

Lunch Menu

North Merrick Elementary Schools

May 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

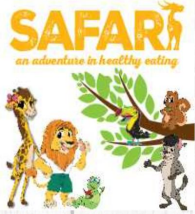
Monday

Tuesday

Wednesday

Thursday

Friday



4 Mozzarella Sticks
With Marinara Sauce Dip
Green Beans
Chilled Red Pepper Strips
Apple Slices



5 Nachos Grande
Yellow Seasoned Rice
With Mild Salsa
And Sour Cream
Buttered Corn
Confetti Black Bean Salad
Sliced Oranges

6 Crispy Chicken Sandwich
Oven Baked Fries
Baby Carrots
Fresh Banana

7 Meatball Hero
Steamed Carrots
Fresh Cucumber Salad
Apple Slices
Fresh Melon Cup

Honey Dew and Cantaloupe

8 Classic Cheese Pizza
Or Pepperoni Pizza
Garden Salad
Cucumber Coins
Fresh Pear

11 Homemade Baked Pasta
with Cheese
Homemade Garlic Bread
Steamed Broccoli
Baby Carrots
Apple Slices



12 Baked Chicken Tenders
Scooby Doo Cinnamon
Graham Crackers
With BBQ Sauce
Or Hot Sauce
Roasted Butternut Squash
Celery
Sliced Oranges

STUDENT APPRECIATION DAY

13 Two Cheese Quesadilla
With Mild Salsa
And Sour Cream
Buttered Corn
Confetti Black Bean Salad
Fresh Banana
Watermelon Slices

14 Crispy Chicken Drumstick
Seasoned Rice
Mixed Vegetables
Chilled Red Pepper Strips
Apple Slices

15 Classic Cheese Pizza
Or Pepperoni Pizza
Spinach Salad
Grape Tomatoes
Fresh Pear

18 Cheesy Stuffed Bread
Sticks
With Marinara Sauce Dip
Green Beans
Chilled Red Pepper Strips
Apple Slices



19 Soft Tacos
With Mild Salsa
And Sour Cream
Buttered Corn
Confetti Black Bean Salad
Sliced Oranges

20 General Tso's Chicken
Vegetable Fried Rice
Steamed Broccoli
Baby Carrots
Apple Slices
Pineapple



21 Classic Cheese Pizza
Or Pepperoni Pizza
Garden Salad
Celery
Fresh Pear

LUCKY TRAY DAY!

SCHOOL
CLOSED
TODAY

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CLOSED
TODAY

26 French Toast
Sausage Patty
Crispy Potato Puffs
Baby Carrots
Sliced Oranges



27 Wing Shack Chicken Wings
Or Wing Shack Classic
Buffalo Chicken Wings
Or Wing Shack BBQ Style
Chicken Wings
Whole Wheat Dinner Roll
Sauteed Zucchini
Celery
Fresh Banana

28 Homemade Mac & Cheese
Roasted Broccoli
Chickpea Salad
Cucumber Coins
Apple Slices
Blueberries
And Strawberry Cup

29 Classic Cheese Pizza
Or Pepperoni Pizza
Garden Salad
Cucumber Coins
Fresh Pear

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Each student is entitled to one complete breakfast and one complete lunch per day at no cost

Adult Lunch \$5.29 + Tax Lunch served with choice of grains, Meat/meat alternative assorted fruit choices and milk

Choice of FF, 1% White Milk or Fat Free Chocolate with meal
Available Daily: Chicken Nuggets with WG Roll, Assorted Garden Salad w/ Grain & Shredded Cheese or Chicken, Assorted Sandwiches, Bagel or Pretzel Lunch w/ Cheese Stick & Yogurt. Fruity Yogurt Parfaits with Granola

Fresh Fruit (Apple, Orange, Pear) and 100% Fruit Juice (Apple, Fruit Punch, Orange Tangerine) Assorted Fresh Vegetables Assorted Condiments. Any Question or Concerns Please Call The School Lunch Office 1-516-282-1882

