

MON **TUE** **WED** **THU** **FRI**

May is Food Allergy Awareness Month! Food allergies happen when the body reacts to certain foods like milk, eggs, wheat, soy, peanuts, tree nuts, fish, or shellfish. At school, we work hard to keep all students safe by following careful food preparation and safety practices. Families can help too, talk with your child about not sharing food and always telling an adult if they feel unwell after eating. Together, we can create a safe and welcoming environment for everyone at mealtime.

SCHOOL LUNCH HERO DAY

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|---|--|--|---|--|
| <p>4 Minni Cinni's</p> <p>Mini Chicken Corn Dogs Baked Beans Pineapple Tidbits</p> | <p>5 Banana Bread</p> <p>Beef Picadillo with Tortilla Roasted Broccoli Mixed Fruit</p> | <p>6 Chocolate Cranberry Muffin String Cheese</p> <p>Chicken Nuggets Dinner Roll Baby Carrots Diced Pears</p> | <p>7 Mini Cinnamon Waffles</p> <p>Beef Hot Dog Oven Fries Applesauce</p> | <p>8 Banana Chocolate Breakfast Bar</p> <p>Hamburger Farmer's Market Bruschetta Diced Peaches</p> |
| <p>11 Bagel & Cream Cheese</p> <p>Chicken Drumstick & Waffle Steamed Corn Applesauce</p> | <p>12 Mini Blueberry Waffles</p> <p>Chicken Meatballs with Marinara & Breadstick Steamed Broccoli Diced Peaches</p> | <p>13 Carrot Cake Muffin String Cheese</p> <p>Grilled Cheese Sandwich Tomato Soup Pineapple Tidbits</p> | <p>14 Turkey Sausage Pancake Wrap</p> <p>Chili Cheese Nachos Pinto Beans Mixed Fruit</p> | <p>15 Snack N' Waffle</p> <p>Homemade Cheese Pizza Celery Sticks Diced Pears</p> |
| <p>18 Oatmeal Chocolate Breakfast Bar</p> <p>Cheesy Pull-Apart Breadsticks Homemade Marinara Sauce Diced Peaches</p> | <p>19 Manager's Choice</p> <p>Manager's Choice</p> | <p>20 Manager's Choice</p> <p>Manager's Choice</p> | <p>HELL☀️ Summer</p> | |

DAILY OPTIONS

Breakfast
Breakfast Special
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée
Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch
Lunch Special
Peanut Butter & Jelly Sandwich
Sunbutter & Jelly Sandwich
Fresh Fruit Variety Garden Salad
Seasonal Vegetable
1% or Skim Milk

We serve a pork-free menu
We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef

May is...
Food Allergy Awareness Month
May 4 - 10 Teacher Appreciation Week
May 4 - National Orange Juice Day
May 13 - International Hummus Day

DO YOU KNOW THE MOST COMMON FOOD ALLERGENS?

Milk Eggs Peanuts & Tree Nuts Wheat Soy Fish & Shellfish

MEAL PRICES

Osborn Students:
All complete meals at no cost
Milk \$0.50

Adults/Visitors:
Breakfast \$2.75
Lunch \$4.75
Cash/Check Accepted

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

SCAN HERE!
@nutriliciousosborn