

Middle

May 2026



MON

TUE

WED

THU

FRI

May is Food Allergy Awareness Month! Food allergies happen when the body reacts to certain foods like milk, eggs, wheat, soy, peanuts, tree nuts, fish, or shellfish. At school, we work hard to keep all students safe by following careful food preparation and safety practices. Families can help too, talk with your child about not sharing food and always telling an adult if they feel unwell after eating. Together, we can create a safe and welcoming environment for everyone at mealtime.

SCHOOL LUNCH HERO DAY

4
French Toast Breakfast Bar
Mini Chicken Corn Dogs
Sweet Potato Fries

5
Chorizo Con Papas with Tortilla
Beef Picadillo with Tortilla

6
Chocolate Cranberry Muffin String Cheese
Chicken Nuggets Dinner Roll

7
Jalapeño Cheddar Egg Bites
Beef Hot Dog Oven Fries
Mixed Fruit

8
Homemade Egg & Cheese Taco
Spicy or Regular Chicken Patty Sandwich

11
Bagel & Cream Cheese
Chicken Drumstick & Waffle

12
Strawberry Yogurt Parfait
Chicken Meatballs with Marinara & Breadstick

13
Carrot Cake Muffin String Cheese
Grilled Cheese Sandwich
Tomato Soup

14
Turkey Sausage Pancake Wrap
Cheeseburger Oven Fries

15
Snack N' Waffle
Homemade Cheese Pizza

18
Manager's Choice
Manager's Choice

19
Manager's Choice
Manager's Choice

20
Manager's Choice
Manager's Choice

HELL☀️
Summer

LAST DAY

Milk **Eggs** **Peanuts & Tree Nuts** **Wheat** **Soy** **Fish & Shellfish**

DO YOU KNOW THE MOST COMMON FOOD ALLERGENS?

DAILY OPTIONS

Breakfast
Breakfast Special
Whole Grain Cereal with Graham Crackers
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée
Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch
Lunch Special
Peanut Butter & Jelly Sandwich*
SunButter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Garden Salad Bar
1% or Skim Milk

We serve a pork-free menu
We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef

May is...
Food Allergy Awareness Month
May 4 - 10 Teacher Appreciation Week
May 4 - National Orange Juice Day
May 13 - International Hummus Day

MEAL PRICES

Osborn Students:
All complete meals at no cost
Milk \$0.50

Adults/Visitors:
Breakfast \$2.75
Lunch \$4.75
Cash/Check Accepted

Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

SCAN HERE!
 @nutriliciousosborn