

Wellness Committee Meeting Notes January 27, 2026

Meeting called to order at 3:00 PM

All participants signed in to the meeting.

Notes were approved and signed from the October 14, 2025 Wellness Meeting.

Public Comments: None

Introduction and Warm Up:

Introductions were made by members of the committee.

Recap of the Whole Child Wellness Committee Purpose:

Goal Four of the Strategic Plan: District 73 will ensure the success of the whole child by providing comprehensive approaches and programming, grounded in the belief that each child deserves to be healthy, safe, engaged, supported and challenged.

The group then transitioned to Task One:

Whole Child Goal 4 Measurement

Each table was assigned a Whole Child tenet and reviewed the quantitative goals aligned to that focus area.

Group 1: Healthy - Proposed Goals

FitnessGram Goal - 5th grade and 7th grade increase by 5%

Illinois Youth Survey - Increase number of students who have never tried a substance by 5%

Group 2: Safe - Proposed Goals

Increase students with no exclusionary discipline by 0.2%

5 Essentials - stay neutral

Absenteeism - decrease by 2.3%

Group 3: Engaged - Proposed Goals

Increase the percentage of students involved in before/after school activities by implementing an *Activity Fair* (modeled after high school orientation) and advertise clubs/sports/extracurriculars for incoming 6th grade students.

Group 4: Supported - Proposed Goals

5Essentials - 60% of students will fall in the "strong" ranking on the supportive environments category.

SEL - 90% of students will be in the low/no risk category on the mySAEBRS screener

Group 5: Challenged - Proposed Goals

Increase number of students exceeding grade-level IAR standards.

Megan Goldman shared that she would take the feedback and draft goals to the administrative team for review and feedback.

The group then transitioned to Task Two:

Wellness Policy Review

The committee reviewed the edits and suggestions from our October meeting.

The committee discussed the importance of increasing consistency in the availability of clubs and extracurricular activities across elementary schools.

The group then transitioned to Task Three:

Discipline Data Review

Discipline data from November through January was reviewed. An increase in citizenship-related incidents was discussed and is largely attributed to a small number of students with repeated incidents who are receiving targeted supports. The committee requested additional information on the number of students represented to further contextualize the data.

Meeting adjourned at 4:30 PM

Respectfully submitted, Megan Goldman


Alicia Corrigan, Assistant Superintendent of Student Services


Julie Clifford, Board Member

Date Minutes Approved: 4-14-26