

Lakeland High School

Home of the Hawks
Curriculum Guide 2026-2027

You are responsible for meeting all graduation requirements. You cannot receive your diploma or participate in the graduation ceremony until you have met all requirements. If you are planning to attend a four-year college/university after graduation, it is recommended that you select the most rigorous course of study possible which typically includes honors and dual credit classes. Students planning to attend an out of state four-year college/university should plan on taking two years of a foreign language. Carefully check the entrance requirements of the institution of your choice as these vary by institution.

To earn a Lakeland School District diploma, students must be enrolled full-time at LHS. Full time students are enrolled in 6 classes unless they are taking dual credit courses or a religious release period, in which case, they must be enrolled in a minimum of 5 classes per semester. Only one pass/fail course is allowed on a student schedule per semester.

Students must take their classes in-person at Lakeland unless a class is unavailable or there is a schedule conflict. Exceptions require administrative approval. Students approved for an online class during the school day will be assigned to the library or a classroom where attendance will be taken. Students with an online class at the beginning or end of the school day, may complete the class off campus parent notification. Exceptions require administrative approval.

Student's petitioning to graduate from Lakeland High School after attending a non-accredited school, must be a full-time student at the start of their senior year and submit a portfolio of work. See board policy 2710 for additional information regarding portfolio requirements.

If a student is dual enrolled with another accredited high school program, they are considered a non-diploma seeking student. A non-diploma seeking student can transition to a diploma seeking student at any time before the start of their final semester by enrolling as a full-time student at LHS.

Fall or Spring semester schedule changes need to be completed by the end of the first week of the semester.

Withdrawal/No Credit Policy:

- If the educational team determines that a student is misplaced in a class, the student will be transferred to the appropriate class without an NC or W. The educational team will determine the transfer grade.

- A grade of a W will be recorded if a student drops a high school class after two weeks of the semester due to extenuating personal circumstances. The educational team will collaborate to decide on the withdrawal. A grade of a W does not affect G.P.A.

- A grade of an NC will be recorded for a high school class that is dropped after the 4th week of the semester when it is not a misplacement or extenuating circumstances. A grade of an NC has a negative impact on G.P.A. A course cannot be dropped for an NC after the end of the 1st quarter of the semester.

- A replacement class is required if the course removal drops the student below minimum requirements.

- Lakeland will follow college withdrawal policies for college classes

Grading Scale/Transcript Information

Students earning a D in an academic course can retake that course for elective credit; both attempts will be recorded on the transcript and counted in G.P.A.

Students who earn a C or higher in 8th grade Algebra 1 will have that course transcribed as an elective credit unless a parent submits a written request to remove it prior to graduation. If a student repeats Algebra 1 in high school, then the 8th grade Algebra 1 will not be included on the transcript.

Lakeland High School uses a weighted and unweighted grade point system. Unweighted GPA will be used to determine Honor Roll, academic award eligibility, Valedictorian/Salutatorian and Class Rank. Idaho colleges and universities utilize unweighted GPA for admission requirements and scholarship considerations.

Unweighted grade point values for Regular Courses:	A=4.0	B=3.0	C=2.0	D=1.0
Weighted grade values for Honors Classes:	A=4.5	B=3.5	C=2.5	D=1.5
Weighted grade point values for AP and Dual Credit:	A=5.0	B=4.0	C=3.0	D=2.0

Valedictorian/Salutatorian Requirements

Class of 2027:

For a student to be considered for Valedictorian/Salutatorian recognition, the following criteria must be met::

- (1) English 1 H, English 2 H, English 3 H/ ENGL 101, and ENGL 102 / ENGL175
- (2) Geometry H, Algebra 2 H (grades 9 and 10)
- (3) CHEM 101 (grade 11) and MATH 1300/1400 (grade 11)
- (4) Take either MATH 2510 or PHYS 1110* (grade 12)

Class of 2028 and Beyond:

To be considered for Valedictorian/Salutatorian recognition, the following criteria must be met:

- (1) English 1 H, English 2 H, English 3 H/ ENGL 101, and ENGL 102 / ENGL175
- (2) Geometry H, Algebra 2 H, MATH 1300 / MATH 1400, and MATH 2510
- (3) AP World History, HIST 111 / HIST 112, and POLS 101 / POLS 105
- (4) Students must take two years of foreign language*
- (5) Four years of science including two courses from the following: CHEM 101, BIOL 1060, or PHYS 1110*

Selection will be based on the highest unweighted cumulative GPA and completion of the courses listed above. For the classes of 2028 and beyond, in the event of a tie, selection criteria will include an analysis of grade pluses and minuses (+/-) earned in the required courses listed above.

* Students may take the equivalent dual-credit or online courses to meet these requirements with administrative approval. Students must take a minimum of three courses on the LHS campus during each semester of their junior and senior years. Students who transfer into LHS before the end of the first semester of their junior year will be eligible if they have taken all available honors or college equivalent classes at their previous school(s).

Athletes/Speech/Music/Drama Participants

Students participating in IHSAA competitions must pass the required number of classes each semester. Students attempting 6 or 7 courses in a semester must pass at least 5 classes and students attempting 5 courses in a semester must pass at least 4 classes to be sports eligible the following semester. Transfer students' academic eligibility will be reviewed by athletic administration. **Failure to pass the required number of courses leads to ineligibility for the following semester.** To regain IHSAA eligibility, students must pass the required number of courses before the start of the activity semester.

Students who participate in sports at the high school level may be granted up to two elective credits for each completed sports season. Credit will be posted to the semester in which the sport was completed.

Senior Project Guidelines

Class of 2027 - Seniors must complete a paper and presentation for their Senior Project, earning 70% or better on both to meet the graduation requirement.

Paper Options (must fulfill one of these options):

- Complete a five page argumentative research paper in English 4 or ENGL 101/102 at a 70% or better

Presentation Options (must fulfill one of these options):

- Complete a Motivate to Action presentation in speech or COMM 101 at LHS at 70% or better.
- Complete a Motivate to Action presentation for a LHS staff panel, fall semester of senior year at 70% or better.

Class of 2028 and Beyond - Seniors must complete a Future Readiness Project by the end of grade 12. This project is under development and information will be provided when it is available.

The NCAA

Student athletes who are interested in playing NCAA Division I or Division II sports in college must register with the National Collegiate Athletic Association (NCAA) Eligibility Center. Students who would like to play Division III sports do not need to register. The Eligibility Center determines if prospective college athletes are eligible to play Division I and Division II sports. Meeting NCAA requirements does not guarantee admission into college nor does it guarantee students placement on a Division I or Division II athletic team. The following link provides valuable information and resources that may be helpful to you in understanding NCAA eligibility and requirements.

