



PARENT EDUCATION SESSION

Parenting in the Digital World

Join us to learn...

- The connection between social media, depression, and self-harm.
- How to protect your child(ren) online.
- How artificial intelligence impacts children's safety and mental health.
- Practical and effective safety measures to use at home.

MAY 21, 2026
6-7:30 PM

District Office

2985 Bear St.
Costa Mesa, CA 92626

This session is for adults only.
Childcare provided.
Spanish & Russian interpretation
available.

PRESENTED BY:

Cyber Safety Cop, one of the nation's leading organizations for online safety education.



Newport-Mesa
Unified School District

Register to attend:
<https://bit.ly/4cuXnBK>