



ELEMENTARY LUNCH MENU

BRIDGEPORT

Every student can select one *main entree and their choice of fruits and vegetables daily. 1%

White Milk and Fat Free Chocolate Milk are also offered with each meal.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Bridgeport Students receive lunch at no cost because it is CEP "Community Eligible Provision" School.

Served Daily:

Milk: 1% White, Fat Free White and or Chocolate Milk
-May only choose 1-

Fruit: Apple Slices, applesauce, and Fruit of the Day
-May only choose 2-

Vegetable: Baby Carrots and the Veggie of the Day
-May only choose 2-

Condiments and Dressing are offered if part of the meal

PA Harvest of the Month

Asparagus is a perennial plant, which means it will grow back every year even after being cut? Asparagus is also full of folate, vitamin C and A, and thiamin making it a powerhouse vegetable!

For recipes, activities, & book suggestions

[CLICK HERE](#)

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.

- 1-Spaghetti & Meatballs in sauce with a dinner roll
- 2-Cheese Pizza Slice-V
- 3- Warm Pretzel and Cheese Grab and Go-V

Broccoli Florets
Banana

4

- 1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup
- 2-Grilled Cheese with Tomato Soup-V
- 3- Chicken Tender Wrap

Steamed Yellow Corn
Mixed Fruit Cup

5

- 1-French Toast Sticks ,Cheese stick, Yogurt & Hash Browns-V
- 2- Egg, Cheese Turkey Bacon Sandwich and Hash Browns
- 3- Turkey and Cheese Hoagie with Lettuce, Tomato

Cucumber Slices
Pear Fruit Cup

6

- 1-Mini Cheesesteak Sandwich
- 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
- 3-Nachos Kit Grab and Go with cheese and salsa cup-V

Sweet Potato Fries
Peach Fruit Cup

7

- 1-All Beef Hot Dog with baked beans
- 2-Chicken Tenders, French Fries & roll
- 3- Assorted Cereal, yogurt, cheese Grab and Go-V

Assorted Veggie Cup
Grapes

8

- 1-Cheese Lasagna with Sauce and Garlic Toast-V
- 2-Cheese Pizza Slice-V
- 3- Yogurt and Cheese Stick Grab and Go-V

Broccoli Florets and Asparagus
Banana

11

- 1-Popcorn Chicken and Dutch Waffle
- 2-Grilled Cheese with Tomato Soup-V
- 3- Popcorn Chicken Garden Salad

Brussel Sprouts
Mixed Fruit Cup

12

- 1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V
- 2- Chopped Chef Salad with Egg-V
- 3- Wowbutter&Jelly-V

Sliced Bell Peppers

Pear Fruit Cup

13

- 1-Crispy Chicken Patty Sandwich & pickles
- 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
- 3- Turkey Bacon Wrap

Steamed Green Peas

Peach Fruit Cup

14

- 1-Turkey Pepperoni Pizza Slice
- 2-Chicken Tenders, French Fries and roll
- 3- Make Your Own Pizza Grab and Go-V

Celery Sticks

Grapes

15

- 1-Chicken Nuggets and Smile Fries
- 2- Cheese Pizza Slice-V
- 3-Warm Pretzel and Cheese Grab and Go-V

Broccoli Florets
Banana

18

- 1- Macaroni and Cheese with a dinner roll-V
- 2-Grilled Cheese with Tomato Soup-V
- 3- Yogurt and Cheese Stick Grab and Go-V

Steamed Yellow Corn
Mixed Fruit Cup

26

- 1- Mini Waffle, Turkey Sausage, and Hash Browns
- 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
- 3-Turkey and Cheese Hoagie with Lettuce, Tomato

Cucumber Slices
Pear Fruit Cup

20

- 1- Mini Waffle, Turkey Sausage, and Hash Browns
- 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
- 3-Turkey and Cheese Hoagie with Lettuce, Tomato

No School

19

Field Day Menu

- Hamburger or Pizza Slice
- Carrots and Ranch
- Watermelon Slice
- Assorted Cookie

Peach Fruit Cup

21

- 1-Cheese Quesadilla-V
- 2-Chicken Tenders, French Fries & roll
- 3- Assorted Cereal, yogurt, cheese Grab and Go-V

Assorted Veggie Cup

Grapes

22

HAPPY MEMORIAL DAY

No School

25

- 1- Macaroni and Cheese with a dinner roll-V
 - 2-Grilled Cheese with Tomato Soup-V
 - 3- Yogurt and Cheese Stick Grab and Go-V
- Steamed Yellow Corn
Mixed Fruit Cup
- 26

- 1- Mini Pancakes with Turkey Bacon and Hash Browns
 - 2- Cheesy Egg Bites, Hash Browns
 - 3- Wowbutter and Jelly Uncrustable Grab and Go-V
- Sliced Bell Peppers
Pear Fruit Cup
- 27

- 1-Cherry Blossom Chicken brown Rice & fortune cookie
 - 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 - 3- Turkey Bacon Wrap
- Steamed Green Peas
Peach Fruit Cup
- 28

- 1-Walking Beef Nachos with Cheese over Tosito Rounds
 - 2-Chicken Tenders, French Fries and a roll
 - 3- Make Your Own Pizza Grab and Go-V
- Celery Sticks
Grapes
- 29