<https://web3.ncaa.org/hportal/exec/links?linksSubmit=ShowActiveLinks>

Registration with NCAA

It is recommended that student athletes register online no later than the beginning of their junior year in high school. Students must be cleared by the Eligibility center before they can compete at a Division I or Division II institution or receive athletic scholarships. Students must create an account online, a personal profile and pay a registration fee with the NCAA Eligibility Center. **Submission of final transcripts and proof of graduation at the end of senior year is the student's responsibility.** To create an account go to the eligibility center at <https://web3.ncaa.org/ecwr3/>

Coursework Requirements To play Division I or Division II sports, students must:



- Complete the 16 Core Courses (see the lists below)
- Earn the minimum grade point average in Core Courses
- Graduate from high school

Division I (16 Core Courses) - 2.3 minimum GPA in Core Courses

4 years of English

3 years of Math (Algebra 1 or higher)

2 years of Science (Natural or physical, including 1 year of lab science)

2 years of Social Science

1 additional year of English, Math or Science

4 years of additional core courses (from any category above, foreign language, or philosophy)

Division II (16 Core Courses) - 2.2 minimum GPA in Core Courses

3 years of English

2 years of Math (Algebra 1 or higher)

2 years of Science (Natural or physical, including 1 year of lab science)

2 years of Social Science

3 additional years of English, Math or Science

4 years of additional core courses (from any category above, foreign language, or philosophy)

Approved LHS English Courses: English 1, 2, 3, 4 (including honors and concepts), Speech, COMM 101, ENGL 101, ENGL 102, Modern Fiction, Journalism

Approved LHS Math Courses: Alg1, Geometry, Alg 2 (including honors and concepts), Trig/Pre-Calc, NNU MATH 1300, 1400, NNU MATH 2240, NNU MATH 2510, Probability and Statistics, Calculus

Approved LHS Science Courses: Phys Science, Biology (including concepts), Ag Biology, Chemistry, Forensics, Earth Science/Astronomy, Anatomy & Physiology, NNU BIOL 1060, NNU PHYS 1110, CWI CHEM 101

Approved LHS Social Science Courses: Law & Order, Psychology, AP World History, US History, US Government, Economics, NIC HIST 111, NIC HIST 112, POLS 101, POLS 105, NIC ECON 201 and 202

Additional LHS Courses: French, 1 French 2, Spanish 1, Spanish 2



The National Association of Intercollegiate Athletics (NAIA) is an association that partners with small athletics programs that are “dedicated to character-driven inter-collegiate athletics.” Registration with the NAIA Eligibility Center is required for any student who plans to attend an NAIA school. <http://www.playnaia.org/>

LAKELAND HIGH SCHOOL GRADUATION REQUIREMENTS
Class of 2027

COURSE	CREDIT	GRADE
ENGLISH	8	9 - 12
ALGEBRA	2	9-10
GEOMETRY	2	9 -11
MATH ELECTIVES	2	9 - 12
HEALTH	1	10
SPEECH	1	10-11
PHYSICAL SCIENCE	2	9
BIOLOGY	2	10
SCIENCE ELECTIVE	2	11-12
US HISTORY 1,2, 3 ¹	3	11 -12
U S GOVERNMENT	2	12
ECONOMICS	1	12
FINE ARTS OR WORLD LANGUAGES ²	2	9-12
ELECTIVES	16	9-12
TOTAL	46	
Testing Requirements	ELA/Math ISAT Science ISAT	11
	State Civics Exam	11
Senior Project	Research and Presentation	12

Students must meet all State Board of Education Requirements.

The PSAT is offered in the 10th grade; students may opt out with parent permission.

The SAT is offered in the 11th grade; students may opt out with parent permission.

¹ Alternative Track noted on page 6

² Courses approved for the fine arts or world languages are: world languages,, art, music, theater, photography, modern fiction, movies as literature, graphic design, yearbook, Hello Hawks, game design, and history of sports.

LAKELAND HIGH SCHOOL GRADUATION REQUIREMENTS
Class of 2028 and Beyond

COURSE	CREDIT	GRADE
ENGLISH	8	9 - 12
ALGEBRA GEOMETRY MATH ELECTIVES	2 2 2	9-10 9 -11 9 - 12
HEALTH	1	10
SPEECH	1	10-11
PHYSICAL SCIENCE BIOLOGY SCIENCE ELECTIVE	2 2 2	9 10 11-12
US HISTORY 1,2, 3 ³ U S GOVERNMENT ECONOMICS	3 2 1	11 -12 12 12
FINE ARTS OR WORLD LANGUAGES ⁴	2	9-12
DIGITAL LITERACY	1	9 - 12
ELECTIVES	15	9-12
TOTAL	46	
Testing Requirements	ELA/Math ISAT Science ISAT	11
	State Civics Exam	11
Future Readiness Project		12

Students must meet all State Board of Education Requirements.

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The SAT is offered in the 11th grade; students may opt out with parent permission.

³ Alternative Track noted on page 6

⁴ Courses approved for the fine arts or world languages are world language, art, music, theater, photography, modern fiction, movies as literature, graphic design, yearbook, Hello Hawks, game design, and history of sports.

FINE ARTS / WORLD LANGUAGES & ELECTIVES Available for 9th Grade

FINE ARTS or WORLD LANGUAGES

Art 1
Pre AP Painting and Drawing
Beginning Guitar
Concert Band
Wind Symphony
Choir
Improv and Beginning Acting
Stagecraft
Modern Fiction*
Movies as Literature*
Sports & American History*
Photography*
Graphic Design 1, 2
French 1
Spanish 1
Yearbook

GENERAL ELECTIVES

PE
Cardiovascular Sports & Fitness*
Athletic Conditioning (FB, Girls VB/BB)
Strength Training
Crossfit
Basketball

Teen Living*
FCCLA Leadership*
Nutrition & Fitness Performance*

Law and Order*
Psychology*
Journalism

Intro to Animal Studies

Leadership (ASB/Class officers)

Industrial Mechanics I

Computer Applications 1, 2
Entrepreneurship*
Intro to Business*

Semester long courses are noted with an *

FINE ARTS / WORLD LANGUAGES & ELECTIVES

Available for 10th - 12th Grade

FINE ARTS or WORLD LANGUAGES

Art 1
Advanced Arts & Crafts 2, 3, 4
Pre AP / AP Painting and Drawing
Floral Design*
Concert Band
Wind Symphony
Choir
Beginning Guitar
Improv & Beginning Acting
Advanced Acting
Stagecraft
Modern Fiction*
Movies as Literature*
Sports & American History*
Photography*
Graphic Design 1, 2
French 1, 2
Spanish 1, 2
Video Production – Hello Hawks
Yearbook

SCIENCE ELECTIVES (11th-12th)

Chemistry / CHEM 101
Earth Science / Forestry or Forensics
Human Biology / BIOL 1060
Physics / PHYS 1110

MATH ELECTIVES (11th - 12th)

Algebra 2
Elementary Statistics / Math 2240
Math 1300
Math 1400
Math 2510

GENERAL ELECTIVES

PE
Cardiovascular Sports & Fitness*
Athletic Conditioning (FB, Girls VB, BB)
Strength Training
Crossfit
Basketball

Teen Living*
International Cuisine*
Intro to Culinary Arts
FCCLA Leadership*
Nutrition & Fitness Performance*

AP World History
Journalism
Law and Order*
Psychology*

Leadership (ASB/Class officers)

Intro to Animal Studies
Veterinary Studies*
Ag Leadership

Industrial Mechanics I, II

Computer Applications 1, 2, 3*
Entrepreneurship*
Intro to Business*
Personal Finance*

T.A, Office Aide, Educational Asst.
(By approval only)

