Whitehall-Coplay School District
High School Lunch Menu

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
AmazeBowls Smoothie Bowl Bar! Choice of Blueberry, Strawberry ,Peach or Specialty Smoothie Base, Top Choice of Fresh Fruit, Granola, Toasted Coconut, Almonds, Raisins, Fruit Loops, Cinnamon Toast Crunch and Syrup. Served with a Graham Cracker.				
				1 Cheese Filled Breadsticks with Tomato Soup **FEATURED VEGGIES** Seasoned Peas Macaroni Salad
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4 Cheeseburger Tot Bowl Tater Tots topped with Cheese Sauce and Seasoned Beef Fresh Toppings **FEATURED VEGGIES** Buttered Corn Potato Salad	**5** Cyclone Street Noodle Bowl with Vegetable Dumplings **FEATURED VEGGIES** Sweet Chili Brussels Lo Mein Salad	**6** Chicken Nuggets Dinner Roll **FEATURED VEGGIES** Buttered Carrots Celery Sticks	**7** Chicken Penne Alfredo Penne Alfredo (V) Garlic Bread **FEATURED VEGGIES** Seasoned Broccoli Caesar Salad	**8** Mozzarella Sticks with Marinara Sauce **FEATURED VEGGIES** Seasoned Potato Wedges Cherry Tomatoes
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11 Homestyle Bar Herb Roasted Chicken, Mashed Potatoes with Gravy, Macaroni and Cheese, Cornbread **FEATURED VEGGIES** Corn on the Cob Pasta Salad	**12** Asian Sesame Chicken over Brown Rice Veggie Stir Fry (V) **FEATURED VEGGIES** Sesame Green Beans Garden Salad	**13** Loaded Potatoes Seasoned Potato Wedges Topped with Cheese Sauce, Buffalo Chicken or Beef Steak Meat. **FEATURED VEGGIES** BBQ Baked Beans Coleslaw	**14** Popcorn Chicken Mash Bowl Dinner Roll **FEATURED VEGGIES** Mashed Potatoes Buttered Corn	**15** Buffalo Chicken Dip with Tortilla Chips **FEATURED VEGGIES** Lemon-Parmesan Broccoli Tomato Salad
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18 Pasta Bar Hand-Rolled Meatballs Choice of Noodle Choice of Sauce Garlic Bread **FEATURED VEGGIES** Seasoned Broccoli Caesar Salad	**19** Sushi Day California Roll Spicy Tuna Roll Veggie Roll Soy Marinated Eggs **FEATURED VEGGIES** Edamame Salad	**20** Chicken Tenders w/ Seasoned Rice **FEATURED VEGGIES** Buttered Carrots Pasta Salad	**21** Build-Your-Own Breakfast Sandwich Customizable for (V) **FEATURED VEGGIES** Hash Brown Green Pepper Strips	**22** BBQ Day BBQ Chicken, Hot Dogs, Sausage Sandwich **FEATURED VEGGIES** BBQ Baked Beans Macaroni Salad
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25 HAPPY MEMORIAL DAY	**26** Street Eats Nashville Hot Waffle Chicken Sandwich **FEATURED VEGGIES** Roasted Sweet Potatoes Coleslaw	**27** French Toast Sticks with Sausage Links **FEATURED VEGGIES** Tater Tots Broccoli Florettes	**28** Chicken Nuggets with Buttered Noodles **FEATURED VEGGIES** Mixed Vegetables Buttered Corn	**29** Chicken Cheesesteak Buffalo Chicken Cheesesteak **FEATURED VEGGIES** Seasoned Potato Wedges Macaroni Salad

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate.

Daily Alternates

Hamburger/Cheeseburger on a Bun

Chicken Patty on a Bun

Specialty Grill Item

Chef Fresh Sandwiches and Salads

Cheese or Pepperoni Pizza

Specialty Pizza

PB&J

bravo!

Poblanos Mex American Bar Daily. Poblano's serves up an extensive selection of made-to-order burritos, tacos, quesadillas, and more. Feast on nachos with guacamole or fresh salsa, tortilla soup, authentic Mexican rice, taco salad, sizzling fajitas, and More. Daily Made to order Station Now at Bravo

(V) Vegetarian (WG) Whole Grain
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Contact

Cathy Muto, General Manager
610-782-1890
Mutoc@whitehallcoplay.org

Derek Kolumber, Chef Manager
610-782-0961
kolumberd@whitehallcoplay.org

Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

