

# Early Childhood Family Education (ECFE)

*Infants, Toddlers, Preschoolers & Parents*



*Early Childhood  
Where BEARS Begin*



2026-2027  
Registration  
Guide



# Program Information

## WELCOME

### Early Childhood Family Education (ECFE)

ECFE offers classes for parents and their children ages birth to 5 years old (before kindergarten).

- ◆ Programs are designed for parents and their infants, toddlers, and preschool age children.
- ◆ Classes help strengthen family relationships and provide information and resources to parents.
- ◆ Programs strive to build a strong foundation for families by forming a partnership between home and school.

## BIENVENIDO

### Educación Infantil Familiar (ECFE)

ECFE ofrece clases a padres/madres/guardianes y a sus hijos de 0 a 5 años (antes del kindergarten)

- ◆ Los programas están diseñados para los padres y sus hijos/as en edad preescolar.
- ◆ Las clases ayudan a fortalecer las relaciones familiares y a proveer información y recursos a los padres para ayudar a sus hijos a crecer y a desarrollar su potencial al máximo.
- ◆ Los programas ayudan a establecer una asociación fundamental entre la escuela y la familia.

## ZOO SIAB TXAIS TOS

### Kev kawm ntawv (ECFE)

ECFE muaj qhia ntawv rau cov niam txiv thiab cov menyuam mos yug los txog rau 5 xyos (ua ntej kawm ntawm qib kindergarten).

- ◆ Cov kev pab cuam yog tsim rau cov niam txiv thiab lawv cov menyuam mos, menyuam yau, thiab cov menyuam kawm preschool.
- ◆ Kev kawm ntawv yog pab kom muaj kev sib raug zoo rau tsev neeg thiab muaj lus qhia thiab kev pab rau cov niam txiv ntawm txoj kev pab txhawb lawv cov menyuam loj hlob.
- ◆ Muaj kev rau tsev neeg koom tes ntawm hauv tsev thiab lub tsev kawm ntawv.

## Contact Us

Programs, Registration, Events & Class Openings

Main Office: 651-653-3100

### Early Childhood Programs

**Jennifer Chappuis, Assistant Director of Early Childhood Programs**

651-653-3102 | jennifer.chappuis@isd624.org

**Julie Peterson, Early Childhood Program Specialist**

651-653-3118 | julie.peterson@isd624.org

### Early Childhood Special Education

**Angela Drange, Assistant Director of Special Education Services**

651-653-3101 | angela.drange@isd624.org

## Early Childhood Sites

Each of the White Bear Lake Area Schools' Early Childhood program sites have unique areas that foster large muscle development and active play. Locations and codes for those school are listed below.

- **Early Childhood Center at Sunrise Park - SP**  
2399 Cedar Avenue, White Bear Lake
- **Oneka Elementary - OE**  
4888 Heritage Parkway N, Hugo
- **Tamarack Nature Center - TAM**  
5287 Otter Lake Road, White Bear Township
- **Hugo Early Childhood Center - HU**  
14895 Francesca Ave N, Hugo

## Home Visits

### ECFE Makes House Calls

Home visits are offered to families with children birth to age five (not yet in kindergarten). Our Family Advocate will share information about community resources and talk about how children grow and develop, and how your child learns.

Contact Kristi to schedule your free home visit.

651-653-3157 | kristi.gile@isd624.org

## ECFE Classes include Three Components:

### Parent-Child Interaction

You and your child spend time together enjoying activities designed to enhance learning. You will leave with new ideas for things to do together at home.

### Parent Education

Meet with other parents and a licensed ECFE teacher to discuss topics such as development, temperament, discipline, and getting ready for school. The parenting group time takes place in a separate room or in a designated area of the children's classroom for non-separating classes.

### Children's Classroom

While parents participate in parent education, children learn through play in a classroom with early childhood staff. Children will enjoy music, art, stories, large and small motor activities as they interact with other children.