Employment Focus (12th)

Idaho Digital Learning Alliance

KTEC, NIC, and NIC Workforce Training
(11th-12th)

Semester long courses are noted with an *

LANGUAGE ARTS

English 1 / English 1 H	2 semesters	2 credits	Grade 9
Development of written, visual & oral communication skills, including reading comprehension & language. Prerequisite: A or B in 8 th grade Honors English or an A in standard English. Students must earn a 70% or higher to remain in honors English 2 nd semester.			
English 2 / English 2 H	2 semesters	2 credits	Grade 10
Literature, writing, and grammar skills. Prerequisite: C or better in English 1 Honors or B or better in standard English 1. Students must earn a 70% or higher to remain in honors English 2 nd semester.			
English 3	2 semesters	2 credits	Grade 11
American Literature from the Colonial period to the present, teaching writing mechanics, organizing thoughts, and developing ideas. It also covers a research paper, reading, writing, and vocabulary skills.			
English 101 / Honors English 3			
English 101- Writing Rhetoric I	1 semester	1.5./3 NIC credits	Grade 11-12
Honors American Literature	1 semester	1 credit	Grade 11
ENGL 102	1 semester	1.5 / 3 NIC	Grade 12
Prerequisite: C- or higher in ENGL 101. Instruction in the research and writing skills, and processes. Students will learn methods for gathering, evaluating, synthesizing, and documenting a range of sources in support of expository and argumentative essays.			
ENGL 175 – Introduction to Literature	1 semester	1.5 cr./3 NIC cr.	Grade 12
Literature analysis of multiple literary genres satisfying an arts and humanities course requirement for A.S., A.A. and most transfer degrees. ENGL 101 (C- or above) is a prerequisite to enroll.			
English 4	2 semesters	2 credits	Grade 12
Essay, research paper, literature-reading skills, language and vocabulary development, to prepare students for adult life.			
Speech	1 semester	1 credit	Grades 10
Basic principles of effective communication and public speaking skills. Emphasis is placed on preparation and delivery of various speaking genres: informative, persuasive, argumentative, and more.			

MATHEMATICS

Algebra 1 / Algebra Concepts	2 semester	2 credits	Grade 9
Variables and expressions, order of operations, distributive properties, integers, rational numbers, square roots, solving equations, rations and proportions, percentiles, probabilities and odds, relations and functions, graphing linear equations, slope and linear equations, inequalities, monomials and polynomials, quadratic equations, and rational expressions.			
Geometry / Geometry H / Geometry Concepts	2 semesters	2 credits	Grades 9-12
Planar figures, congruence and similarity of convex polygons, and the direct proof, constructions, circles and arcs, right triangles, the concept of area, and an introduction to coordinate geometry.			
Algebra 2 / Algebra 2 H	2 semesters	2 credits	Grades 10-12
Advanced algebra—emphasis is on quadratic functions and their solutions.			
MATH 2240 - Elementary Statistics	2 semesters	3 NNU Credits	Grade 11-12
Prerequisite: Successful completion (C or higher) of Algebra 2. A yearlong course in descriptive and inferential statistics emphasizing procedures commonly used in measurement, evaluation, and research in the social/behavioral sciences, business, and education. Topics include concepts of sampling distributions, probability, hypothesis testing, Chi-square and F-Distribution, correlation, and regression. MATH 2240 transfers as an equivalent Elementary/Introductory Statistics course at most Idaho Colleges and Universities.			
MATH 1300 - College Algebra	1 semester (fall)	1.5 cr./3 NNU cr.	Grades 11-12
Functions, their properties and notation, in both algebraic and graphical context. MATH 1300 satisfies the math requirement for the A.A. / A.S degrees. Equivalent to one semester of high school trigonometry/pre-calculus. Transfers to Idaho Public Universities as MATH 143.			
MATH 1400 - Analytic Trigonometry	1 semester (spring)	1.5 cr./3 NNU cr.	Grades 11-12
Angles, trigonometric functions, graphs, right-triangle trigonometry, trigonometric/inverse trigonometric functions, law of sines and cosines. Equivalent to one semester of high school trigonometry/pre-calculus. Transfers to Idaho Public Universities as MATH 144.			

MATH 2510 - Calculus 2 semesters 2 credits/4 NNU credits Grade 12
Prerequisite: C or better in Trig/Pre-calculus. Calculus is the final math course in the math program. Students taking this class will have the option to earn college credit (MATH 2510) for this course through the NNU.

Math Applications 2 semesters 2 credits Grades 11-12
Prerequisite: Algebra 1 and geometry. Learn everyday use of mathematics for your future lives and careers. Topics include ISAT preparation, personal finance, business math, algebra, and geometry. Students who have completed Algebra 2 with a C or higher are not eligible to take Math Applications.

SCIENCE

Physical Science / Physical Science Concepts 2 semesters 2 credits Grade 9
Gain an understanding of physical science, measurement, tools, science's role in society, matter, energy. Semester 1 focuses on chemistry and Semester 2 on physics.

Biology / Biology Concepts 2 semesters 2 credits Grade 10
The study of living organisms, cells, mitosis, homeostasis and feedback mechanisms, energy and matter flow, photosynthesis, DNA, genetics, natural selection, adaptations, ecology, human impacts on ecosystems.

Ag Biology 2 semesters 2 credits Grade 10
General biology topics with an emphasis on agricultural themes. Opportunities to participate in the National FFA organization and complete a Supervised Agriculture Experience Project.

CHEM 101 - Chemistry 2 semesters 2/4 CWI credits Grade 11-12
Recommended Prerequisite: Completion of Algebra 2 or concurrent enrollment in Algebra 2. Atoms, molecular structure, bonding and stoichiometry, acid/base properties, reaction rates, gas laws, and nuclear properties. Transfers to Idaho public universities as CHEM 101.

BIOL 1060 - Human Biology 2 semesters 2 /4 NNU credits Grades 11-12
Study of the human body through lab experimentation, modeling, and dissections. Transfers to Idaho Public Universities as BIOL 175.

Earth Science 1 semester 1 credit Grades 11-12
The study of the interactions between the four major Earth spheres including the geosphere, atmosphere, hydrosphere, and biosphere in order to explain Earth's formation, processes, history, landscapes, and how and why Earth changes over time.

Forensics 1 semester 1 credit Grades 11-12
Integrate science and job skills that forensic science investigators use. A lab-based class, with an emphasis on chemistry, physical science, and biology. These labs are true inquiry-based, as are all crime scenes. Topics include forensics techniques, evidence collection, crime scene mapping, chemical evidence, chemical bonding and drug molecules, properties of arson cases, and chemistry of explosives analysis.

Forestry 1 semester 1 credit Grades 11-12
Forestry explores the science, management, and conservation of forest ecosystems. Topics include tree identification, forest ecology, wildlife habitat, soil and water conservation, and forest management practices.

PHYS 1110 - Physics 2 semesters 2 credits Grade 11,12
Prerequisite: Chemistry or teacher approval, completion/concurrent enrollment of Algebra 2. Explore the fundamental principles of physics: properties of matter, energy, and motion, and how these principles interact with each other. Topics covered include forces, motion, energy, electricity, magnetism, light, sound, and more. Transfers to Idaho Public Universities as PHYS 111.

