



YOUTH WRESTLING CAMP

LOGISTICS

DATES: JULY 13-16
TIME: 6:00 PM - 8:00 PM
LOCATION: HAYES HIGH SCHOOL
PRICE: \$75
AGES: YOUTH & MIDDLE SCHOOL

WHAT YOU'LL LEARN

Daily Drills:
Leg Attacks
Go Behinds
Breakdowns & Turns
Escapes & Reversals

COACHES

HIGH SCHOOL COACHING STAFF
CURRENT HS ATHLETES

Register: in person on day 1
Questions: contact Coach Kevin Rieman
(riemanke@delawarecityschools.net)