## Infants

**AGES BIRTH - 12 MONTHS**

This class includes activities, songs, rhymes, movement, and parent discussion with a trained parent educator. You and your child will spend time together exploring toys and participating in classroom activities in a stimulating environment.

**Mondays | SP**

**6-12 Months Old | 8:45-10:15 AM**

**0-6 Months Old | 10:30 - 11:45 AM**

**Cost: Fee B (see back cover)**

*\*Non-separating*

## Ones

**AGE 1 BY SEPT 1, 2026**

Parent-child activities are planned for children ages 12-23 months. Discussion topics include child development, eating and sleeping routines, and parenting styles.

**Tuesdays | 8:45-10:45 AM | SP**

*\*Gradual parent/child separation will occur*

**Wednesdays | 8:45-10:45 AM | SP**

*\*Gradual parent/child separation will occur*

**Cost: Fee A (see back cover)**

## ECFE Terrific Twos

**AGE 2 BY SEPT 1, 2026**

Join us for this unique opportunity where we highlight the developmental milestones happening during this age, such as self regulation, independence, motor development, communication and language development.

**Wednesdays | 8:00-10:00 AM | HU**

**Thursdays | 8:45-10:45 AM | SP**

**Cost: Fee A (see back cover)**

## Multi-Age

**AGES BIRTH - 5 BY SEPT 1, 2026**

Join families with children birth to five (before kindergarten) and participate in age appropriate activities. There will be a separate parenting time to learn about child development, handling tantrums and anger, toilet learning, and other topics. Gradual parent/child separation is flexible and can occur as the child's needs are met.

**Mondays | 8:45-10:45 AM | HU**

**Cost: Fee A (see back cover)**

**Mondays | 6:00 PM-7:30 PM | HU**

**Cost: Fee B (see back cover)**

**Tuesdays | 6:00-7:30 PM | SP**

**Cost: Fee B (see back cover)**

**Thursdays | 12:00-2:00 PM | SP**

**Cost: Fee A (see back cover)**

**Wednesdays | 8:45-10:45 AM | SP**

**Cost: Fee A (see back cover)**

*\*Birth-12 months are non-separating*



### STAY CONNECTED!

Follow us on social media

Facebook: [@wblasrec](#)

Instagram: [@WBLASComServRec](#)

# ECFE Classes

## Family Literacy

AGES BIRTH TO 5 (BEFORE KINDERGARTEN)

This multi-age class meets twice a week for families looking to practice English together. Parents and children will tell stories, create art, music and more. There will be a separate time to talk about parenting and learn English. The class is co-taught by an English/ESL teacher and an ECFE/parent educator.

**Mondays & Wednesdays | 9:30 AM-12:00 PM | SP | \$26/month**

*\*Transportation is available*

**Tuesdays & Thursdays | 9:00-11:30 AM | SP | \$26/month**



Scan the QR code to view the course description in Spanish, Hmong, or Somali!

## Knee-High Nature

AGES 2-3 BY SEPT 1, 2026

In this unique parent-child program, we venture beyond the classroom to explore and uncover nature's wonders. Parents and children will enjoy one-on-one time both indoors and outdoors. Additionally, parents will have the opportunity to meet separately with the teacher to discuss their child's learning and development, while children engage with a Naturalist to discover more about themselves, each other, and the natural world.

**Wednesdays | 11:30 AM-1:30 PM | TAM | Cost: Fee D (see back cover)**

*\*Wednesday families are welcome to bring a picnic lunch*

**Fridays | 8:45-10:45 AM | TAM | Cost: Fee D (see back cover)**



## Help Me Grow

### Early Childhood Information & Referral

Some children need extra support to learn and grow. Help Me Grow is a Minnesota state initiative that connects children with developmental delays or disabilities—and their families—to free, local early intervention services.

If you have concerns about a child's development, you can refer them to Help Me Grow for a free screening or evaluation. These services are available at no cost to eligible children from birth to age five, regardless of income or immigration status.

Visit [helpmegrowmn.org](http://helpmegrowmn.org) for valuable resources, including developmental milestones, strategies to support growth, and referral information.