SOCIAL STUDIES

U. S. History 1, 2 2 semesters 2 credits Grade 11
A review of American history from the settlement of America to World War II. First semester will review early American history and the second semester will study events from reconstruction to World War II.

U. S. History 3 1 semesters 1 credits Grade 12
Post-WWII to modern history. Gain insight into current events by drawing from past experiences. Students that have taken HIST 111/112 are not required to take this course for graduation.

U. S. Government

2 semesters 2 credits Grade 12

National government and its three branches, powers such as taxation and commerce, regulation of immigration and naturalization, civil rights, political parties, pressure groups, suffrage, nominations and elections. The final semester examines state and local government, including state constitutions, state finance, municipal government in action, and case studies of cities of the future.

Economics

1 semester 1 credit Grade 12

World economic systems, trade, economic indicators, supply and demand, credit, banking services, Federal Reserve policy, insurance, fraud, taxes, and investments.

AP World History

2 semesters 2 credits Grade 10-11

History from 8000 B.C.E. to the present, employing the same skills, practices, and methods used by historians (analyzing primary and secondary sources, developing historical arguments, making comparisons, and utilizing reasoning about contextualization, causation, and continuity and change over time). College credit via the Advanced Placement exam.

AGRICULTURE / FFA**Animal Studies**

2 semesters 2 credits Grades 9-12

Intro to Animal Studies is a foundational course designed for students interested in agriculture, livestock production, and animal-related careers. This class introduces students to the major livestock species and the science behind how animals grow, develop, and are managed. Students will be introduced to the FFA organization, leadership opportunities, Supervised Agricultural Experience (SAE) projects, and a wide range of career pathways in animal science and agriculture. As the entry-level course for the Animal Science and Veterinary pathway, Intro to Animal Studies builds a strong foundation in scientific thinking, responsible animal care, and leadership skills. FFA participation is required in this class.

Ag Biology

2 semesters 2 credits Grade 10

General biology topics with an emphasis on agricultural themes. Opportunities to participate in the National FFA organization and complete a Supervised Agriculture Experience Project.

Veterinary Studies

1 semester (FALL) 1 credit Grades 10 - 12

Veterinary Studies is a hands-on class for students interested in animal health, veterinary medicine, and pre-health career pathways. Students will explore how veterinarians and animal health professionals diagnose, prevent, and manage disease while promoting animal welfare. Learning comes to life through simulations, models, case studies, and real-world problem solving scenarios. FFA participation is required.

Floral Design

1 semester (SP) 1 credit Grades 10 - 12

This hands-on, project based course blends art and agriculture as students design eye-catching floral arrangements for a variety of events and occasions. Using the elements and principles of design, such as color theory, balance, texture, and visual impact, students turn flowers and greenery into meaningful works of art. This class also introduces entrepreneurship skills like pricing budgeting, marketing, and customer service in the floral industry. Along with exploring careers in floral design, event planning, and horticulture, students build creativity, craftsmanship, and professional presentational skills. FFA participation is required for this class.

Agriculture Leadership

2 semesters 2 credits Grades 10-12

Agricultural Leadership is a course designed to develop student leaders through active involvement in the FFA organization and agricultural leadership experiences. Students will build skills in public speaking, teamwork, meeting management, decision-making, and professional conduct while applying leadership concepts in real-world settings. The course emphasizes FFA leadership development, including participation in Career Development Events (CDEs), Leadership Development Events (LDEs), chapter activities, and community service projects. FFA participation is required and all FFA officers must take this course.

FAMILY AND CONSUMER SCIENCES**Teen Living**

1 semester 1 credit Grades 9-10

Teen Living is a life skills course designed to help students navigate adolescence and prepare for independent living. Students will build skills in personal development, relationships, family and human development, nutrition and wellness, personal finance, clothing and sewing, cooking and meal planning, interior design, career exploration, and leadership. Emphasis is placed on problem-solving, decision-making, communication, and responsible participation in family, school, and community life.

Nutrition & Fitness Performance

1 semester 1 credit Grades 9 - 12

Nutrition & Fitness Performance is a course designed for students interested in health, fitness, athletics, and lifelong wellness. This class explores the relationship between nutrition, physical activity, and overall performance, with a strong emphasis on how food fuels the body for daily life, training, and competition. Cooking labs will focus on the healthy preparation of meals, snacks, and beverages; while introducing meal planning and food safety. This course helps students make informed food choices that support lifelong healthy eating habits and practical skills for everyday life and athletic performance.

International Cuisine 1 semester 1 credit Grades 10-12
 International Cuisine is a course for students interested in food, culture, and career pathways in the culinary arts. This class explores cuisines from around the world, including cuisines of Europe, Asia, Africa, North and South America, while examining the cultural, historical, and geographical influences that shape global food traditions. Students will gain practical culinary skills, cultural awareness, and employability skills relevant to food production and culinary careers.

Intro to Culinary Arts 2 semesters 2 credits Grades 10-12
 Introduction to Culinary Arts is a course designed for students interested in food, hospitality, and culinary career pathways. In this class, students develop foundational skills in professional food preparation and an emphasis is placed on food safety and sanitation, service techniques, teamwork, and employability skills essential to the food industry. Throughout the course, students also participate in regular cooking labs that cover a wide variety of food categories and techniques. The first semester will focus on general cooking and the second semester will focus on baking. College credit may be available to students who successfully complete the ServSafe curriculum.

FCCLA Leadership 1 semester (fall) 1 credit Grades 9 - 12
 FCCLA Leadership is a leadership development course that focuses on building character, responsibility, and essential leadership skills. Students explore the qualities of effective leaders while developing communication, teamwork, and problem-solving skills that can be applied throughout their lives. As active members of FCCLA (Family, Career, and Community Leaders of America), students plan and implement service-learning and community projects that support their school and local community. This course emphasizes personal growth, engagement, and leadership through real-world experiences.

BUSINESS

Computer Applications 1 1 semester 1 credit Grades 9-12
 Computer knowledge from the basics to operating systems, application software, data information processing principles and terminology. Word processing, spreadsheets, desktop publishing, databases, and presentation software, web-page design and internet technology (web searches, bookmarks, saving text and pictures, and email).

Computer Applications 2 1 semester 1 credit Grades 9-12
 Prerequisite: Computer Applications 1. Information and data management, retrieval, merging, and presentation, as well as an introduction to database applications, word processing for complex business documents and reports, and spreadsheet software for business finance. It may be taken for college credit and Microsoft certifications.

Computer Applications 3 1 semester 1 credit Grades 10-12
 Prerequisite: Computer Applications 2. An examination of career and industry certification opportunities related to its coverage of advanced use and integration of productivity applications for data management, data analysis, and information presentation. College credit and Microsoft certifications can be earned upon completion.

Graphic Design 1 1 semester 1 credit Grades 9 - 12
 Design and execute layouts and illustrations using appropriate graphic arts tools.

Graphic Design 2 1 semester 1 credit Grades 9 - 12
 Prerequisite: Computer Graphics 1. Computer Graphics 2 expands on CG 1's skillset and covers additional web concepts.

