamon y queso</p>	<p>peras en rodajas frio jugo de fruta 100%-eleccion de leche</p> <p>parfait de yogur de frutas (v) de arondanos, tazón de cereal</p>	<p>frutas mixtas frias jugo de fruta 100%-eleccion de leche</p> <p>enchiladas de desayuno huevos-papas-queso-tortillas</p>
25	26	27	28	29
<p>* Dia de los Caidos *</p>				

Sirviendo esos verdaderos sabores, recetas y tradiciones de Texas con la mayor frecuencia posible...



Toda la salchicha y el jamón están hechos de pavo

La fruta es estacional de origen local. Cuando esté disponible



un menu sin cerdo y mani



1% or Skim Milk