



# J.S. Morton High School Menu

## April 2026 Breakfast & Lunch

MONDAY APRIL 6, 13, 20, 27	TUESDAY APRIL 7, 14, 21, 28	WEDNESDAY APRIL 1, 8, 15, 22, 29	THURSDAY APRIL 2, 9, 16, 23, 30	FRIDAY APRIL 3, 10, 17, 24
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**Spring Break is 3/30 – 4/6**

**Breakfast includes servings of grain/protein, fruit, and milk.**

<p><i>Hot Breakfast</i> <b>Sausage, Egg, &amp; Bagel Sandwich</b></p> <p><i>Grab 'n Go</i> <b>Kellogg's Cereal Bowl Pack</b></p> <p><b>*Fruit Selection</b> <b>Banana Smoothie Milk Carton</b></p>	<p><i>Hot Breakfast</i> <b>Breakfast Pizza</b></p> <p><i>Grab 'n Go</i> <b>Kellogg's Strawberry Pop Tart</b></p> <p><b>*Fruit Selection</b> <b>Mango Strawberry Smoothie Milk Carton</b></p>	<p><i>Hot Breakfast</i> <b>Bacon, Egg, &amp; Cheese Sandwich</b></p> <p><i>Grab 'n Go</i> <b>Breakfast Muffin &amp; String Cheese</b></p> <p><b>*Fruit Selection</b> <b>Orange Vanilla Smoothie Milk Carton</b></p>	<p><i>Hot Breakfast</i> <b>Pancake Breakfast</b></p> <p><i>Grab 'n Go</i> <b>General Mills Cereal Bar</b></p> <p><b>*Fruit Selection</b> <b>Mango Smoothie Milk Carton</b></p>	<p><i>Hot Breakfast</i> <b>Breakfast Burrito</b></p> <p><i>Grab 'n Go</i> <b>Strawberry Yogurt Chex Mix</b></p> <p><b>*Fruit Selection</b> <b>Berry Smoothie Milk Carton</b></p>
<p><b>FIESTA Burrito Bowl</b> GRILL <b>Chicken Club Wrap &amp; Fries</b> DELI <b>Turkey Sub Sandwich</b> PIZZA <b>Sausage Pizza Slice</b></p>	<p><b>FIESTA Loaded Tots</b> GRILL <b>Spicy Tenders &amp; Mac &amp; Cheese</b> DELI <b>B.L.T.A. Wrap</b> PIZZA <b>Cheese Pizza Slice</b></p>	<p><b>FIESTA Spicy Chicken &amp; Broccoli Alfredo</b> GRILL <b>Hotdog &amp; Fries</b> DELI <b>Italian Sub Sandwich</b> PIZZA <b>Pepperoni &amp; Giardiniera Pizza Slice</b></p>	<p><b>FIESTA Grilled Cheese &amp; Tomato Soup</b> GRILL <b>Spicy Chicken Sandwich w/ Pickles, Lettuce</b> DELI <b>Ranch Chicken Wrap</b> PIZZA <b>Sausage &amp; Pepperoni Pizza Slice</b></p>	<p><b>FIESTA Walking Taco or Nachos w/ Chicken &amp; Cheese</b> GRILL <b>Bacon Cheeseburger</b> DELI <b>Ham Sub Sandwich</b> PIZZA <b>BBQ Chicken Pizza Slice</b></p>

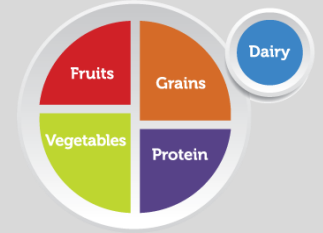
**Meatless Entrées Available Daily: Veggie Burger, PB&J Sandwich, or Entrée Salad**

**Lunch Sides: Choose a vegetable side and a fruit side**

<p>Spicy Slaw Cucumbers w/ Lime Fresh Fruit: Grapes Tangerine</p>	<p>Pasta Salad Broccoli w/ Ranch Fresh Fruit: Melon Mango w/ Tajin &amp; Lime</p>	<p>Carrots w/ Ranch Pasta Salad Fresh Fruit: Tangerine Fruit Juice</p>	<p>Pasta Salad Broccoli w/ Ranch Fresh Fruit: Melon Mango w/ Tajin</p>	<p>Spicy Slaw Cucumbers w/ Lime Fresh Fruit: Grapes Tangerine</p>
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*Offer vs. Served:*  
Each meal must include at least a ½ cup serving of fruit or vegetable.  
*Please Note:*  
Menu substitutions may occur due to supply chain disruptions.

### CHOOSE MY PLATE GUIDE



Meals follow the USDA guidelines for the National School Lunch Program

**\*Fruit Selection varies by day**

apples, mango, oranges, peaches, bananas, pineapple, dried or canned fruit, 100% real fruit juice

2oz protein serving with each lunch entree

You may select one 8oz. carton of milk with each breakfast  
And each lunch meal

**Milk Selection**  
1% white

Fat-Free Chocolate

*\*Selections are bundled meals featuring grains and meats and also include 1 cup vegetable, 1 cup fruit and 8 oz. milk selection*

A la Carte Items available daily. Items must be paid for with cash at the time of purchase and do not qualify for a subsidized meal

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age, or disability.