

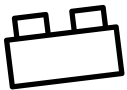


Adaptive Programs for the Fall

Circle of Friends

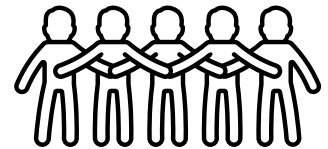
Mondays at 4:30-5:30 pm

Circle of Friends is a unified social skills program designed for individuals with and without disabilities to connect, grow, and build meaningful friendships in a supportive and inclusive environment. Activities are developmentally appropriate and tailored to meet the social-emotional needs of participants through games, music and movement, guided discussions, and collaborative experiences. This program promotes empathy, communication, and belonging, while celebrating each person's unique abilities and strengths



Sensory Builders

Wednesday Ages 5-8 4:30pm and Ages 9-12 5:30pm



Get ready to build, squish, stack, and sculpt! Sensory Builders is a fun, weekly adaptive program where participants explore hands-on activities like Legos, kinetic sand, playdough, slime, and more. Each week offers a new sensory-rich experience designed to spark creativity, encourage self-expression, and support fine motor development. This inclusive class is perfect for kids who love to create and explore in a supportive, low-pressure environment.

Where: West Chester YMCA 605 Airport Road West Chester PA 19380

Contact Karen Turek at kturek@ymcagbw.org

<https://ymcagbw.org/adaptive-programs-ymca>