HealthPartners®

Your Way to Wellness



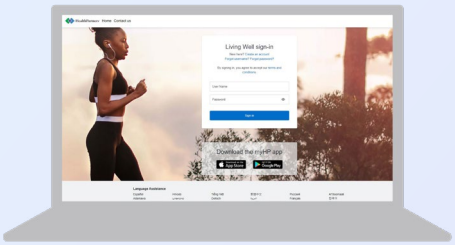
Wellbeats is your virtual wellness offering with 1,000+ fitness, nutrition, and mindfulness classes to help you live a healthier life. Whether you're an expert at yoga or new to running, looking for ways to eat healthy or only have 5 minutes to unwind, Wellbeats offers classes and programs for all ages, levels, abilities, and interests.

Wellbeats™

Here's how to get started on a computer:

1

Log on to your health and well-being account at healthpartners.com/wellbeing



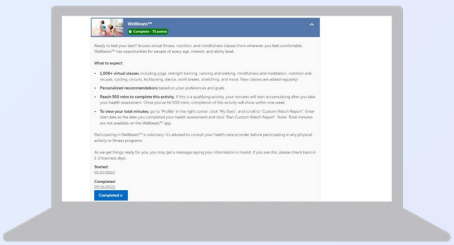
2

Complete your health assessment to unlock access to Wellbeats.

3

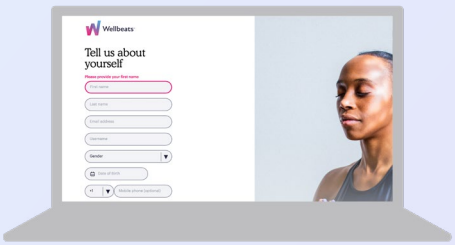
Locate the Wellbeats activity card and click "Get started."

You'll automatically be redirected and signed into Wellbeats.



4

For first-time users, follow the steps to complete your Wellbeats profile.



Note:

Next time you use Wellbeats, please follow steps 1, 2, and 3. or go directly to portal.wellbeats.com. Enter the email address and password you included when completing your Wellbeats profile.

HealthPartners®

Your Way to Wellness



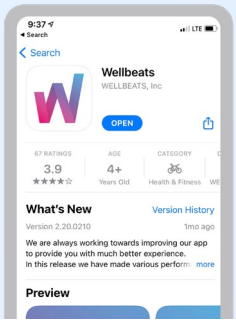
Wellbeats is your virtual wellness offering with 1,000+ fitness, nutrition, and mindfulness classes to help you live a healthier life. Whether you're an expert at yoga or new to running, looking for ways to eat healthy or only have 5 minutes to unwind, Wellbeats offers classes and programs for all ages, levels, abilities, and interests.

Wellbeats™

New to Wellbeats? Here's how to get started on a mobile device:

1

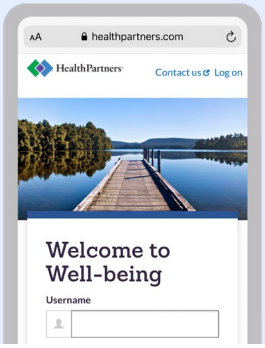
Download the Wellbeats app in the App Store or Google Play Store.



Do NOT log on or create an account directly in the Wellbeats app. Once the Wellbeats app is downloaded on your device, continue to step 2.

2

Log on to your health and well-being account at healthpartners.com/wellbeing

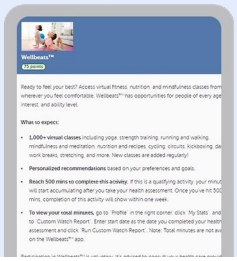


3

Complete your health assessment to unlock access to Wellbeats.

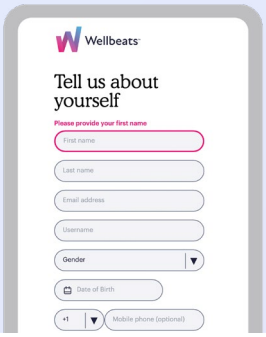
4

Locate the Wellbeats activity card and click, "Get started." You'll automatically be redirected and signed into Wellbeats. You may be prompted to open the Wellbeats app.



5

For first-time users, follow the steps to complete your Wellbeats profile.



Note:

Next time you use Wellbeats, please follow steps 2 and 4. or go directly to the Wellbeats app. Enter the email address and password you included when completing your Wellbeats profile.