## Pop In & Play Time!

AGES BIRTH - 3 YEARS, 11 MONTHS BY SEPT 1, 2026

Parents and children will enjoy a variety of activities and circle time with our Early Childhood teachers. Grandparents and other caregivers are welcome.

**Tuesdays | 11:00 AM-12:00 PM | SP**

**Wednesdays | 10:30-11:30 AM | HU**

**Thursdays | 11:00 AM-12:00 PM | SP**

**Cost: \$5/session, register monthly**  
Non-separating



## Grandparents Class

AGES BIRTH - 5 BY SEPT 1, 2026

When we had young children, there was no instruction manual—and as we step into grandparenting, we find that hasn't changed! Whether you're raising your grandchild full-time or simply looking for special moments together, this ECFE class is for you.

Join other grandparents in a welcoming space designed for young children, where you can connect, play, and share experiences. During our separation time, we'll explore the unique joys and challenges of grandparenting while the children engage in fun, age-appropriate activities.

*Classes run in two 8-week sessions*  
(Sept 14 - Nov 12 & Mar 29 - May 27)

**Mondays | 8:45-10:45 AM | SP**

**Thursdays | 8:45-10:45 AM | SP**

*\*Birth-12 months are non-separating*

**Cost: Fee C (see back cover)**

## Young Explorers: Drop-Off Class

AGES 2 YEARS, 6 MONTHS - 3 YEARS, 11 MONTHS BY SEPT 1, 2026

In these engaging mini sessions, children will explore, learn, and discover exciting new things! Each themed class provides opportunities to develop age-appropriate skills, spark curiosity, and encourage hands-on learning. Mini sessions run from September through May.

*\*Please note: The Hugo class will not have an on-site nurse.*

**\$66/Session**

### Session 1 - September: "Pete the Cat's Groovy Adventure"

Welcome to *Pete the Cat's Groovy Adventure*! Join Pete and friends as we groove through fun stories, songs, and colorful activities. Your child will explore music, colors, and friendship while tapping into creativity and imagination. Every day is a new groovy journey full of laughter, learning, and cat-tastic fun. Let's slide into adventure and sing our way through a playful, joyful class!

**Sunrise Park | Tuesdays | Sept 15, 22, 29 | 8:45-10:45 AM**

**Hugo | Wednesdays | Sept 9, 16, 23 | 12:00-2:00 PM**

**Oneka | Fridays | Sept 11, 18, 25 | 8:45-10:45 AM**

### Session 2 - October: "When You Wish Upon a Star"

Welcome to *When You Wish Upon a Star*! Step into a world of magic, moonlight, and sparkling dreams. Your child will explore the night sky, twinkling stars, and the power of wishing big through crafts, songs, and imaginative play. Each day is a magical adventure where creativity soars, friendships blossom, and dreams take flight. Let's follow the twinkle of the stars and make every wish a joyful journey!

**Sunrise Park | Tuesdays | Oct 6, 20, 27 | 8:45-10:45 AM**

**Hugo | Wednesdays | Oct 7, 21, 28 | 12:00-2:00 PM**

**Oneka | Fridays | Oct 2, 9, 23 | 8:45-10:45 AM**

### Session 3 - November: "Lions, Tigers, & Bears... Oh My!"

Welcome to *Lions, Tigers, & Bears... Oh My!* Step into the wild and explore the fascinating world of animals big and small. Through interactive activities, songs, and crafts, your child will learn about jungle friends, habitats, and animal sounds. Each day is a wild adventure full of curiosity, creativity, and lots of animal fun. Let's roar, pounce, and explore the animals together!

