

May 2026

Rockwood Elementary Menu

Monday

Tuesday

Wednesday

Thursday

Friday

This institution is an equal opportunity provider.

Cinco de Mayo!

Did you know?

Fruits and vegetables come in all colors of the rainbow—and each color gives your body different nutrients to keep you feeling your best!

4
Chicken Biscuit Sandwich *****
Breaded Fish Sea Shapes w/ Warm Breadstick
Potato Smiles
Orange Pineapple Cherry Icy
Choice of Cold Milk

5
Chocolate Chip UBR *****
Soft Shell Taco
Fiesta Black Beans
Sweet Dried Cherries
Apple Filled Churro
Choice of Cold Milk
Try it Tuesday! Sugar Snap Peas

6
Fruit & Yogurt Parfait w/ Graham Crackers *****
Breaded Mozzarella Sticks w/ Marinara Sauce
Parmesan Roasted Broccoli
Bananarama
Choice of Cold Milk

7
Scrambled Eggs w/ Warm Biscuit *****
Breakfast for Lunch!
Chicken Strips w/ Waffle
Sweet Potato Fries
Cinnamon Apple Slices
Choice of Cold Milk

1
Glazed Donut Holes w/ Yogurt *****
School Lunch Hero Day!
Mini Cheese Pizza Bagels
Sweet Corn
Diced Apricots
Choice of Cold Milk

8
Warm Cinnamon Roll *****
4x6 Cheese or Pepperoni Pizza
Sweet Corn
Orange Wedges
Choice of Cold Milk

11
Cinnamon Glazed French Toast Sticks *****
Meatball Sub Sandwich
Italian Seasoned Green Beans
Diced Pears
Choice of Cold Milk

12
Egg & Cheese on Biscuit *****
Twisty Cheesy Mac (Cavatappi) w/ Warm Breadstick
Steamed Broccoli
Icy Blueberries
Choice of Cold Milk

13
Fruit & Yogurt Smoothie w/ Graham Crackers *****
National Fruit Cocktail Day!
Restaurant Pizza
Buttery Carrot Coins
Fruit Cocktail w/ Cherries
Choice of Cold Milk

14
Fluffy Pancake w/ Sausage *****
National Buttermilk Biscuit Day!
Breaded Chicken Drumstick w/ Warm Biscuit
Mashed Potatoes w/ Gravy
Fresh Strawberries
Choice of Cold Milk

15
Pillsbury Mini Cinnis *****
National Chocolate Chip Day!
BBQ Pulled Pork Sandwich
Bush's BBQ Baked Beans
Vine-Ripened Grapes
Chocolate Chip Cookie
Choice of Cold Milk

18
Plain or Blueberry Bagel w/ Cream Cheese *****
Wild Mike's Cheese or Pepperoni Pizza
Italian Sweet Peas
Icy Blueberries
Choice of Cold Milk

19
Breakfast Pizza *****
Breakfast for Lunch!
French Toast Sticks w/ Sausage Links
Sweet Potato Fries
Diced Apricots
Choice of Cold Milk

20
Manager's Choice *****
Chicken Mix Up w/ Breadstick or Garlic Toast
Hot Vegetable
Fruit Variety
Choice of Cold Milk

21
Manager's Choice *****
Manager's Choice
Hot Vegetable
Fruit Variety
Choice of Cold Milk

22
Manager's Choice *****
Early Dismissal!
Manager's Choice
Hot Vegetable
Fruit Variety
Choice of Cold Milk

25

MEMORIAL DAY

26

27

HAVE A GREAT SUMMER!

28

29

Veggie of the Month
Sugar Snap Peas

MEAL PRICES

Milk	\$0.85
Student Breakfast	\$2.10
Student Lunch	\$3.60
Adult Breakfast	\$2.50
Adult Lunch	\$4.45

Prepay your child's meal account online using

www.myschoolbucks.com

Helpful hint: Deposit \$57.60 for school lunches in May.

Breakfast includes the menued item; Or 4 oz Yogurt & Graham Cracker; Or Choice of Cereal & Graham Cracker. Each breakfast is served with fruit/veggie and/or 100% juice and milk.

Alternate Entrées Available Daily

- * Grilled Cheese Pretzel
- * Deli Turkey Sandwich
- * Sunbutter & Jelly Sandwich
- * Chef Salad w/Crackers

Snack Pack Options Available Daily

- Monday**—Soft Pretzel
- Tuesday**—Cereal & Zee Zee's Birthday Grahamz
- Wednesday**—Whole Grain Muffin & Goldfish Pretzels
- Thursday**—Annie's Chocolate Chip Bunny Grahamz & Cheez-Its
- Friday**—Mini Confetti Pancakes


Served with choice of Cheese Stick, Yogurt, Sunflower Seeds, Chocolate Chickpea Spread, Hummus or Hard Boiled Egg. Cheese sauce cup offered on Mondays with Soft Pretzel.

Daily fruit choices may include: Fresh, frozen, dried, canned (in juice or light syrup) or 100% juice.

Daily milk choices include: Prairie Farms Skim and 1% White, 1% Chocolate, 1% Strawberry

Variety of fresh vegetables offered daily.

Rockwood is not peanut free.

 Indicates a pork product.

MENU IS SUBJECT TO CHANGE