

BERMUDIAN SPRINGS SECONDARY SCHOOLS

Monday

Tuesday

Wednesday

Thursday

Friday

4
Sausage Egg N Cheese Croissant
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Day 3

5
Bacon Egg N Cheese Biscuit
Hash brown
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Day 4

6
Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 5

7
French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 6

1
Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 2

8
Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 1

11
Sausage Egg N Cheese Croissant
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Day 2

12
Bacon Egg N Cheese Biscuit
Hash brown
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Day 3

13
Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 4

14
French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 5

15
Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 6

18
Sausage Egg N Cheese Croissant
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Day 1

19
Bacon Egg N Cheese Biscuit
Hash brown
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Day 2

20
Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 3

21
French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 4

22
Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 5

25
NO CHOOOL

26
Bacon Egg N Cheese Biscuit
Hash brown
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfait
Assorted Fruit
Assorted Juice
Day 6

27
Fresh Baked Cinnamon Rolls
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 1

28
French Toast Sticks
Sausage Links
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 2

29
Assorted Doughnut Holes
Assorted Cold Cereal
Assorted Pop tarts
Fruit & Yogurt Parfaits
Assorted Fruit
Assorted Juice
Day 3

Menu Subject to Change without notice.
Judy Sterling Director of Food Services- jsterling@bermudian.org