Entrepreneurship 1 semester 1 credit Grades 9 - 12
 Explore how to come up with a good business idea; how to tell whether your idea could actually be turned into a profitable business; how to work with people; and how to finance a start-up business.

Introduction to Business 1 semester 1 credit Grades 9-12
 Learn about workplace success, basic business fundamentals, business terms, explore career pathways, create career building documents (e.g. resumes, application letters, applications for employment), and examine current/future business trends and opportunities.

Personal Finance 1 semester 1 credit Grades 10-12
 Financial management essential for life: credit, insurance, taxes, investing, consequences of financial decisions, and how to manage money responsibly. You will learn financial skills to use in life and become more responsible citizens.

Digital Literacy 1 semester 1 credit Grades 9 - 12
 Fundamentals of computer science concepts such as algorithms, coding, Artificial Intelligence (AI), basics of Cyber Security, internet safety and social media best practices, and citizenship in the digital world, including communication through digital means, such as online news and information.

PHYSICAL EDUCATION – HEALTH

PE	2 semesters	2 credits	Grade 9-12
Physical Education is designed to practice/develop skills, flexibility, strength, and cardiovascular endurance in activities that will help you maintain and develop fitness for life. You will assess your personal fitness levels and set personal fitness goals. Develop skills and strategies in cooperative and competitive games. May be repeated for credit.			
Athletic Conditioning I, II (Football, Girls VB and BB)	2 semesters	2 credits	Grades 9-12
Athletic Conditioning is a weight-training class designed for students participating in football or girls volleyball or basketball.			
Strength Training	2 semesters	2 credits	Grades 9 - 12
Strength Training is a lifting class for all students. Students will learn proper lifting techniques and increase strength and overall fitness.			
Cardiovascular Sports & Fitness	1 semester (spring)	1 credit	Grades 9-12
This course is designed to provide students with fundamental exercise training guidelines and principles to improve personal fitness through playing cardio sports such as soccer, handball, ultimate frisbee, and others. Students will participate in fitness activities and fitness testing throughout the course. May be repeated for credit.			
Crossfit	2 semesters	2 credits	Grades 9 -12
Crossfit is a high-energy, all-inclusive fitness class designed to help students build strength, confidence, and grit. This class blends weightlifting, bodyweight movements, cardio, teamwork, and general fitness into a variety of workouts that keep things fresh and exciting. You will improve endurance, coordination, and overall athleticism. No experience is required.			
Basketball	2 semesters	2 credits	Grades 9 - 12
In basketball, you will develop fundamental skills such as dribbling, shooting, passing, defense, and teamwork through drills, games, and friendly competition. Whether you're a seasoned player or just looking to sharpen your skills, this class offers a positive, active environment where students can grow as players, stay active, and enjoy the game of basketball every day.			
Health	1 semester	1 credit	Grade 10
Health the knowledge and skills needed to make positive decisions that allow you to stay physically, mentally, and socially healthy. Content includes: appearance, emotions, drug abuse, sports and recreation, nutrition, body systems, and other subjects which pertain to the emotional and physical development of the individual.			

INDUSTRIAL TECHNOLOGY

Industrial Mechanics I	2 semesters	2 credits	Grades 9-12
Students will learn shop safety, materials, and the process of Industrial Mechanics. Students will learn basic drafting, oxyacetylene weld several different weld joints, weld using SMAW and GMAW processes, and cut steel with the oxyacetylene process.			
Industrial Mechanics II	2 semesters	2 credits	Grades 10-12
Prerequisite: Industrial Mech 1. Learn skills in shop practices, welding, basic machine shop, metal working, rigging, troubleshooting, equipment installation, maintenance and repair for a variety of systems found in industrial operations.			

FINE ARTS and WORLD LANGUAGES

Art 1	2 semesters	2 credits	Grades 9-12
Elements and principles of design, art history, drawing, watercolor, collage, and techniques to draw more realistically.			
Advanced Art 2,3,4	2 semesters	2 credits	Grades 10-12
Prerequisite: Art 1. Experimentation with art theory and design, art history and analysis, advanced techniques in drawing, painting with watercolor and acrylics, sculpture, calligraphy, collage, fiberarts to include embroidery, knot techniques, portfolio development, handmade sketchbooks, posters and graphic design, creation of ornaments and small works for exhibit and Winter sale.			
Pre-AP / AP Painting, AP Drawing	2 semesters	2 credits	Grades 9-12
Prerequisite: Art 1 or instructor approval . Advanced techniques in watercolor, acrylic, and oil painting, drawing, and digital works. You will create a college-level online digital portfolio and professional artist statement. In the year-long AP class, college credit is available. Focus is on building a body of 2-dimensional fine artworks in the media of your choice and exploring your individual style - realism, fantasy, abstract, or anime, etc. Pre-AP can be semester, but AP has to be year-long			

Floral Design	1 semester (SP)	1 credit	Grades 10 - 12
This hands-on, project based course blends art and agriculture as students design eye-catching floral arrangements for a variety of events and occasions. Using the elements and principles of design, such as color theory, balance, texture, and visual impact, students turn flowers and greenery into meaningful works of art. This class also introduces entrepreneurship skills like pricing budgeting, marketing, and customer service in the floral industry. Along with exploring careers in floral design, event planning, and horticulture, students build creativity, craftsmanship, and professional presentational skills. FFA participation is required for this class.			
Choir	2 semesters	2 credits	Grades 9-12
A performance-based, non-auditioned class where students sing a variety of popular, concert and contest music. Music theory, terminology and history are also explored as a part of this class. This course may be repeated for credit.			
Concert Band	2 semesters	2 credits	Grades 9-12
A non-auditioned band class designed for preparing students for advanced music. Learn band fundamentals, improved technique and increased range. Students can participate in Pep Band, are eligible to Letter, and will perform in all major concerts and for graduation. This course may be repeated for credit.			
Wind Symphony	2 semesters	2 credits	Grades 9-12
Audition and/or director recommendation only. Prepare more advanced concert music, Pep Band music and perform for Valentine's Day and other concerts including Large Group Festival and graduation. This course may be repeated for credit.			
Beginning Guitar	2 semesters	2 credits	Grades 9-12
Requirements: A working acoustic guitar and case. Learn different styles and techniques of guitar playing including: guitar parts, tuning, hand positions, playing melody on all 6 strings, chord progressions in various keys, strumming patterns, bar chords, finger picking, power chords and music notations. This course is for those who have limited or no guitar experience.			
Improv and Beginning Acting	2 semesters	2 credits	Grades 9-12
Theater history, terminology, basic acting skills, character development, stage movement, and script and production analysis through dramatic exercises. Students will be required to participate in both in and out of class projects in order to fulfill the purpose of the class. Students will participate in improv theater activities during the first semester as an additional theatrical component.			
Advanced Acting	2 semesters	2 credits	Grades 10-12
Prerequisite: Acting 1 and/or teacher approval. Advanced acting and analysis skills through character development, stage movement, production analysis, and production techniques. Students will be required to participate in both in and out of class projects in order to fulfill the purpose of the class, including IHSAA competition. This class may be repeated for credit.			
Stagecraft	1 semester	1 credit	Grades 9 – 12
Theater stagecraft, set, costume, make-up, sound and light design. Learn the skills necessary to work on a crew for a theater production. Students will be required to participate in both in and out of class projects in order to fulfill the purpose of the class.			
Advanced Stagecraft	1-2 semesters	1-2 credits	Grades 10-12
Prerequisite: Stagecraft 1. Design presentation in the IHSAA District One Drama Competition and behind the scenes work for school productions. Students will be required to participate in both in and out of class projects in order to fulfill the purpose of the class.			
Movies as Literature	1 semester	1 credit	Grades 9-12
Analyze literary devices and concepts through the medium of film. We look at characterization, themes, allegory, paradox, film-making techniques, cinematography, performance lighting, color, etc. May be repeated for credit.			
Modern Fiction	1 semester	1 credit	Grades 9-12
Read and analyze modern fiction (science-fiction, horror, fantasy) novels from diverse authors, genres, cultures, and historical contexts. May be repeated for credit.			
Photography	1 semester	1 credit	Grades 9 - 12
Learn basic elements of art and principles of design, explore digital photographic history, artist study, equipment, materials, methods and processes, and use Adobe Photoshop as an art-making tool for beginning level students.			
Graphic Design	2 semesters	2 credits	Grades 9 -12
Computer Graphics prepares students to design and execute layouts and illustrations using appropriate graphic arts tools.			
Sports & American History	1 semester	1 credit	Grades 9 - 12
This class explores the evolution of athletics in the US, examining how sports have both shaped and reflected the social, economic, and political landscape of American and world history. Students will analyze the transformation of sports from local pastimes into a multi-billion dollar global entertainment industry. By studying key historical milestones, students will gain a deeper understanding of the American experience through the lens of competition and recreation.			

