Job Description
MOORE PUBLIC SCHOOLS

Job Title: **Head Strength and Conditioning Coach**

Qualifications:

Credentials: Certification in CSCCA or NSCA, experience as a S/C coach preferred, Oklahoma Teaching Certificate preferred, CPR certified

Education: Bachelor's Degree required/Masters' preferred

Special Skills, Knowledge, Abilities:
Communication skills: Basic communication skills to exchange information (oral, written, digital format), ability to communicate clearly, ability to think critically and make independent decisions regarding, workout design, scheduling scenarios, and communication thereof in accordance with district policies and professional practices/standards.

Must have the ability to organize, prioritize, and perform multiple tasks.

Uses specialized equipment with expertise acquired through extensive experience and/or training.

Site: Various – Assigned High School and feeder Jr. High Schools

Reports To: District Athletic Director/Site Principal/Site Athletic Facilitator

Job Goals (Purpose of Position): Responsible for the establishing and maintaining a strength and conditioning program for all sports, with the goals of improving athletic performance, reducing athletic injuries, and teaching lifelong fitness/movement skills.

Contact with Others: An incumbent in this position has regular contact by phone, text, email or in-person with other members of the staff, strength and conditioning community, along with instructing student athletes.

Other Performance Measures: Successful performance of the job requires good customer service/people skills to work with the coaching staff, student athletes, and administration.

It requires the following: School dress standards, proper attendance or leave policies, and other work-habit concerns. May require working on days when school is not in session which may include holidays. Creativity, initiative, and effective problem solving are critical to the success of the position. In addition, must maintain a positive attitude and be cooperative toward other staff members, the public, and students within the educational system.

Essential Job Functions (Performance Responsibilities):
1. Maintains nutritional education for coaches and student athletes.

2. Design and implement strength training and conditioning programs in-season, off-season, and pre-season for all athletic programs.

3. Works in cooperation with the sports medicine staff in the rehabilitation and strengthening of injured athletes.

4. Facilitates a collaborative relationship among sports coaches, sports medicine, and the strength and conditioning staff.

5. Design and implement policies and procedures for the strength and conditioning program in accordance with the NCSA Strength and Conditioning Professional Standards and Guidelines.

6. Develops systems for tracking athletes and athlete progress in conjunction with the sport coaches.

7. Conducts and annual needs analysis for each sports team.

8. Performs such other duties that might fall within his/her jurisdiction, or which may be assigned to him/her by the District Athletic Director, Site Athletic Facilitator, Principals, or Superintendent.

9. Reports all maintenance orders to the sites Athletic Facilitators.

Supervision Exercised: An incumbent would be the supervisor of weight room facilities, including staff and students.

Physical/Mental Requirements and Working Conditions:
Employee's job requires frequent carrying/lifting to haul equipment to site; and occasional lifting of up to 100 pounds.

Terms of Employment:	Hours Equivalent to 235 days as coordinated by District and Site Administration or Designee
Salary:	To be established by Board
Evaluation:	Performance of this job will be evaluated in accordance with Board policy

Approved 12/09/2024