

Lunch Menu

Plainview Mattlin Middle School

May 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday


Thursday

Friday

4 Veggabol BBQ Chickpea Rice Bowl 

 Homemade Mac & Cheese 
 Garden Salad
 Fresh NY Local Apple
 


5 Soft Tacos
 Fiesta Corn
 Garden Salad
 Fresh Orange

6 General Tso Chicken Noodle Bowl 
 Steamed Carrots
 Garden Salad
 Fresh Pear

7 Nachos Grande
 Sour Cream
 Sauteed Corn & Black Bean Salsa
 Garden Salad
 Apple Slices

8 Mozzarella Sticks 
 Marinara Sauce Dip
 Garden Salad

11 Cheesy Stuffed Bread Sticks 
 Marinara Sauce Dip
 Garden Salad
 Fresh NY Local Apple


12 Sloppy Joe on a Bun 
 Baked Beans
 Garden Salad
 Fresh Orange


13 Mozzarella Sticks 
 Marinara Sauce Dip
 Sweet Potato Fries
 Garden Salad
 Fresh Pear


14 Nachos Grande
 Sour Cream
 Black Beans
 Garden Salad
 Apple Slices




15 Cheesy Stuffed Bread Sticks 
 Marinara Sauce
 Roasted Broccoli

18 Veggabol Lo Mein Chickpea Noodle Bowl 
 Homemade Mac & Cheese 
 Garden Salad
 Fresh NY Local Apple
 

19 Mac & Cheese with Spicy Beef 
 Homemade Mac & Cheese 
 Green Beans
 Fresh Orange


20 Ranch & Chicken Quesadilla
 Black Beans
 Fresh Pear


21 Beef Hot Dog on Bun
 Baked Beans
 Oven Baked Fries
 Apple Slices


22 Pizza Bagel 
 Ham & Cheese Bagel Melt 
 Caesar Salad
 Fresh Banana

25 

26 Chicken Nugget & Mozzarella Stick Combo
 Garden Salad

27 Whole Grain Pancakes with Sausage
 Fresh Blueberries
 Fresh Strawberries
 Sweet Potato Fries


28 Nachos Grande
 Sour Cream
 Sauteed Corn & Black Bean Salsa
 Garden Salad
 Apple Slices

29 Pizza Crunchers 
 Sweet & Spicy
 Roasted Corn
 Caesar Salad
 Fresh Banana

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

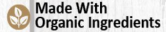
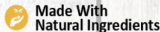
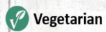
*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Meal Prices:
 ALL FREE MEALS
 Extra Milk \$0.60
 Gluten free/Vegetarian options available
 For more information email General Manager Megan McDonnell at nortonm@whitsons.com



Available Daily: Asst. Pizza, Hamburger/cheeseburger, asst. chicken patty, WG bagel w/yogurt, asst. Yogurt parfaits, asst. sandwiches, asst. salads.
Daily fruit/vegetables: Apples, oranges, pears, bananas and asst. 100% juice
Available milk: 1% white, fat free white, fat free chocolate

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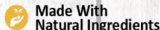
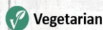
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