

Hickman Mills C-1 School District
District Wellness Committee Meeting
March 10, 2026 – 4:30-5:30 PM
Ruskin High School-Library Media Center (**Confirmed**)

Agenda:

1. Welcome & Introductions- **Patty Buckholz, District Lead Nurse & Comm Chair**
2. Review the [WellSAT 3.0 Assessment results](#) -**Wellness Comm Members**
3. ASSESS Extent to which Schools comply with the Local Wellness Policy and Progress Towards Goals -**Wellness Comm Members**
 - a. Wellness Policy in Action Tool (WPAT): Committee members will break into two groups, elementary and secondary to complete the WPAT assessment.
 - i. In preparation for the upcoming meeting, please access this link below to familiarize yourself with the assessment tool the district will use to assess the district's implementation of the LWP. The videos are helpful. I have created an acct for the district.
<https://www.cdc.gov/assessing-improving-school-health/wpat/index.html>
 1. [Elementary Questions](#)
 2. [Secondary Questions](#)
4. District Wellness Committee Comments, Questions and Reflection
5. Adjournment

Future Meeting dates:

- Tuesday April 7, 2026 – *In-Person*