**Sunrise Park | Tuesdays | Nov 3, 10, 17 | 8:45-10:45 AM**

**Hugo | Wednesdays | Nov 4, 11, 18 | 12:00-2:00 PM**

**Oneka | Fridays | Nov 6, 13, 20 | 8:45-10:45 AM**

### Session 4 - December: "Splash of Color"

Welcome to *Splash of Color*! In this vibrant, hands-on class, your child will dive into the world of colors, painting, and creativity. Through messy art, crafts, songs, and sensory activities, we'll explore how to mix colors. Every day is a rainbow-filled adventure where imagination blooms, and creativity flows. Let's paint, splash, and make the world a little brighter together!

**Sunrise Park | Tuesdays | Dec 1, 8, 15 | 8:45-10:45 AM**

**Hugo | Wednesdays | Dec 2, 9, 16 | 12:00-2:00 PM**

**Oneka | Fridays | Dec 4, 11, 18 | 8:45-10:45 AM**

# Special Events

## Field Trip to Lendt's Pumpkin Patch!

ADULT/CHILD | AGES 1+

Hop on the bus and join us for a fun-filled adventure at Lendt's Pumpkin Patch! Families will enjoy a scenic hayride through the patch and get to pick out their very own pumpkin and learn about honey bees and their hives. Each child will also receive Indian corn and a popcorn cob to take home. Explore the outdoor playgrounds, play in the corn pit and enjoy a fall morning outdoors with friends! Don't miss this exciting fall experience!

**Monday, October 12 | 8:30 AM-12:00 PM**

**Cost: \$12.50/person**

*\*Fee includes bus ride to Lendt's, wagon ride, picking a pumpkin, and picking corn!*

## Fall Parent Event

More information to come—stay tuned!

**Thursday, November 12 | SP**



## Parent-Child Gym Time

Families can enjoy activities set up in the gym at Early Childhood Center at Sunrise Park. Parents are responsible for the supervision of their children.

**Ages 1-5 with adult**

**Wednesdays**

**Jan 6-Feb 24 | 5:30-7:30 PM**

**\$4/child, \$8/immediate family**

Payable at the door each night.

## FAMILY EVENTS

- **Fall Costume Dance (PAC Sponsored)**  
Thu, Oct 22, 2026  
Families will attend one session:  
4:00-5:00 PM or 5:30-6:30 PM | SP
- **Field House Play (PAC Sponsored)**  
Fri, Oct 30, 2026 | 8:45-10:45 AM  
TCO Fieldhouse
- **Winter Wonderland**  
Tue, Dec 22, 2026 | 9:00-10:30 AM | SP
- **Field House Play (PAC Sponsored)**  
Fri, Jan 29, 2027 | 8:45-10:45 AM  
TCO Fieldhouse
- **I Love to Read Storytime**  
Thu, Feb 4, 2027 | 6:00-7:15 PM | HU  
Thu, Feb 11, 2027 | 6:00-7:15 PM | SP
- **Spring Fling**  
Mon, Apr 12, 2027 | 9:00-10:30 AM | SP
- **MN Children's Museum Field Trip (PAC Sponsored)**  
Wed, Apr 14, 2027 | 8:30 AM-12:30 PM
- **End of the Year EC Party**  
Tue, May 25, 2027 | 5:30-7:00 PM | HU  
Thu, May 27, 2027 | 5:30-7:00 PM | SP



# Registration & More

## Registration

Register online at [whitebear.arux.app](http://whitebear.arux.app) or in-person at Early Childhood Center at Sunrise Park, 2399 Cedar Ave, White Bear Lake, MN 55110.

## Cancellations

We reserve the right to cancel classes due to insufficient enrollment. Fees paid will be refunded. Refunds will not be issued for classes missed or after a class has started.

## Determine Payment Due

Use the class fee schedule on the back cover to determine fee for the first child attending the class. If you have multiple children in the same class, call 651-653-3100 to see if you qualify for a discount.

## Payments

All one-time payments are due at the time of registration. Payments for full year classes will be split into three equal payments. The first payment will be due at the time of registration and the second and third payments will occur in November and February. No family will be denied participation due to inability to pay. If you need help with payments call 651-653-3100.

## Refund Policy

Refunds will be issued when requested at least five working days prior to the class starting date. A \$10 service charge will be deducted from each refund processed.

