ARDSLEY
HIGH SCHOOL

Student Brag Sheet

This form assists your counselor in writing your recommendation. The more specific details you can give, the more thorough your college recommendation will be. This form will also help you with the entire college application process, especially in preparing for interviews and writing admissions essays.

Name:_____

Date:_____

1. School activities: List the activities you have participated in at Ardsley High School, the number of years, and the amount of time per week you spent, and what you have gained or learned from each activity. Consider artistic, athletic, literary, community service, and leadership positions.

2. Which activity was most important to you? Why?

3. What do you consider your most important activities OUTSIDE of school? List jobs, paid or voluntary; religious activities; hobbies; travel; music; art; and drama. Include the number of years of your involvement and the amount of time you spent on the activity weekly, and explain why this activity was significant to you.

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4. Tell us about an experience, activity, etc. that may not be on your resume that has been impactful.

5. In or out of school, which awards and honors have you received? Which elected offices have you held?

6. What book(s) have had the greatest impact on you? Why?

7. Describe the academic accomplishment (major paper, science experiment, artistic project) you are most proud of, and tell why you take pride in it.

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8. What kind of learner are you? Which academic setting or assignments make you thrive? What interests you?

9. List three most distinguishing or most admirable qualities. Explain each in several sentences.

10. What do you hope to accomplish in college and after? Consider your career goals and your broader goals.

11. Are there any reasons why you feel your GPA and transcript are not representative of your actual abilities and potential. If so, what was occupying your time i.e. family responsibilities that consumed a lot of your time; overcame some sort of obstacle or challenging experience/event; moved/transferred high schools etc.