



Mental Health Services Provided by the School District of DeSoto County

Our school district is committed to supporting the mental health and well-being of all students. We understand that emotional wellness plays an important role in academic success, relationships, and overall development. To ensure every child has the support they need, we offer a variety of school-based mental health services. If you have concerns about your child or would like to learn more about available services, please contact your child's school. We are here to help.

Counseling & Emotional Support

- **Individual Therapy:** One-on-one support for students experiencing emotional, behavioral, or social changes.
- **Group Therapy:** Small group sessions focused on shared experiences such as anxiety, social skills, or coping strategies.
- **Grief Support Groups:** Support for students coping with loss or significant life changes.
- **Wellness Checks:** Regular check-ins to ensure students are safe, supported, and connected.

Academic & School Success Support

- **Attendance and Truancy Committee:** Assistance for families to address attendance concerns and remove barriers to regular school attendance.
- **Academic Counseling:** – Guidance to help students stay on track and reach their academic goals.
- **Check-In / Check-Out:** Daily support to help students stay engaged and successful in school.
- **Dropout Prevention Support:** Early intervention and support for students at risk of disengaging from school.

Crisis and Safety Services

- **Participate in Threat Assessments:** Ensuring student and campus safety through structured evaluation and support.
- **Safety Planning:** Creating personalized plans to support students during times of emotional distress.
- **Home Visits:** When appropriate, staff may visit homes to better support student needs.
- **Baker Act Support:** Assistance and guidance during mental health crises requiring emergency intervention.
- **Respond to Securly Alerts:** Immediate follow-up when online safety concerns are identified.