

Owatonna Middle School

This institution is an equal opportunity provider

MAY 2026

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 French Toast Sticks w/ Cheesy Omelet Breakfast Potatoes Fresh Veggies Clementines Fresh Fruit	5 Penne Pasta w/ Chicken Alfredo & Garlic Breadstick Steamed Peas Fresh Veggies Chilled Peaches Fresh Fruit	6 Mini Corn Dogs Baked Beans Fresh Veggies Pineapple-Orange Mix Fresh Fruit Fresh Baked Cookie	7 Orange Chicken w/ Brown Rice Pilaf Steamed Broccoli Fresh Veggies Cinnamon Applesauce Fresh Fruit	8 Sloppy Joe Seasoned Straight Fries Coleslaw Chilled Pears Fresh Fruit
11 Garlic Cheese Bread w/ Marinara Sauce Steamed Peas & Carrots Fresh Veggies Pineapple Tidbits Fresh Fruit	12 Beef Nachos Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	13 Chicken Tenders w/ Dinner Roll Crinkle Cut Fries Fresh Veggies Blueberries Fresh Fruit	14 Cheese Tortellini w/ Garlic Breadstick Steamed California Blend Veggies Fresh Veggies Applesauce Fresh Fruit	15 Original or Spicy Brd Chicken Sandwich Roasted Green Beans Fresh Veggies Chilled Pears Fresh Fruit
18 Pizza Buttery Steamed Corn Caesar Salad Clementines Fresh Fruit	19 Rotini Pasta w/ Meat Sauce & Garlic Toast Steamed Mixed Veggies Fresh Veggies Chilled Peaches Fresh Fruit	20 Shredded Beef Sandwich Oven Roasted Asparagus Fresh Veggies Mixed Berries Fresh Fruit Frozen GoGurt	21 Chicken Fajita Bowl Fiesta Black Beans Fresh Veggies Applesauce Fresh Fruit	22 All-Beef Hot Dog Crinkle Cut Fries Fresh Veggies Chilled Pears Fresh Fruit
25 Bosco Sticks w/ Marinara Sauce Buttery Steamed Corn Fresh Veggies Pineapple Tidbits Fresh Fruit	26 Boneless Chicken Wings w/ Dinner Roll Mashed Potatoes & Gravy Fresh Veggies Orange-Strawberry Mix Fresh Fruit	27 Garlic Parmesan Crusted Chicken w/ Garlic Breadstick Steamed Carrots Fresh Veggies Applesauce Fresh Fruit	28 Cheeseburger or Hamburger Baked Beans Potato Salad Chilled Pears Fresh Fruit	29

FREE MEALS FOR ALL STUDENTS

All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.

An alternative entree or boxed salad is also available for a reimbursable lunch.

COMPLETE MEAL

Students must choose at least 3 components, including ½ c fruit or vegetable, as part of a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
Single milk purchase is \$0.55 per carton.

EDUCATIONAL BENEFITS

Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES

Lunch: \$5.25

ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries