

Hickman Mills C-1 School District
District Wellness Committee Meeting
February 10, 2026 – 4:30-5:30 PM
Ruskin High School-Library Media Center

Agenda:

1. Welcome & Introductions- **Patty Buckholz, District Lead Nurse & Comm Chair**
2. Health & Physical Education focus for the 2025-26 sy-**Physical Education Staff**
3. Completion of the [Triennial Assessment](#) for HMC-1-**Wellness Comm Members**
4. Determine if we need to meet in March-**Wellness Comm Members**
5. District Wellness Committee Comments, Questions and Reflection
6. Adjournment

Future Meeting dates:

- Tuesday March 10, 2026 – *In-Person*
- Tuesday April 7, 2026 – *In-Person*