

New Student

RUNNING START

WHAT IS RUNNING



START?

● Juniors and Seniors

Eligible Juniors and Seniors may do Running Start at a local community/technical college.

● 18-21 College Credits Free

18-21 credits each quarter are covered, BUT students pay for all fees.

● Graduation Requirements

Students may satisfy all high school graduation requirements while earning college credits.

● Multiple Locations

Bellevue College, Renton Tech, CWU, Green River, LW Tech

WHAT WILL MY SCHEDULE LOOK LIKE?

Choose your destiny...

Full-time

- Students are considered full-time when they take ALL classes at the college
- Maximum amount of credits is 18-21
- 5.0 college credits = 1.0 High School credits
- TYPICALLY full-time is (3) 5-credit classes



Part-time

- Students are considered part-time when they take anywhere from 1-7 classes at Liberty and the rest at the college.
- Counselors calculate the number of credits that students are eligible to take.

ADVANTAGES AND CONSIDERATIONS



Advantages

- Free Tuition
 - books, class fees, transportation, parking etc. are **NOT Covered**
- May earn Associates (AA) degree
- Flexible scheduling
- Independence
- Can still participate in all things HS

Considerations

- Transportation isn't provided
- Being connected to HS is challenging
- College credits may not transfer to all 4-year colleges (out-of-state)
- Fast paced
 - GENERALLY: one year of material is delivered in a 10-week course
- Age range will vary
- THIS is YOUR college GPA!!

NEXT STEPS

01

Find out which running start college is for you by attending an information session.

- Information and sessions can be found on each college website.

02

Go to the college website to fill out a running start application.

- Be Patient
- The college will email you with information for next steps-check your emails often

03

GET Your Placement!

- Upload your transcript to the college and be placed in English 101 and a Math 100 level
- IF you don't get placed into a 100 level English/Math
 - Take an English and Math placement test
- Tuition is NOT covered for any classes below the 100 level.

HOW DO I ORDER MY TRANSCRIPT IF I NEED IT?

Parchment

- Get a copy of your transcript sent to your email address to upload to the college

*****Math and English
Placements**

**Parchment
resources**



STEPS CONTINUED

04

- Fill out the Liberty Agreement form and give to your Counselor
- This can be found in the counseling office, the counseling website and is what we are handing out today!

05

Email your counselor to set up an appointment.

ONLY when you have completed

- ALL college application steps
- English and Math placement
- Liberty paperwork

06

Complete your running start enrollment verification form with your counselor.

- The EVF form can be found on the college websites and in their emails to you

STEPS CONTINUED

***Math and English Placements

06 Sample EVF Form

Washington Office of Superintendent of
PUBLIC INSTRUCTION

2023-24 Running Start Enrollment Verification Form

Student

Student Name: Schiller Grant P
Last Name First Name MI
Home Phone: 222.333.5555 Cell Phone: 206.972.3232
Email Address: mymomiacool@gmail.com High School SID#: 99886663
Responsible Parent/Guardian: Colleen M Schiller
College: Bellevue College SID #: 1219564

☐ Check if this is a revision
☒ New Student
☐ Returning Student
☐ Student Enrolled in Multiple Colleges
☐ Spring Quarter Eligibility Adjustment Form (SQEAF) attached.

Free and Reduced-Price Lunch (FRPL) Status (required to be completed)
Students who are currently FRPL-eligible (or anytime in the past five school years) may receive tuition and fee waivers from a college.
Is the student currently or previously eligible for FRPL? ☐ Yes ☒ No HS Counselor Initials: *CM*
The parent or guardian signature below provides permission to share FRPL eligibility status only with the college for the purpose of ensuring access to tuition and/or fee waivers. Choosing not to sign the consent will not affect the student's eligibility for access to Running Start or free and reduced-price meals. The individuals and programs receiving the information will not share the information with any other entity or program.
Parent/Guardian Signature: _____ Date: _____
School Year: 2022-23 College Term: ☒ Quarter ☐ Semester
High School: Liberty Fall Term: _____
District: Issaquah Grade Level: ☒ 11th ☐ 12th ☐ 5th Year Sr^o
For the college term⁴ above, the student will be enrolled in high school and skill center classes equaling _____ full-time equivalent (FTE). Student may register for a maximum of _____ college credits, without incurring college tuition costs, based on the above stated high school/skill center FTE.
Comments: Have a great quarter

Running Start Funding Limit Table

Enrolled High School		Available College Enrollment	
Weekly Minutes based on high school bell schedule	FTE	Max Allowed FTE	Max Credits
0 - 8	0.00 - 0.00	1.40	21 *
9 - 124	0.01 - 0.07	1.33	20 *
125 - 224	0.08 - 0.13	1.27	19 *
225 - 341	0.14 - 0.20	1.20	18
342 - 457	0.21 - 0.27	1.13	17
458 - 557	0.28 - 0.33	1.07	16
558 - 674	0.34 - 0.40	1.00	15
675 - 790	0.41 - 0.47	0.93	14
791 - 890	0.48 - 0.53	0.87	13
891 - 1,007	0.54 - 0.60	0.80	12
1,008 - 1,123	0.61 - 0.67	0.73	11
1,124 - 1,223	0.68 - 0.73	0.67	10
1,224 - 1,340	0.74 - 0.80	0.60	9
1,341 - 1,456	0.81 - 0.87	0.53	8
1,457 - 1,556	0.88 - 0.93	0.47	7
1,557 - or more	0.94 - 1.00	0.40	6

* Students should check with college about the maximum number of credits allowed. Overages may require college approval.

