



ELEMENTARY LUNCH MENU CALEY, CANDLEBROOK, GULPH, & ROBERTS

Field Day Menu
 Hamburger or Pizza Slice
 Carrots and Ranch
 Fresh Fruit
 Assorted Cookie

Every student can select one *main entree and their choice of fruits and vegetables daily. 1%

White Milk and Fat Free Chocolate Milk are also offered with each meal.

Meal Pricing: Lunch
 Free/Reduced-At no cost
 Full Paid- \$3.00
Served Daily:
Milk: 1% White, Fat Free White and or Chocolate Milk
 -May only choose 1-
Fruit: Apple Slices, applesauce, and Fruit of the Day
 -May only choose 2-
Vegetable: Baby Carrots and the Veggie of the Day
 -May only choose 2-
 Condiments and Dressing are offered if part of the meal

PA Harvest of the Month
 Asparagus is a perennial plant, which means it will grow back every year even after being cut? Asparagus is also full of folate, vitamin C and A, and thiamin making it a powerhouse vegetable!
 For recipes, activities, & book suggestions [CLICK HERE](#)

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit SchoolCafe.com or scan the QR code to visit umasd.org for more Food Service Info.



SCAN ME

Any further questions can be directed to Brittany Frazer at bfrazer@umasd.org or 610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

1-Spaghetti & Meatballs in sauce with a dinner roll
 2-Cheese Pizza Slice-V
 3- Warm Pretzel and Cheese Grab and Go-V
Broccoli Florets
Banana 4

1-Turkey Taco Meat & Cheese on Tortillas with lettuce and tomato cup
 2-Grilled Cheese with Tomato Soup-V
 3- Chicken Tender Wrap
Steamed Yellow Corn
Mixed Fruit Cup 5

1-French Toast Sticks ,Cheese stick, Yogurt & Hash Browns-V
 2- Egg, Cheese Turkey Bacon Sandwich and Hash Browns
 3- Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 6

1-Mini Cheesesteak Sandwich
 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 3-Nachos Kit Grab and Go with cheese and salsa cup-V
Sweet Potato Fries
Peach Fruit Cup 7

1-All Beef Hot Dog with baked beans
 2-Chicken Tenders, French Fries & roll
 3- Assorted Cereal, yogurt, cheese Grab and Go-V
Assorted Veggie Cup
Grapes 8

1-Cheese Lasagna with Sauce and Garlic Toast-V
 2-Cheese Pizza Slice-V
 3- Yogurt and Cheese Stick Grab and Go-V
Broccoli Florets and Asparagus
Banana 11

1-Popcorn Chicken and Dutch Waffle
 2-Grilled Cheese with Tomato Soup-V
 3- Popcorn Chicken Garden Salad
Brussel Sprouts
Mixed Fruit Cup 12

1-Pillsbury Cinnamon Roll with Cheesy Egg Omelette & Hash Browns-V
 2- Chopped Chef Salad with Egg-V
 3- Wowbutter&Jelly-V
Sliced Bell Peppers
Pear Fruit Cup 13

1-Crispy Chicken Patty Sandwich & pickles
 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 3- Turkey Bacon Wrap
Steamed Green Peas
Caley Peach Fruit Cup 14

1-Turkey Pepperoni Pizza Slice
 2-Chicken Tenders, French Fries and roll
 3- Make Your Own Pizza Grab and Go-V
Celery Sticks
CB and GU Grapes 15

1-Chicken Nuggets and Smile Fries
 2- Cheese Pizza Slice-V
 3-Warm Pretzel and Cheese Grab and Go-V
Broccoli Florets
Banana 18


No School 19

1- Mini Waffle, Turkey Sausage, and Hash Browns
 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns
 3-Turkey and Cheese Hoagie with Lettuce, Tomato
Cucumber Slices
Pear Fruit Cup 20

1-Italian Meatball Sub on roll
 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 3- Nachos Kit Grab and Go with cheese and salsa cup-V
Steamed ASPARAGUS
Peach Fruit Cup 21

1-Cheese Quesadilla-V
 2-Chicken Tenders, French Fries & roll
 3- Assorted Cereal, yogurt, cheese Grab and Go-V
Assorted Veggie Cup
Grapes 22


HAPPY MEMORIAL DAY
No School 25

1- Macaroni and Cheese with a dinner roll-V
 2-Grilled Cheese with Tomato Soup-V
 3- Yogurt and Cheese Stick Grab and Go-V
Steamed Yellow Corn
Mixed Fruit Cup 26

1- Mini Pancakes with Turkey Bacon and Hash Browns
 2- Cheesy Egg Bites, Hash Browns
 3- Wowbutter and Jelly Uncrustable Grab and Go-V
Sliced Bell Peppers
Pear Fruit Cup 27

1-Cherry Blossom Chicken brown Rice & fortune cookie
 2-Breaded Mozzarella Cheese Sticks with marinara dipping Sauce-V
 3- Turkey Bacon Wrap
Steamed Green Peas
Peach Fruit Cup 28

1-Walking Beef Nachos with Cheese over Tosito Rounds
 2-Chicken Tenders, French Fries and a roll
 3- Make Your Own Pizza Grab and Go-V
Celery Sticks
Roberts Grapes 29