

MAY

BREAKFAST

IS AVAILABLE TO ALL STUDENTS AT NO COST

Every student can select one *main breakfast entree, up to 2 servings of fruit, and a choice of fat-free or 1% milk to make a fully reimbursable breakfast!

Spring into your morning with a complete breakfast

Sunflower seeds make an excellent, nutrient-dense breakfast providing protein, healthy fats, and fiber to boost energy. They are highly versatile, easily incorporated as a crunchy topping for yogurt!

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



Any further questions can be directed to
Brittany Frazer at
bfrazer@umasd.org or
610-205-8804

Elementary School

Bridgeport Elementary is a "Community Eligible Provision" School so all meals are FREE for all students!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> *Turkey Sausage and Cheese Stuffed Croissant *NutriGrain Bar with Cheese stick * Assorted Cereal Bar <p>Raisin and 100% Fruit Juice 4</p>	<ul style="list-style-type: none"> *Egg, Cheese, Turkey Bacon Croissant *Apple Strudel * Assorted Breakfast Breads <p>Banana and 100% Fruit Juice 5</p>	<ul style="list-style-type: none"> *Cheesy Egg Omelet Wrap *Mango/Sunflower Seeds Mix with Yogurt * Assorted BeneFIT Bar <p>Mixzees Dried Fruit and 100% Fruit Juice 6</p>	<ul style="list-style-type: none"> *Egg, Cheese, Turkey Sausage on Bagel *Warmed Croissant-Marg/Jam * Assorted Muffins <p>Orange Slices and 100% Fruit Juice 7</p>	<ul style="list-style-type: none"> *Egg, Cheese. Turkey Bacon on Pretzel Roll *Wowbutter and Jelly Uncrustable * Assorted Cereal Bar <p>Apple Slices and 100% Fruit Juice 8</p>
<ul style="list-style-type: none"> *Honey Chicken Biscuit *Mini Donuts * Assorted Cereal Bar <p>Raisin and 100% Fruit Juice 11</p>	<ul style="list-style-type: none"> *Egg, Cheese, Turkey Bacon Croissant *Cinni Mini-Bagels * Assorted Breakfast Breads <p>Banana and 100% Fruit Juice 12</p>	<ul style="list-style-type: none"> *Mini Waffles *Cinnabar Turnover * Assorted BeneFIT Bar <p>Applesauce and 100% Fruit Juice 13</p>	<ul style="list-style-type: none"> *Egg, Cheese, Turkey Sausage on English Muffin *Warmed Bagel w/ Cream Cheese * Assorted Muffins <p>Orange Slices and 100% Fruit Juice 14</p>	<ul style="list-style-type: none"> *Egg, Cheese. Turkey Bacon on Pretzel Roll *Apple Cinnamon Texas Toast with cheese stick * Assorted Cereal Bar <p>Craisins and 100% Fruit Juice 15</p>
<ul style="list-style-type: none"> *Breakfast Pizza Bagel *NutriGrain Bar with Cheese stick * Assorted Cereal Bar <p>Raisins and 100% Fruit Juice 18</p>	 <p style="writing-mode: vertical-rl; transform: rotate(180deg);">No School</p> <p>19</p>	<ul style="list-style-type: none"> *Mini Pancakes *Mango/Sunflower Seeds Mix with Yogurt * Assorted BeneFIT Bar <p>Mixzees Dried Fruit 100% Fruit Juice 20</p>	<ul style="list-style-type: none"> *Egg, Cheese, Turkey Sausage on Bagel *Warmed Croissant-Marg/Jam * Assorted Muffins <p>Orange Slices and 100% Fruit Juice 21</p>	<ul style="list-style-type: none"> *Egg, Cheese. Turkey Bacon on Pretzel Roll *Yogurt, Granola, and Cheese Stick * Assorted Cereal Bar <p>Apple Slices and 100% Fruit Juice 22</p>
 <p>HAPPY MEMORIAL DAY</p> <p>25</p>	<ul style="list-style-type: none"> *Blueberry Lemon ZeeZee Oatmeal Bar *PopTarts * Assorted Cereal Bar <p>Banana and 100% Fruit Juice 26</p>	<ul style="list-style-type: none"> *Mini Waffles *Sweet Potato Cinnamon Swirl Roll * Assorted BeneFIT Bar <p>Applesauce and 100% Fruit Juice 27</p>	<ul style="list-style-type: none"> *Egg, Cheese, Turkey Sausage on English Muffin *Warmed Bagel w/ Cream Cheese * Assorted Muffins <p>Orange Slices and 100% Fruit Juice 28</p>	<ul style="list-style-type: none"> *Egg, Cheese. Turkey Bacon on Pretzel Roll *Apple Cinnamon Texas Toast with cheese stick * Assorted Cereal Bar <p>Craisins and 100% Fruit Juice 29</p>