## Immunization Records

Immunization records MUST accompany the registration if your child is participating in an ECFE class. Class registrations will not be processed without an up-to-date immunization record each school year. Immunization records can be emailed to [ec@isd624.org](mailto:ec@isd624.org).



## Bear Care

### Health and Wellness Clinic



(651) 653-2923

[BearCare@RiseUpHealthClinics.org](mailto: BearCare@RiseUpHealthClinics.org)  
[sites.google.com/riseuphealthclinics.org/bearcare](https://sites.google.com/riseuphealthclinics.org/bearcare)

Open during school hours and after-school

LOCATION: WBLAHS - North Campus  
5040 Bald Eagle Ave., WBL, MN 55110

**NEW!**

**Nutrition Health Counseling Services**

\*Call, email, or go to our website to make an appointment



## Services Provided



- **NEW: Nutrition Health Counseling**
- Wellness exams
- Mental health counseling
- Sports physicals
- Flu shots and other vaccines
- Rapid strep throat testing
- Ear infections, pink eye
- Influenza testing
- Bladder infections
- Teen health
- Chronic illness management

## OUR MISSION

The clinic provides accessible, no-cost health care for all district students, to improve community health and educational outcomes.



All are welcome!

Sliding Fee Scale for ECFE Classes				
Gross Annual Household Income (Combined family income)	Fee A 2 hr/wk class *9-month class paid in three installments	Fee B 1.5-1.75 hr/wk class *9-month class paid in three installments	Fee C Grandparent Class *8-week session paid in one payment	Fee D Tamarack *9-month class paid in three installments
\$100,000+	\$670	\$556	\$223	\$891
\$75,000-\$99,999	\$577	\$474	\$192	\$742
\$50,000-\$74,999	\$474	\$366	\$158	\$608
\$35,000-\$49,999	\$386	\$304	\$129	\$474
\$20,000-\$34,999	\$299	\$221	\$100	\$366
\$0-\$19,999	\$221	\$196	\$74	\$237

Fee A, B and D: These amounts represent your total class fee for the school year. For 9-month classes, payments are split into three installments: at the time of registration, in November, and in February.



## JOIN OUR PAC!

### What is the Parent Advisory Council (PAC)?

Every Early Childhood program is required to have an advisory council to help develop, plan, and monitor the ECFE program. The PAC is made up of parents in the program, local community professionals, and specialists who provide input and guidance on community needs.

- The PAC meets 4 times per year. (Sept, Nov, Feb, & Apr)
- The First PAC Meeting is Monday, September 21: 11:00-12:00 PM @ Hugo
- Free Childcare Provided
- \$50 Incentives Available
- The PAC approves grants for EC programs.
- Runs special PAC sponsored events
- The PAC supports 2-3 fundraisers per year

[earlychildhood.isd624.org/families/pta](http://earlychildhood.isd624.org/families/pta)

If interested send an email to: [wblecpac@gmail.com](mailto:wblecpac@gmail.com)

## Early Childhood Screening

### SCREEN AT THREE

Early Childhood Screening is required by the State of Minnesota for all children prior to entering kindergarten. White Bear Lake Area School District provides this screening at no charge.

### 3 reasons to screen at age 3

- ◆ Screening can ensure school success
- ◆ If health or developmental concerns are identified, educational services are available immediately
- ◆ It is fun for children and provides caregivers with valuable information regarding child development

To view all available screening sessions and to register, visit [whitebear.arux.app](http://whitebear.arux.app) or call 651-653-3100 to make an appointment.

Screenings are held at:  
Early Childhood Center at Sunrise Park, 2399 Cedar Ave, White Bear Lake, 55110.

## SIGN UP FOR CLASSES ALL YEAR!

After the initial sign up, registrations are welcome at anytime. Fees will be adjusted based on the date your family starts class.

Call 651-653-3100 for class availability or view openings online at [whitebear.arux.app](http://whitebear.arux.app).

