



Rockwall

INDEPENDENT SCHOOL DISTRICT

ROCKWALL INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Date: February 25, 2026

Time: 5:00 PM

Rockwall ISD Administration Office
1050 Williams Street
Rockwall, TX 75087

AGENDA with MINUTES

1. Call to Order and Establish a Quorum

Patrick called the meeting to order at 5:03 PM and began recording. A quorum of 5 voting members was present.

2. Public Comments -none

3. Welcome

Members present: Dr. Bart Miller, Debra Axum, Rupal Vora, Patrick Just, Amber Woodfield, Rebecca Stuart, Dr. Kelvin Stroy, Nichól Smithers

4. “Just Say Yes” presentation--ChiChi Odo

ChiChi Odo and Ramsey Pruitt presented the YES, “Youth Equipped to Succeed”, curriculum programs available for K-12 schools. Program topics are aligned with TEKS and have grade-appropriate content that covers topics of bullying prevention, drug and alcohol prevention, mental health, relationships and sexual health. Content addresses risky behaviors and includes character-building skills. Parent consent and education are included with all of their programs. The estimated cost for a full day of courses is \$1800 per campus, which includes the parent program. YES staff deliver the program virtually or in person.

5. Rockwall County Boys and Girls Club and ESTEEM--Jenny Krueger and Tonya Waite

Jenny Krueger and Tonya White presented on the Boys and Girls Club ESTEEM curriculum, an evidence-based, TEKS-aligned curriculum for 5th-9th grade. The program has grade-appropriate content covering physical health/hygiene, mental health, healthy eating, bullying prevention, and physical activity, alcohol, tobacco, and drugs, and reproductive and sexual health. Parent programming is included, and parents have access to all student workbooks online. The program would be low- or no-cost, and materials are currently covered by a grant. Boys and Girls Club-trained staff would deliver the program in collaboration with district staff.

6.

7. Questions from the Board

Board members asked about the costs of programs. Members asked whether the district could select only parts of the ESTEEM program that can be provided, and Tonya Waite responded that it is possible and that, currently, districts that use the program select only some of the content.

8. Adjourn

The meeting adjourned at 6:10 PM