



Sweet Home TIES Newsletter



March 2026

Welcome to the first edition of the Sweet Home CSD TIES newsletter! This is a monthly report to help you stay updated on news and activities going on in the program. I will share some ideas of activities happening in the district and community that you/your child may be interested in. Also, please contact me if there is a particular activity that you/your child is interested in pursuing, and I will be happy to assist you.

News:

- In February, the High School hosted a successful TIES volunteer recruitment event during student lunches! We recruited 9 new volunteers!
- TIES is accepting applications for new participants! Students who live in the district in grades 3-12, have a developmental disability, and would like support to participate in extracurricular activities are welcome to apply!

Activities:

Amherst Youth and Recreation: Contact WWW.amherstyouthandrec.org or [\(716\) 631-7132](tel:7166317132) for more information, class listings, and to register your student.

- Adaptive Recreation (ages 9-15) Wednesdays 4:30-6:00 pm, 2 sessions March 11-April 22, April 29- June 3
- Teen Pickleball (ages 13-18) Tuesdays March 10-April 21 6:30-8:00 pm
- Fitness for all: (ages 11-14) Thursday 6:30-8:00 pm, 2 sessions March 12- April 23, April 30- June 4
- Indoor Soccer (ages 13-18) Monday 7:30-9:00 pm, 2 sessions March 9- April 20, April 27- June 8
- Social gaming club (ages 11-16) Thursday 4:30-6:30 pm 2 sessions March 12-April 23, April 30- June 4
- Culinary Arts (ages 10-14) Thursday 6:00- 7:00 pm, March 12-April 23
- Mediums of Art (ages 11-16) Monday 4:30- 6:00 pm, 2 sessions March 9- April 20, April 27- June 8

- Middle School Student Nights! Amherst Youth Foundation, March 21st and May 16th from 7:00- 9:30pm-crafts, snacks, sports, DJ and more!
- Rec Night Middle School- North Amherst Community Center, Fridays April 17th and May 8th from 6:30-8:30pm- hang with friends, gym activities and crafts

Sweet Home Community Education- Contact 716-250-1424 or visit www.sweethomeschools.org for more information.

- Shamrock Shenanigans- Saturday March 14th 9:30- 11:30 am, Create festive crafts, hunt for gold coins, decorate cupcakes and enjoy interactive games!

Sweet Home Middle School

- After school fitness center starts Tuesday March 17th, Every Tuesday and Thursday after school from 2:45 pm to 4:00 pm. After school bus available
- 7th and 8th grade boys Tennis- no previous experience needed. See email on Schoology for more information

Sweet Home Modified, JV and Varsity Spring Athletic Registration is now open!

- Modified: Baseball, Softball, Flag Football, Boys Lacrosse, Girls Lacrosse, Boys and Girls Track
- JV/Varsity: Baseball, Softball, Girls Flag Football, Boys Lacrosse, Girls Lacrosse, Boys Tennis, Boys Track and Field, Girls Track and Field, Unified Basketball

Kids Play of WNY- Williamsville

- Spring Flag Football and Spring Soccer registration has started- visit www.kidsplaywny.com and choose Williamsville for more information!

Sweet Home CSD TIES Coordinator

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