Recommended Running Start Classes:

College Course (Dept. & Number)	# of College Credits	High School Equivalency	# of HS Credits
English 101	5	= English	1.0
Dancing 102	5	= Elective	1.0
More Dancing 104	3	= Elective	.5
Math 98	5	= Math	.5

Signature of High School Counselor: Colleen M Schiller Date: 3/20/24
Signature of College Running Start Advisor/Rep: _____ Date: _____
High School Counselor Printed Name: _____ Phone Number: 425.837.4868
College Running Start Advisor/Rep Printed Name: _____ Phone Number: _____

Student & Parent/Guardian

I understand that:
• The student is responsible for understanding when their choice of college course and credit load will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for:
1) paying all college tuition and fees associated with exceeding the college credits identified in the table; or
2) withdrawing from the excess college or high school course(s).
• The student is required to pay any class/lab fees charged for college classes.
• Enrollment in specific college classes cannot be guaranteed—even if the classes are needed to fulfill high school graduation requirements.
• To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.
• The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.
• If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether credits will transfer.
• After completing the college coursework, students are responsible for requesting official college transcripts through the college's registrar office.
Per the U.S. Department of Education, "If a student is attending a postsecondary institution—at any age—the rights under FERPA have transferred to the student. However, in a situation where a student is enrolled in both a high school and a postsecondary institution, the two schools may exchange information on that student. If the student is under 18, the parents still retain the rights under FERPA at the high school and may inspect and review any records sent by the postsecondary institution to the high school. Additionally, the postsecondary institution may disclose personally identifiable information from the student's education records to the parents, without the consent of the eligible student, if the student is a dependent for tax purposes under the IRS rules."

I acknowledge that I have read and understand both sides of this form, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.
Student Signature (REQUIRED): *Grant Schiller* Date: 3/20/24
Parent/Guardian Signature (REQUIRED for students under 18): *Colleen M Schiller* Date: 3/20/24

English

English 11: ENGL&101

English 12: ENGL&101. If ENGL&101 was already completed:

- Any course in the English (ENGL) department at or above the 100-level, with the following EXCEPTIONS: ENG105, 180, 190, 299, or any Independent Studies or Special Topics courses.
- CMST 141

Social Studies

NW Studies: HIST&214

(generally offered only once a year)

World History: HIST 101, HIST 102, HIST 103

(pick any one of these three for 1.0 world credit)

US History: HIST&146, HIST&147, HIST&148

(pick any one of these three)

Civics: POLS&202

Math

For information on placing into BC Math classes, visit: <https://www.bellevuecollege.edu/testing/placement/>

Any course in the Mathematics (MATH) department at or above the 100-level is accepted for Math credit (excluding any Independent Studies or Special Topics courses).

Running Start tuition only covers college-level coursework (100-level or above). HS level courses below the 100 level (like Alg 2) are not covered by Running Start, and should be taken at the high school. After consultation and approval from a counselor, families can opt to pay tuition for HS level classes at BC. **NOTE:** a 5-credit BC below 100 level earns .5 credit on HS transcript, rather than 1.0 credit.

High School Level Math at BC:

Math 085 = .5 Alg1

Math 098 = sem 1 of Alg2

Math 099 = sem 2 of Alg2

Note: no BC classes are equivalent to Geometry or Personal Finance

Consult with your counselor.

Science

Classes in the following departments are accepted for Science credit (excluding any Independent Studies or Special Topics courses), and any 6-credit classes in these departments meet the Lab Science requirement:

- Astronomy (ASTR), Biology (BIOL), Botany (BOTAN), Chemistry (CHEM), Environmental Science (ENVS), Geology (GEOL), Meteorology (METR), Nutrition (NUTR), Oceanography (OCEA), Physics (PHYS)

Additionally, these SPECIFIC classes are accepted for Science, with Lab Science classes indicated with (L):

- ANTH: 205, 215(L), GEOG: 108, 205, 206(L), PSYC: 202

World Language For BC's World Language Dept FAQ, please visit: <https://www.bellevuecollege.edu/worldlanguages/faq/>

Bellevue College offers courses in Arabic, ASL, Chinese, French, German, Italian, Japanese, and Spanish

- Course codes marked 121 = first year, 122 = second year, 123 = third year, 221 = fourth year

Health: HLTH250

While Health can be taken at BC, due to the sensitive nature of the content, and potential to share class time with adult students in a college setting, students/families may want to pursue Health through a high school class to ensure coursework and an environment

2-3 credits = .5 HS
1 credit = .25 HS

STEP 7: EVF Help

How do I know which college classes are equivalent to high school classes?

*****Math and English Placements**

This is a snapshot of Bellevue College's equivalent classes.

Where to find all of the steps and information!!



LIBERTY HIGH SCHOOL COUNSELING RUNNING START PAGE



Running Start Packets

Questions

