

MON **TUE** **WED** **THU** **FRI**

May is Food Allergy Awareness Month! Food allergies happen when the body reacts to certain foods like milk, eggs, wheat, soy, peanuts, tree nuts, fish, or shellfish. At school, we work hard to keep all students safe by following careful food preparation and safety practices. Families can help too, talk with your child about not sharing food and always telling an adult if they feel unwell after eating. Together, we can create a safe and welcoming environment for everyone at mealtime.

SCHOOL LUNCH HERO DAY

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| <p>4</p> <p>Minni Cinni's</p> <hr/> <p> Mini Chicken Corn Dogs Baked Beans Pineapple Tidbits</p> | <p>5</p> <p>Banana Bread <i>Cinco de Mayo</i></p> <hr/> <p> Bean & Cheese Burrito Roasted Broccoli Applesauce</p> | <p>6</p> <p>Chocolate Cranberry Muffin String Cheese</p> <hr/> <p> Chicken Nuggets Dinner Roll Baby Carrots Diced Pears</p> | <p>7</p> <p>Mini Cinnamon Waffles</p> <hr/> <p> Beef Hot Dog Oven Fries Mixed Fruit</p> | <p>8</p> <p>Banana Chocolate Breakfast Bar</p> <hr/> <p> Hamburger Celery Sticks Diced Peaches</p> |
| <p>11</p> <p>Bagel & Cream Cheese</p> <hr/> <p> Chicken Drumstick & Waffle Steamed Corn Applesauce</p> | <p>12</p> <p>Mini Blueberry Waffles</p> <hr/> <p> Chicken Meatballs with Marinara & Breadstick Steamed Broccoli Diced Peaches</p> | <p>13</p> <p>Carrot Cake Muffin String Cheese</p> <hr/> <p> Grilled Cheese Sandwich Tomato Soup Pineapple Tidbits</p> | <p>14</p> <p>Turkey Sausage Pancake Wrap</p> <hr/> <p> Chicken Corn Dog Baked Beans Diced Peaches</p> | <p>15</p> <p>Snack N' Waffle</p> <hr/> <p> Homemade Cheese Pizza Celery Sticks Diced Pears</p> |
| <p>18</p> <p>Oatmeal Chocolate Breakfast Bar</p> <hr/> <p> Cheesy Pull-Apart Breadsticks Homemade Marinara Sauce Diced Peaches</p> | <p>19</p> <p>Manager's Choice</p> <hr/> <p>Manager's Choice</p> | <p>20</p> <p>Manager's Choice</p> <hr/> <p>Manager's Choice</p> | <p>HELL☀️ Summer</p> | |

LAST DAY

DO YOU KNOW THE MOST COMMON FOOD ALLERGENS?

Milk

Eggs

Peanuts & Tree Nuts

Wheat

Soy

Fish & Shellfish

DAILY OPTIONS

Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
or 100% Fruit Juice
1% or Skim Milk

Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Sunbutter & Jelly Sandwich
Fresh Fruit Variety
Garden Salad
Seasonal Vegetable
1% or Skim Milk

Vegetarian Fish Poultry Beef

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

We serve a pork-free menu

Locally Grown

We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

May is...
Food Allergy Awareness Month

May 4 - 10 Teacher Appreciation Week
May 4 - National Orange Juice Day
May 13 - International Hummus Day

MEAL PRICES

Osborn Students:
All complete meals at no cost
Milk \$0.50

Adults/Visitors:
Breakfast \$2.75
Lunch \$4.75
Cash/Check Accepted

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

SCAN HERE!

@nutriliciousosborn