

May 2026 Dysphagia Breakfast and Lunch Menu

May 1

Breakfast: Pureed Yogurt Meal, Mini Pancakes w/ chicken, Applesauce

Lunch: Green Chili Cheese Burrito w/ Nacho Cheese, Cauliflower, Green Beans, Mandarin Oranges

May 4

Breakfast: Fruit & Yogurt Parfait, Applesauce

Lunch: Spaghetti, Glazed Carrots, Cauliflower, Applesauce

May 5

Breakfast: Oatmeal w/ Compote, Applesauce

Lunch: Cheese Enchiladas, Seasoned Black Beans, Green Beans, Fruit Cobbler

May 6

Breakfast: Pureed Cream of Wheat w/ Fruit Compote, French Toast w/ Fruit Compote, Applesauce

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

May 7

Breakfast: Chicken Biscuit w/ Gravy, Applesauce

Lunch: Macaroni & Cheese, Tomato Soup, Creamed Spinach, Mandarin Oranges

May 8

Breakfast: Pureed Oatmeal w/ Fruit compote, Seasonal Muffin w/ Fruit Compote, Applesauce

Lunch: Chicken Nugget, Green Beans, Mashed Potatoes w/ Gravy, Applesauce

May 11

Breakfast: Oatmeal w/ Fruit Compote, Applesauce

Lunch: Beef & Cheese Nachos, Seasoned Black Beans, Cauliflower, Applesauce

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This institution is an equal opportunity provider.

May 12

Breakfast: Chicken & Waffles, Applesauce

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler

May 13

Breakfast: Pureed Oatmeal w/ Fruit Compote, Cinnamon Roll w/ Chicken, Applesauce

Lunch: Mashed Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce

May 14

Breakfast: Cream of Wheat w/ Fruit Compote, Applesauce

Lunch: Chili, Mashed Potatoes w/ Gravy, Seasoned Black Beans, Tropical Fruit Mix

May 15

Breakfast: Pureed Yogurt Meal, Mini Pancakes w/ chicken, Applesauce

Lunch: Green Chili Cheese Burrito w/ Nacho Cheese, Cauliflower, Green Beans, Mandarin Oranges

May 18

Breakfast: Fruit & Yogurt Parfait, Applesauce

Lunch: Spaghetti, Glazed Carrots, Cauliflower, Applesauce

May 19

Breakfast: Oatmeal w/ Compote, Applesauce

Lunch: Cheese Enchiladas, Seasoned Black Beans, Green Beans, Fruit Cobbler

May 20

Breakfast: Pureed Cream of Wheat w/ Fruit Compote, French Toast w/ Fruit Compote, Applesauce

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

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May 21

Breakfast: Chicken Biscuit w/ Gravy, Applesauce

Lunch: Macaroni & Cheese, Tomato Soup, Creamed Spinach, Mandarin Oranges

May 22

Breakfast: Pureed Oatmeal w/ Fruit compote, Seasonal Muffin w/ Fruit Compote, Applesauce

Lunch: Chicken Nugget, Green Beans, Mashed Potatoes w/ Gravy, Applesauce

May 26

Breakfast: Holiday Yogurt Meal, Applesauce

Lunch: Chili, Glazed Carrot, Seasoned Black Beans, Tropical Fruit Mix

May 27

Breakfast: Pureed Oatmeal w/ Fruit Compote, French Toast w/ Fruit Compote, Applesauce

Lunch: Mashed Potato Bowl w/ Cheese & Chicken, Glazed Carrots, Green Beans, Applesauce

May 28

Breakfast: Cream of Wheat w/ Fruit Compote, Applesauce

Lunch: Turkey Alfredo, Green Beans, Sweet Potato, Fruit Cobbler

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