Spanish 1	2 semesters	2 credits	Grades 9-12
Prerequisite: "C" or better in English classes. This class will introduce students to the Spanish language and culture.			
Spanish 2	2 semesters	2 credits	Grades 10-12
Prerequisite: C or better in second semester of Spanish 1. Continued study in Spanish culture and language.			
French 1	2 semesters	2 credits	Grades 9-12
Prerequisite: "C" or better in English classes. This class will introduce students to the French language and culture.			
French 2	2 semesters	2 credits	Grades 10-12
Prerequisite: "C" or better in second semester French 1. Continued study in French culture and language.			
Video Production – Hello Hawks	2 semesters	2 credits	Grades 10 – 12
You will produce Hello Hawks for LHS and learn video camera operation, techniques, editing, and live streaming. Students will be involved in show planning, development, interviewing and news anchoring techniques.			
Yearbook	2 semesters	2 credits	Grades 9-12
Prerequisite: 3.0 cumulative GPA or teacher recommendation. Designed for students to create the production of the school yearbook. Learn about writing for a publication as they generate, layout, and produce the school yearbook. Writing, composition, meeting deadlines and flexibility. Students need a B or better in English to enroll in this class. This class may be repeated for credit.			

GENERAL ELECTIVES

Psychology	1 semester	1 credit	Grades 9-12
Learn about human behavior, intelligence, personality, emotional and behavioral adjustments, abnormal psychology and more.			
Law and Order	1 semester	1 credit	Grades 9-12
Basics of law enforcement, judicial procedure, courtroom procedure, etiquette, mock trials, and the American judicial system with an emphasis on how the law pertains to citizens.			
Teacher Aide	1 semester	1 credit	Grades 11-12
Prerequisite: Counselor approval. Students will complete duties as assigned by the teacher they are assisting. Students are graded on a pass/fail basis. There is a two semester limit for teacher's aide positions.			
Office Aide	1 semester	1 credit	Grades 10-12
Prerequisite: Counselor approval. Professional phone etiquette, office duties, and professional interaction with parents/patrons. Students will receive a letter grade for office aide. There is a two semester limit for office aide positions.			
Educational Assistant	1 semester	1 credit	Grades 11-12
Students who are passionate about exploring a career in education are placed in a classroom setting, typically offsite at the elementary or middle school level, and work under the supervision of the classroom teacher to provide support in the classroom.			
Journalism	2 semesters	2 credits	Grade 9-12
Prerequisite: 3.0 cumulative GPA or teacher recommendation. Learn about the role of journalism in our society. This class is intended for motivated students who will be creating news publications for Lakeland High School as well as an opportunity to practice broadcasting. Areas covered: history of journalism, hands-on experiences in news writing, sports coverage, feature writing, opinion writing, photography, photojournalism, social media, and more. This class may be repeated for credit.			
Leadership	1 semester	1 credit	Grades 9-12
Prerequisite: Elected ASB or Class Officer. Levels of leadership in community service, politics, and business; guest speakers/businesses, community service projects, organizing school activities, discussions of current political topics, and projects. This class may be repeated for credit.			
Employment Focus	2 semesters	2 credits	Grade 12
Seniors can earn one elective credit a semester by exploring the world of work through their own employment. Students must receive administrative approval to take this course and provide written proof at the beginning of each semester (i.e., a copy of a pay stub or statement from employer) verifying 10+ hours per week of employment. Students are graded on a pass/fail basis. A student cannot have both Employment Focus and an additional free period.			

IDAHO DIGITAL LEARNING ALLIANCE

Idaho Digital Learning Alliance (IDLA) offers online courses which can be paid for with Advanced Opportunity Funds if the online course is an overload class. Students must meet with their school counselor to register. www.idaho.digital.learning.org.

IDLA is utilized for electives not offered at Lakeland. Students are expected to take core graduation requirements in person at Lakeland if possible but an IDLA class may be considered in the case of a schedule conflict, overload, or extenuating circumstance. Administrative approval may be required.

Students approved for an online class during the school day will be assigned to the library where attendance will be taken. Students with an online class at the beginning or end of the school day, may complete the class off campus with parent notification. Exceptions require administrative approval.

Students are allowed to take up to 6 IDLA classes throughout high school per LJSB board policy

LAKELAND ADVANCED OPPORTUNITIES

Advanced Opportunities is state funding for dual credit college classes, overload high school online classes, technical training/apprenticeships, and college/certifications exams (AP, CTE, CLEP). LHS offers two pathways – Career/Technical and College/University.

Career/Technical Pathway

Recommended prerequisite: Good attendance and on track to graduate. If a program is in high demand then GPA, disciplinary record, and/or school attendance may be considered. Students completing a KTEC industry program with a completion grade of 80% or higher and proficient on their industry certification exam will be recognized at graduation with an honor cord.

The Kootenai Technical Education Campus (KTEC) is designed to provide students with 2 year industry hands-on programs. Students take 4 classes at LHS and a 2 hour class in their selected area of study at KTEC. KTEC is open to juniors and seniors in good standing with academics, attendance, and graduation status. Transportation will be provided to and from KTEC for the MID session only. Students attending the AM or PM session will need the ability to self-transport. Students apply for KTEC online at www.ktectraining.org

Certified Nursing Assistant (CNA): 2 semesters, 5 credits/per year Grades 11-12
This is a two year program where students will gain a comprehensive understanding of the healthcare system, be part of HOSA, receive instruction in anatomy & physiology, medical terminology, CPR certification, job shadowing, current trends, ethics, and professionalism. In the second year, Students will focus on more in-depth exposure to health care professions, completing their CNA requirements, take the NACEP exam, be in an internship, work on pass-assured pharmacy tech programs, obtain a certification in Assistant with Medication, and/or recertify in CPR & First Aid. Two NIC college credits are available.

