

Hickman Mills C-1 School District
District Wellness Committee Meeting
April 8, 2026 – 4:30-5:30 PM
Ruskin High School-Library Media Center (**Confirmed**)

Agenda:

1. Welcome & Introductions- **Patty Buckholz, District Lead Nurse & Comm Chair**
2. Complete ASSESS Extent to which Schools comply with the Local Wellness Policy and Progress Towards Goals -**Wellness Comm Members**
 - a. Wellness Policy in Action Tool (WPAT): Committee members will break into two groups, elementary and secondary to complete the WPAT assessment.
 - i. <https://www.cdc.gov/assessing-improving-school-health/wpat/index.html>
 1. [Elementary Questions](#)
 2. [Secondary Questions](#)
3. District Wellness Committee Comments, Questions and Reflection
4. Adjournment

Future Meeting dates:

- Tuesday May 5, 2026 – *In-Person* ?????