Red Oak ISD Student Health Advisory Committee
Meeting Minutes

Date: 4/14/26

SHAC Members Present

Maricela Torres- SHAC Coordinator
Victoria Ybarra- Director of Student Nutrition
Melody Hawkins- ROISD, District Counseling Services
Dr. Rebeca Piatini- Community Member*
Shelsey Wood- Parent (Eastridge)- Chair*
Cassie Street- Parent (Shaw) and Community- Secretary*
Audrey Taylor- Parent (ROHS & HS PTSA)*- Co-Chair
Elizabeth Haugh- Curriculum Coordinator for Health Science, PE & Math
Sacara Williams- Parent (ROMS)*
Stephen Flores- District Elementary PE lead
Yolanda Mitchell- Parent (ROHS & ROMS) *
*=voting SHAC member

Call to Order

The meeting was called to order at 6:09 p.m. by Shelsey Wood
A quorum is not present

Introductions

Information Items

1. Senate Bill 9 Update
Presented by Melody Hawkins

- SB9 is a senate bill that mandates that schools provide education on abuse, dating violence and trafficking.
- The district is currently utilizing Suite 360 interactive videos for secondary students, supported by counselors, to meet SB 9 requirements.
- The use of suite 360 was supported by grant funding, which will end after this school year.
- To replace Suite 360, and meet SB9 requirements, it is proposed to utilize Quaver Ready for secondary students and supplement with videos from the DHS Blue Campaign Video.
    - DHS Blue Campaign Video:
        - https://www.dhs.gov/blue-campaign/mias-story
- Quaver Ready has developmentally appropriate content and progresses by grade level
- Other Quaver programs are currently being utilized in the district during PE to cover various health education topics. Teachers find it to be user friendly and the content engaging and developmentally appropriate.
- Link to Quaver sample lesson for secondary. https://users.quavered.com/QR/V7U9A2 https://users.quavered.com/QR/ACY2BV

- A vote by SHAC is required to approve/recommend the use of Quaver to replace Suite 360 for secondary is required. Due to not having a quorum present, a request to vote will be sent out via email.

2. Action for Healthy Kids Resources
Presented by Maricela Torres

- Introduced Action for Healthy Kids as a resource for families.
- Provides educational materials, tools, and webinars on a variety of health topics.
- It was proposed to integrate the materials into campus newsletters.
- Website: actionforhealthykids.org

Discussion/Action Items

3. Revision of SHAC By-Laws
Presented by Maricela Torres

- Reviewed proposed updates, including:
    - Updating the SHAC logo to align with the current district branding
    - Revising the maximum number of SHAC members

4. Local Wellness Policy
Presented by Victoria Ybarra

- The SHAC will review the Local Wellness Policy at the next meeting.
- The policy requires a formal assessment every three years (next due in 2028).
- Discussion was held on whether to:
    - Divide sections among members for review, or
    - Review the policy and implementation plan together
- It was determined that reviewing both the policy and plan simultaneously is the most effective approach to ensure compliance with all requirements.
- Goal: Complete policy review updates in May SHAC meeting for School Board approval in June.
- Proposal: Conduct an in-person working session at the May 12 meeting.

    Topic Assignments for Review:
    - **Nutrition Guidelines:** Victoria Y., Audrey T., Cassie S.
    - **Physical Activity:** Shelesy W., Stephen F., Elizabeth H.
    - **Wellness Goals:** Lori R., Yolanda M., Melody H.
    - An email will be sent with all necessary documents and materials for review prior to the next meeting.

Next meeting: May 12th at 6:00pm- Location will be announced

Adjournment
The meeting adjourned at 7:06pm