Medical Assistant (MA): 2 semesters, 5 credits/per year Grades 11-12
Learn direct patient care in a doctor's office or urgent care setting and practice clinical/administrative skills such as interviewing patients, recording medical history, measuring vital signs, helping physicians with examinations, give injections or medications as directed by physicians, schedule appointments, collect and prepare samples of blood and other specimens for lab testing, disposing of contaminated supplies, and sterilizing medical instruments, and maintain inventory of medical and office supplies. Students will be prepared for the Idaho State Medical Assistant Certification exam and the National Certification as a Medical Assistant.

Dental Assistant 2 semesters, 5 credits Grade 12
This is a one year program open to seniors only. Students must provide their own transportation to Post Falls. History of dentistry, ethics and the law in dentistry, basic anatomy and physiology, head and neck anatomy, tooth morphology, infection control, pharmacology, oral pathology, nutrition, oral Hygiene, emergency management, chairside assisting, radiology, and dental office management, coronal polishing, initiating and regulating of nitrous oxide, placing sealants, fabricating temporary crowns, removal of ortho cement, and polishing restorations.

Cybersecurity 2 semesters, 5 credits/per year Grades 11-12
A two year program that includes basic skills to repair and maintain computer systems, hardware and software installation, and networking of computers and systems. Industry certification in CompTIA A+ and CompTIA Net+. Entry-level position responsibilities in cybersecurity include: maintaining computer network infrastructure and security; securing computer assets connected to the Internet; installing, configuring and securing PC systems and mobile devices; configuring and securing remote access networks; providing technical support and configuring and repairing endpoint devices.

Industrial Welding and Metal Fabrication	2 semesters, 5 credits/per year	Grades 11-12
This two year program is designed to prepare students for entry level employment as structural, pipe, or production welders. Students will be working toward industry certification by developing welding skills, blueprint reading, layout procedures, metallurgy and safety. Student test for certifications in FCAW 3G, 4G, and SMAW 3G , 4G.		
Automotive Technology	2 semesters, 5 credits/per year	Grades 11-12
This two year program introduces students to automotive technology, from systems and components to maintenance and repair. Students will learn to change oil, replace brakes, diagnose car problems, and understand automotive safety and environmental impact.		
Automotive Collision and Repair	2 semesters, 5 credits/per year	Grades 11 - 12
Students will learn basic skills required to become an entry-level collision & repair technician in an Inter-Industry Conference on Auto Collision Repair (I-CAR) and Automotive Service Excellence (ASE) facility. Students will learn how to prep for paint, removal and replacement of bolt-on parts, dent repair, final detailing, MIG welding, plastic repairs, setup and measurement for frame and unibody alignment, mechanical part operation and replacement, and estimating. Five NIC college credits can be earned.		
Construction Trades	2 semesters, 5 credits/per year	Grades 11-12
This 2 year program is based upon industry standards with the Residential Carpentry field. Topics covered: planning and design, marketing of a residential home, safety, tool usage, foundations, framing, roofing, etc. This program requires extensive standing, climbing, bending and kneeling. Six NIC college credits can be earned.		
Diesel Technology	2 semesters, 5 credits/per year	Grades 11-12
A 2 year comprehensive understanding of diesel engine operation and maintenance, including components, specifications, operation, repair, fuel systems, lubrication systems, electrical systems, etc. Students will be working towards industry certifications.		
Industrial Mechanics/Millwright	2 semesters, 4 credits/per year	Grades 11-12
This 2 year program is designed to prepare students for employment as industrial plant maintenance or millwrights. Students learn the basics of maintenance, fabrication, installation, and alignment of equipment used in modern industrial and manufacturing plants. (The program will be conducted at LHS with portions of the class taught at the NIC Parker Building). Certifications available in SMAW unlimited 1G, 2G, 3G, 4G and FCAW unlimited 1G, 2G, 3G, and 4G.		
Automation Manufacturing/Engineering	2 semesters, 5 credits/per year	Grades 11-12
This 2 year program is designed for future careers in Engineering or Engineering Technology. Subjects covered include computer aided drafting and design, electronics and electro-mechanical, hydraulics and pneumatics, motor controls and automation, robotics and programmable logic controls, gears and linkages, safety management, and machining.		
Plumbing	2 semesters, 5 credits/per year	Grade 11- 12
A two year program that provides classroom and hands-on training in the plumbing industry. If students get a part time job in plumbing for their junior and senior year and accumulate 2000 hours of work experience over the two years of the program then it completes the first year of a state of Idaho regulated 4 year apprenticeship program.		
Heating Ventilation Air Conditioning (HVAC)	2 semesters, 5 credits/per year	Grades 11-12
A 2 year program covering basic HVAC systems, electricity, heating systems, local fuel codes, applied thermodynamics, refrigeration cycle, psychometrics, duct system design, and system diagnosis. Hands-on lab exercises and cooperative work experiences included. Communication, occupational relations, and math is integrated into this program.		
Workforce Training Center	Length Varies	Grades 11-12
The Workforce Training Center in Post Falls offered students opportunities in certificate, license, and apprenticeship training programs. Advanced Opportunities funding may be used to pay for the cost of these programs. Students must meet age, specific program requirements, and be able to self-transport.		

COLLEGE/UNIVERSITY PATHWAY – DUAL CREDIT/AP

Dual credit allows eligible juniors and seniors to enroll in college courses for both high school and college credit. Requirements to participate in the dual credit program are an unweighted cumulative G.P.A. of 3.0 or higher and be at least 16 years of age or have completed ½ of your high school graduation requirements. Students are expected to abide by all NIC and NNU expectations and guidelines. Courses online or on the NIC campus follow NIC’s calendar.

Advanced Opportunities (AO) funds pay for college tuition for students that submit a signed AO Participation Form. If a student is unsuccessful in a class that was paid for by state funds (W or F), a flag will be placed on the student’s AO account and the student will be required to pay out of pocket and be successful in any dual credit classes taken in the next term before AO funds are available again. A student may ask to self-pay for a class before the Advanced Opportunities Verification window has ended to avoid a flag being placed on their state account. State funds cannot be used for textbooks or lab fees. Students are responsible to purchase or rent any required textbooks for selected courses.

The Advanced Placement Program® allows students to take college-level courses and earn college credits, while still in high school. A qualifying score on an AP Exam is typically eligible to receive college credit and/or placement into advanced courses in college.

Students have the option of taking classes on the college campus, online, or at LHS. College courses are listed on the high school transcript and transcribed at ½ the credit value awarded by the college (a 3 credit college course will be transcribed as 1.5 high school credits). Students who earn 12-25 college credits and 26 or more college credits will be honored at graduation with dual credit honor cords.

College courses taught at LHS:

COMM 101 – Intro to Speech Communication 1 semester 3 NIC credits Grades 11-12
 What is communication and how does it affect human interaction? Public speaking with attention to audience analysis and organizational and delivery skills.

