

# MIDDLE SCHOOL BREAKFAST

## MAY

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Sandwich w/ Egg or Sausage	Whole Wheat Waffle w/ Strawberry Sauce	Breakfast Burrito	Yogurt Parfait w/ Whole Grain Muffin	French Toast Casserole

Selection of whole grain cereal, fruit smoothies, fresh fruit, and milk offered daily.

**School meals are free for all students!**

Second Breakfast \$3.50    Second Entree \$2.00    Milk \$0.50



You can now view  
online menus with  
ingredients and nutrition  
information here!



Our menu is subject to change. Keep this in mind when reviewing our printed and online menus.  
This institution is an equal opportunity provider.

# MIDDLE SCHOOL LUNCH

## MAY

Monday	Tuesday	Wednesday	Thursday	Friday
27 Popcorn Chicken w/ Whole Wheat Breadstick	28 Chicken Enchilada & Refried Beans	29 Cheese, Pepperoni, or Hawaiian Pizza	30 Chicken Caesar Salad w/ Whole Wheat Roll	1 Baked Rotini Pasta & Garbanzo Bean Salad
4 Hamburger or Cheeseburger & Potato Wedges	5 Chicken or Cheese Tamales Rice & Beans	6 Cheese, Pepperoni, or Hawaiian Pizza	7 BBQ Pork Sandwich	8 Chicken Strips w/ Whole Wheat Dinner Roll & Corn
11 NO SCHOOL	12 Bean & Cheese Pupusa w/ Curtido Slaw	13 Cheese, Pepperoni, or Hawaiian Pizza	14 Mozzarella Sticks w/ Marinara	15 Chicken Alfredo Pasta w/ Whole Wheat Breadstick
18 Chicken Drumstick w/ Whole Wheat Roll & Mashed Potatoes	19 Pork Carnitas Tacos w/ Mexican Rice & Beans	20 Cheese, Pepperoni, or Hawaiian Pizza	21 Hamburger or Cheeseburger & Potato Wedges	22 Popcorn Chicken w/ Whole Wheat Breadstick
25 NO SCHOOL	26 Nachos & Black Beans	27 Cheese, Pepperoni, or Hawaiian Pizza	28 Brunch Lunch Waffles w/ Sausage & Hash Brown	29 Spaghetti w/ Meat Sauce & Roasted Broccoli

**Mondays - Bean & Cheese Burrito | Tuesdays - Mandarin Orange Chicken Rice Bowl | Thursdays - Teriyaki Chicken w/ Umi Organics Yakisoba | Fridays - Cheese Quesadilla**

Daily offerings: fresh fruit, salad bar, deli sandwiches, peanut butter & Oregon Growers jam sandwiches, and milk

**School meals are now free for all students!**

Second Lunch \$5.00

Second Entree \$3.50

Milk \$0.50



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