



April 22nd, 2026

4:30 PM

Sanger MS
Lecture Hall

AGENDA

- Welcome (5 minutes)
 - Sign in sheet and introductions
 -  SHACSignIn4/22/26.pdf
- Sexual Health Instruction Update (10 minutes)
 - Presentation to the school board was given by SHAC chair, Beth Swaim on 4/13/2026 as seen below. The school board unanimously voted to make the changes to our sexual and sensitive topics instruction that were recommended by the SHAC Committee.
 - Recommendations summarized: 5th grade instruction to include a short video on puberty with the nurses to answer follow up questions.
 - 7th grade will receive in person instruction
 - 9th grade will receive in person instruction
 - The lecture summaries are posted below.
 -  AimforSuccess7-12.pdf
 -  FocusonSuccess6-12.pdf
 -  Health Curriculum Board Presentation 2026



- Physical Fitness Poll Review (10 minutes)
 - The Sanger ISD staff was given a brief poll to determine if there is interest in different kinds of health incentives while at work.
 - Overall, there was more interest in walking groups and intramural sports leagues than there was for a designated gym space or gym time.
 - Goals for next year include scheduling walking time for teachers, and orchestrating intramural sports leagues for Sanger ISD staff
- Standing order review/approval: (20 minutes)
 - The idea of having standing medical delegation orders for over the counter medications was brought before the SHAC committee with examples from several Texas school districts who have such programs in place.
 - Following examples and discussion, it was voted on unanimously to pursue the creation of standing orders for Sanger ISD.
 - Protocols and medical director signature will be required and brought before the SHAC committee for review.



- Cardiac Emergency Response Plans/ERTs (10 minutes)
 - CERP (cardiac emergency response plans) were discussed and an example from SHS was shown to the SHAC committee.
 - Reviewed legislative requirements and reviewed Sanger ISD's plan to fully implement the cardiac emergency response team plan by the start of 2026-2027 school year complete with 'mock events' and practice of events at each campus.
- Thank You & Adjournment (5 minutes):

Sincere Thank you for your participation in the SHAC committee, please reach out over the summer for any thoughts or concerns as we prepare for next year!
- Beth.Swaim@sangerisd.net