ENGL 101 - Writing Rhetoric I 1 semester 3 NIC credits Grades 11-12
 Recommended: Honors English in 9th and/or 10th. Learn writing for a range of audiences, purposes, and contexts. Students will learn processes and strategies for writing and revising clear, precise, and accurate prose and will demonstrate their abilities in a series of academic essays, mainly expository. Students will also learn to read, analyze, synthesize, and respond to a wide range of written works.

ENGL 102 - Writing Rhetoric II 1 semester 3 NIC credits Grade 12
 Prerequisite: C- or higher in ENGL 101. Instruction in the research and writing skills, and processes. Students will learn methods for gathering, evaluating, synthesizing, and documenting a range of sources in support of expository and argumentative essays.

ENGL 175 – Introduction to Literature 1 semester 3 NIC credits Grade 12
 Survey literature’s many forms including essays, short stories, poetry, and drama. This course focuses on literature as a primary vehicle for ideas and values and helps students to recognize and appreciate the humanistic and artistic elements of literature. A grade of C- or above in ENGL 101 is required to take this course. This course is equivalent to one semester of senior English.

MATH 1300 - College Algebra 1 semester 3 NNU credits Grades 11-12
 A study of functions, their properties and notation, in both algebraic and graphical context. MATH 1300 satisfies the math requirement for the A.A. and A.S degrees. It is the equivalent of one semester of high school trigonometry/pre-calculus. Transfers to Idaho Public Universities as MATH 143.

MATH 1400 - Analytic Trigonometry 1 semester 3 NNU credits Grades 11-12
 A study of angles, trigonometric functions, graphs, right-triangle trigonometry, trigonometric and inverse trigonometric functions, and the law of sines and cosines. It is the equivalent of one semester of high school trigonometry/pre-calculus. Transfers to Idaho Public Universities as MATH 144.

MATH 2510 – Analytic Geometry and Calculus 1 2 semesters 4 NNU Credits Grade 12
 Functions, limits, continuity, differentiation, integration, applications and differentiation and integration of transcendental functions. Transfers to Idaho Public Universities as MATH 170.

HIST 111 - US History to 1876 1 semester 3 NIC credits Grade 11
 US history from the Pre-Columbian period through post-Civil War Reconstruction. This course fulfills a social science requirement for A.A., A.S., and most transfer degrees and will be recognized as the equivalent of one semester of high school US history.

HIST 112 - US History after 1876	1 semester	3 NIC credits	Grade 11
US history from the Gilded Age to the present. This course fulfills a social science requirement for A.A., A.S., and most transfer degrees and will be recognized as the equivalent of one semester of high school US history.			
POLS 101- American National Government	1 semester	3 NIC credits	Grade 12
United States government and the evolution of constitutional principles.			
POLS 105 - Introduction to Political Science	1 semester	3 NIC credits	Grade 12
Prerequisite: Pol Sci 101 with a C or better. International relations, comparative politics, political philosophy, and research methods. This class will typically transfer as an elective credit for most institutions.			
BIOL 1060 / Human Biology	2 semesters	4 NNU credits	Grades 11-12
Study the major systems of the human body through laboratory experimentation, modeling, dissections, and reading/lecture. Emphasis is placed on human anatomy and physiology, and the importance of maintaining homeostasis within the body. Transfers to Idaho Public Universities as BIOL 175.			
CHEM 101/101L- Introduction to Chemistry and Lab	2 semester	4 CWI credits	Grade 11
Major areas of general chemistry including atoms, nomenclature, molecular structure, bonding and stoichiometry, acid/base properties, reaction rates, gas laws, and nuclear properties. Transfers to Idaho Public Universities as CHEM 101.			
PHYS 1110/1110L - College Physics 1 and Lab	1 semesters	4 NNU credits	Grade 12
Prerequisite: Chemistry or teacher approval, completion/concurrent enrollment of Algebra 2. Physics is an algebra-based, introductory college-level physics course. Explore the fundamental principles of physics: properties of matter, energy, and motion, and how these principles interact with each other. Topics covered include forces, motion, energy, electricity, magnetism, light, sound, and more. Transfers to Idaho Public Universities as PHYS 111.			
PE 110R – Strength Training	1 semester	1 NIC credit	Grades 11-12
This class teaches the lifetime fitness activity of weight training. The course will familiarize students with weight training equipment, teach proper training principles and mechanics, and help the student develop a personalized training program. This course may be repeated for credit., State funds can only pass for this class one time.			
MATH 2240 - Elementary Statistics	2 semesters	3 NNU Credits	Grade 11-12
Prerequisite: Successful completion (C or higher) of Algebra 2. A yearlong course in descriptive and inferential statistics emphasizing procedures commonly used in measurement, evaluation, and research in the social/behavioral sciences, business, and education. Topics include concepts of sampling distributions, probability, hypothesis testing, Chi-square and F-Distribution, correlation, and regression. MATH 2240 transfers as an equivalent Elementary/Introductory Statistics course at most Idaho Colleges and Universities.			
AP World History	2 semesters	2 HS credits	Grade 10-11
History from 8000 B.C.E. to the present, employing the same skills, practices, and methods used by historians (i.e., analyzing primary and secondary sources, developing historical arguments, making comparisons, and utilizing reasoning about contextualization, causation, and continuity and change over time). Topics include development and interaction of cultures, state building, expansion, war, economic systems, and the development and transformation of social structures. Depending on their desired institution's policy, students may be able to earn college credit in History 101 and 102 by taking the Advanced Placement (AP) exam.			
AP Painting / AP Drawing	2 semesters	2 credits	Grades 10-12
Prerequisite: Art 1 or instructor approval. Explore the fundamentals of painting and drawing through lecture, demonstration, and hands-on practice to introduce students to color theory, composition, perspective, and techniques in drawing, and painting. Students will gain skills, knowledge of the creative process, and the opportunity to explore a variety of media and develop a portfolio of their work. Perfect for those interested in the arts, or those simply looking to improve their technique and develop their own style. Students who are proficient on the AP Portfolio may earn ART 111 college credit based on the AP policy at specific post-secondary institutions.			

Lakeland HS (Dual Credit / AP Course Offerings)

Course	Credits	Course	College	Potential of additional Credits	AP Score and Credit (UI)
Introduction to Speech Communication	3	COMM 101	NIC		
Writing Rhetoric I	3	ENGL 101	NIC		
Writing Rhetoric II	3	ENGL 102	NIC		
Introduction to Literature	3	ENGL 175	NIC		
US History to 1876	3	HIST 111	NIC		
US History after 1876	3	HIST 112	NIC		
American National Government	3	POLS 101	NIC		
Introduction to Political Science	3	POLS 105	NIC		
College Algebra	3	MATH 1300	NNU		
Analytic Trigonometry	3	MATH 1400	NNU		
Elementary Statistics	3	MATH 2240	NNU		
Calculus 1	4	MATH 2510	NNU		
Human Biology & Lab	4	BIOL 1060	NNU		
Introduction to Chemistry & Lab	4	CHEM 101	CWI		
College Physics 1 and Lab	4	PHYS 1110	NNU		
Strength Training	1	PE 110R	NIC		
AP World History				6	3 (HIST 101, 102)
AP Painting, AP Drawing				2	3 (ART 111)
Total Credits	50			8	