

# THE EXECUTIVE FUNCTION BLUEPRINT



## The Executive Function Blueprint: Explore

Online Course in Four Parts

### Part A: Foundations and Approach

Build a strong foundation in Executive Function (EF) by understanding its core components and experiencing how these skills directly impact student learning through a metacognitive, classroom-connected approach. Learn an explicit instructional approach to intentionally embed EF into everyday teaching.

**Total Time:** 2.5 hours

**Pricing:** \$99/person or \$2,100/up to 30 participants

### Part B: Behavioral and Emotional Controls (Prerequisite: Part A)

Develop expertise in the behavioral and emotional EF skills that drive student engagement and self-management. Examine how students regulate impulses, manage emotions, navigate transitions, and learn practical ways to strengthen regulation and flexibility within daily instruction.

**Total Time:** 10 hours

**Pricing:** \$198/person or \$4,200/up to 30 participants

### Part C: Cognitive Controls (Prerequisite: Part A)

Focus on the cognitive EF skills that support independent learning and academic success. Explore how students manage information, initiate tasks, and sustain effort, and apply instructional strategies that strengthen planning, organization, and task completion.

**Total Time:** 10 hours

**Pricing:** \$198/person or \$4,200/up to 30 participants

### Part D: Classroom Application (Prerequisites: Parts A-C)

Synthesize behavioral, emotional, and cognitive EF skills and apply them in real-world classroom scenarios. Through reflection and application, identify next steps to strengthen instruction support and sustained student growth. Includes a final quiz, a microcredential, and the option to earn two graduate credits for an additional fee.

**Total Time:** 2.5 hours

**Pricing:** Free with successful completion of Parts A-C

### The Executive Function Blueprint: A Practical Framework for the Classroom

This book is the cornerstone of The Southport CoLAB's approach to Executive Function. It provides the frameworks and resources educators and families need to teach and support EF skills effectively, and is available as an additional resource at Amazon: [bit.ly/efblueprintonamazon](https://bit.ly/efblueprintonamazon)



# The Executive Function Blueprint Packages

## The Executive Function Blueprint: Discover

The complete, *The Executive Function Blueprint* online course

Introduce educators to EF through a flexible, self-paced learning experience. Across 11 asynchronous modules, participants build a clear understanding of EF and its impact on learning and behavior while exploring practical, research-connected strategies for classroom application. Participants earn a microcredential upon successful course completion and have the option to earn 2 graduate credits for an additional fee.

**Total Time:** 25 hours

**Pricing:** \$495/person or \$10,500/cohort up to 30 participants



## The Executive Function Blueprint: Apply

The complete, *The Executive Function Blueprint* online course with guided application sessions

Deepen classroom implementation of EF through a blended learning experience. Building on the self-paced course, participants engage in three guided application sessions to reflect, refine instruction, and problem-solve real classroom challenges. This experience supports more consistent, intentional use of EF strategies to improve student engagement, independence, and academic success. Participants will earn a microcredential upon successful course completion and have the option to earn 3 graduate credits for an additional fee.

**Total Time:** 28 hours

**Pricing:** \$15,480/cohort up to 30 participants

## The Executive Function Blueprint: Implement

The complete, *The Executive Function Blueprint* online course with guided application sessions plus implementation leadership support

Extend classroom implementation to a systems approach through a blended experience that includes the self-paced course, three guided application sessions, and three dedicated implementation leadership support sessions. This model aligns instructional practice with leadership priorities, supporting consistent, sustainable integration of EF across classrooms and teams. Participants will earn a microcredential upon successful course completion and have the option to earn 3 graduate credits for an additional fee.

**Total Time:** 28 hours (participants), 3 hours (leaders)

**Pricing:** \$19,440/cohort up to 30 participants

## The Southport CoLAB

Embedded within The Southport School, The Southport CoLAB extends the School's decades of expertise in research-informed, classroom-tested practices to educators worldwide. By integrating insights from scholars in neuroscience, cognitive science, literacy, and Executive Function, it reflects current research while remaining grounded in practical classroom application. It equips educators with classroom-ready tools, professional learning rooted in daily teaching, and frameworks that strengthen instruction for all learners while providing ongoing innovation and support as classroom practices evolve.

To Inquire  
or Request a Call

