

DEC: MENUS FOR MAY/JUNE 2026

Breakfast & Lunch is FREE for all K-12 students! Adults pay by items selected.

MON, APR 27

Hot Dog on a Bun

FRUIT & VEGETABLE CHOICES

Spiral Potatoes
Steamed Peas
Fresh Fruit
Pineapple Tidbits

Variety of Milk

TUES, APR 28

Nachos

FRUIT & VEGETABLE CHOICES

Pico de Gallo
Seasoned Black Beans
Peach Cup
Variety of Fruit Juice

Variety of Milk

WED, APRIL 29

Garlic French Bread

FRUIT & VEGETABLE CHOICES

Steamed Corn
Green Beans
Diced Pears
Fresh Fruit

Variety of Milk

THUR, APRIL 30

Grilled Cheese

FRUIT & VEGETABLE CHOICES

Steamed Broccoli
Tater Tots
Fresh Fruit
Variety of Fruit Juice

Variety of Milk

FRIDAY, MAY 1

Stuffed Crust Pizza

FRUIT & VEGETABLE CHOICES

French Fries
Pepper & Tomato Cup
Bagged Carrots
Dried Fruit
Fresh Fruit

Variety of Milk

MON, MAY 4

Corn Dog Nuggets

FRUIT & VEGETABLE CHOICES

Steamed Broccoli
Sweet Potato Fries
Fresh Fruit
Variety of Fruit Juice

Variety of Milk

TUES, MAY 5

Chicken Tenders w/
Sister Schubert's Roll

FRUIT & VEGETABLE CHOICES

Mashed Potatoes
Steamed Peas
Diced Pears
Variety of Fruit Juice

Variety of Milk

WED, MAY 6

Cheeseburger on a Bun

FRUIT & VEGETABLE CHOICES

Potato Smiles
Baked Beans
Fresh Fruit
Variety of Fruit Juice

Variety of Milk

THUR, MAY 7

Spaghetti w/ Beef Sauce
& a Breadstick

FRUIT & VEGETABLE CHOICES

Coleslaw
Green Beans
Applesauce
Fresh Fruit

Variety of Milk

FRIDAY, MAY 8

Cheesy Bites w/ Marinara

FRUIT & VEGETABLE CHOICES

Crinkle Cut Fries
Bagged Carrots
Fresh Fruit
Dried Fruit

Variety of Milk

BREAKFAST MENU

Monday - Donuts

Tuesday - Muffin

Wednesday - Cereal Bar or Pop-Tart

Thursday - Cherry Strudel

Friday - Cereal

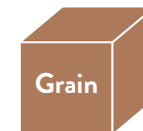
Additional Breakfast selections may include: a variety of whole grain rich breads and grains. Examples are: muffins, cinnamon bun, toaster pastry, cereal and more.

Fruit and a variety of milk are offered with all breakfasts.



Student Breakfast

Select 3 or 5 menu blocks

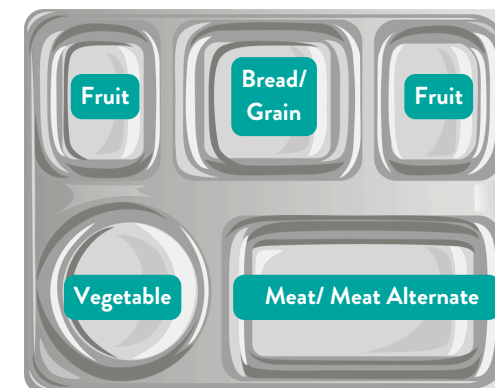


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STUDENT LUNCH

Select 3 to 6 menu blocks for a complete student lunch. Students **MUST** select 1 **FRUIT** or **VEGETABLE** + 2 or more menu blocks. Students may select **ALL** vegetable choices.



DARE COUNTY SCHOOLS SCHOOL NUTRITION

Disclaimer for Nutrition and Ingredient Information, As of 11/21/14: Parents, school nurses and others sometimes want nutritional and ingredient information for school menu items. To assist our families, nutrition information and menu ingredients for school menu items can be provided. In accordance with the Food Allergen Labeling and Consumer Protection Act, the major allergen ingredients of milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and soybeans are supposed to be identified on food labels provided by vendors. Other allergen ingredients are not necessarily identified. The information we provide about nutritional values and product ingredients, including major food allergens, is obtained from the vendor/manufacturer of the specific products. However, a number of variables can affect the accuracy of the information, such as changing ingredients or production practices, inaccurate labels, substitutions, and so forth. Therefore, while reasonable efforts have been made, we do not guarantee the accuracy of the nutritional information or ingredient information provided. This information is general only and is not to be considered medical or nutritional advice.

MON, MAY 11

Chicken & Waffles

FRUIT & VEGETABLE CHOICES

Glazed Sweet Potatoes
Steamed Cabbage
Peach Cup
Fresh Fruit

Variety of Milk

TUES, MAY 12

Mozzarella Sticks w/ Marinara

FRUIT & VEGETABLE CHOICES

Green Beans
Crinkle Cut Potatoes
Fresh Fruit
Variety of Fruit Juice

Variety of Milk

WED, MAY 13

Macaroni & Cheese w/ a Breadstick

FRUIT & VEGETABLE CHOICES

Corn
Lima Beans
Mandarin Oranges
Variety of Fruit Juice

Variety of Milk

THUR, MAY 14

Chicken Filet on a Bun

FRUIT & VEGETABLE CHOICES

Mashed Potatoes
Spinach
Strawberry Applesauce
Fresh Fruit

Variety of Milk

FRIDAY, MAY 15

Nardone's 6" Cheese Pizza

FRUIT & VEGETABLE CHOICES

Potato Smiles
Bagged Carrots
Fresh Fruit
Fruit Juice

Variety of Milk

MON, MAY 18

Hot Dog on a Bun

FRUIT & VEGETABLE CHOICES

Spiral Potatoes
Steamed Peas
Fresh Fruit
Pineapple Tidbits

Variety of Milk

TUES, MAY 19

Nachos

FRUIT & VEGETABLE CHOICES

Pico de Gallo
Seasoned Black Beans
Peach Cup
Variety of Fruit Juice

Variety of Milk

WED, MAY 20

Garlic French Bread

FRUIT & VEGETABLE CHOICES

Steamed Corn
Green Beans
Diced Pears
Fresh Fruit

Variety of Milk

THUR, MAY 21

Grilled Cheese

FRUIT & VEGETABLE CHOICES

Steamed Broccoli
Tater Tots
Fresh Fruit
Variety of Fruit Juice

Variety of Milk

FRIDAY, MAY 22

Stuffed Crust Pizza

FRUIT & VEGETABLE CHOICES

French Fries
Pepper & Tomato Cup
Bagged Carrots
Dried Fruit
Fresh Fruit

Variety of Milk



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MON, MAY 25

NO SCHOOL

TUES, MAY 26

MANAGER'S CHOICE

WED, MAY 27

MANAGER'S CHOICE

THURS, MAY 28

MANAGER'S CHOICE

FRI, MAY 29

MANAGER'S CHOICE

MON, JUNE 1

MANAGER'S CHOICE

TUES, JUNE 2

MANAGER'S CHOICE

WED, JUNE 3

MANAGER'S CHOICE

THURS, JUNE 4

MANAGER'S CHOICE

FRI, JUNE 5

MANAGER'S CHOICE
LAST DAY OF SCHOOL
