

# The CANINE CORNER

Central Middle School

April/May 2026



## 26-27 Cheerleaders

*Central*  
MIDDLE SCHOOL DANCE TEAM

|                 |                  |
|-----------------|------------------|
| Spencer Delage  | Elizabeth Peters |
| Naomi Dunham    | Evalyn Pham      |
| Mia Farias      | Everly Sanchez   |
| Jaylah Galvan   | Kooper Smith     |
| Valerie Gracian | Tatum Sterling   |
| Selah Hearn     | Halleigh Todd    |
| Lillie Hester   | Riley Williams   |
| Reese McDowell  | Blake Wortham    |

*Congratulations*

*Congratulations*



NATIONAL JUNIOR HONOR SOCIETY

*to our Newest Members*

*7th Grade*

|                   |                   |
|-------------------|-------------------|
| Abbu, Rohith      | Howell, Callie    |
| Bacallao, Annelie | Lumpkin, David    |
| Barnes, Presley   | Magana, Giuliana  |
| Cadena, Jose      | Marela, Ariana    |
| Chavez, Ayleen    | Maxey, Thomas     |
| Colvin, Cadmon    | Nguyen, Jordyn    |
| Dinh, Avery       | Sayani, Zoya      |
| Duran, Connor     | Stimson, Bailey   |
| Frankie, Adley    | Tran, Callie      |
| Garcia, Lea       | Tran, Nixon       |
| Hirani, Rayan     | Truss-Hall, Revan |

*8th Grade*

|                  |
|------------------|
| Carrera, Kassidy |
| Garcia, Zhrandel |
| Green, Co'ryan   |
| Tanner, Trinity  |

*Congratulations*

**WAYNE A. REAUD  
EXCELLENCE/IN EDUCATION  
AWARD WINNER**



**JOANNA LANE  
7TH GRADE SOCIAL STUDIES TEACHER**

The Wayne A. Reaud Excellence in Education Award honors 15 outstanding Southeast Texas educators for dedication, leadership, and positive impact on students!

## 26-27 Middle School Dance Team

*Congratulations to our new  
2026-2027  
CMS Canine Cheerleaders*

|                   |                   |
|-------------------|-------------------|
| Jordyn Nguyen     | Kyler Fondren     |
| Callie Rae Howell | Kynsi Edelen      |
| Mae Chambers      | Annelie Bacallao  |
| Isabel Brinson    | Scarlett Reynolds |
| Brooklyn Riley    | Sadie Gwidoz      |
| Brylin Rodriguez  | Adley Frankie     |

*2026-2027 mascot spike*

Sophia Reyes

*Central*  
MSDT  
7TH GRADE  
REPRESENTATIVE

*Kooper Smith*

*Central*  
MSDT OFFICERS

*Lieutenant:*  
Jaylah Galvan

*Co-Captain:*  
Reese McDowell

*Captain:*  
Blake Wortham

## Honors Band Gets Sweepstakes at Concert & Sightreading

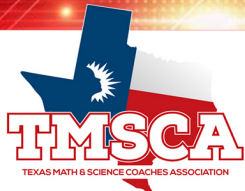
**SWEEPSTAKES for the Central Honors Band!!!**

We are beyond proud to share that our students earned straight 1's from all 6 judges at UIL Concert & Sight-Reading! These students have worked so hard, and it truly paid off today.



## Symphonic Band Gets Superior Ratings at Concert & Sightreading

The Symphonic Band attended the UIL band contest today and received superior ratings from all 6 judges!! We are so proud of these students and their outstanding performance!

**State Qualifiers**

*Kanae Tsuno* (Number Sense, General Math, Science)

*Aaren Merani* (General Math, Science)

*William Chhay* (Number Sense)



GO CANINES

## Art Students Support CIS Mental Health Program

The artwork displayed in the stairways to the auditorium was created by Ms. Telles' 7th and 8th grade art students as part of the CIS Mental Health Program.

Inspired by artists such as Yayoi Kusama, Frida Kahlo, Jean-Michel Basquiat, Vincent van Gogh, and Keith Haring, students explored how art can express emotions and support mental health. Each piece reflects personal creativity while encouraging reflection and awareness.



## Choir Student Get Perfect Scores at Concert & Sightreading

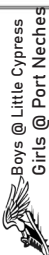
Central Middle School brought two choir groups to the UIL Concert and Sight Reading Contest, and both delivered incredible performances!

The Tenor/Bass Choir performed in the morning and earned perfect scores (1-1-1) from all three judges in the Concert portion of the contest. The Treble Choir followed in the afternoon and also earned perfect scores (1-1-1) from all three judges in Concert!

We are so proud of these talented students and their directors for representing Central Middle School and Nederland ISD with excellence. Way to go!



# April

| SUNDAY | MONDAY                                                                                      | TUESDAY                                                                                                                                                   | WEDNESDAY                                                                                                                                                                                        | THURSDAY                                                                                                                                                                                         | FRIDAY                                                                                                               | SATURDAY                                                                                                         |
|--------|---------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
|        |                                                                                             | 1<br><b>STAR</b><br>6-8th Math Mock<br>NJHS Induction Ceremony 6pm<br> | 2<br>                                                                                                          | 3<br>                                                                                                           | 4                                                                                                                    |                                                                                                                  |
| 5      | 6<br>    | 7<br>                                                                  | 8<br>                                                                                                          | 9                                                                                                                                                                                                | 10<br>                              | 11<br><b>Choir</b><br>Solo & Ensemble Contest                                                                    |
| 12     | 13<br> | 14<br><b>STAR</b><br>6-8th RLA<br>Life Skills to Doornbos<br>         | 15                                                                                                                                                                                               | 16<br><br>Boys @ Groves<br> | 17<br><br>Report Cards Distributed | 18                                                                                                               |
| 19     | 20<br> | 21<br><b>STAR</b><br>8th Science                                                                                                                          | 22<br><b>STAR</b><br>8th Social Studies                                                                                                                                                          | 23<br>                                                                                                        | 24                                                                                                                   | 25                                                                                                               |
| 26     | 27                                                                                          | 28<br><b>STAR</b><br>6-8th Math, Alg EOC                                                                                                                  | 29<br><br>Gator Fest<br> | 30<br><br>Art classes to the Stark Museum                                                                     |                                                                                                                      | <br>7th & 8th grade Band Trip |

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SCHOOL



@CMSLearns

# MAY

| SUNDAY | MONDAY                                                                                                                                          | TUESDAY                                                                                                                                   | WEDNESDAY                                                                                                            | THURSDAY                                                                                                                            | FRIDAY                                                                                                                          | SATURDAY                                                                                                                                       |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
|        |                                                                                                                                                 | <b>STAR</b><br>6-8th Math, Alg EOC                                                                                                        |                                                                                                                      |                                                                                                                                     | 1<br><br>Gator Fest                            | 2<br><br>7th & 8th grade Band Trip                            |
| 3      | 4<br><br>Progress Reports Distributed<br>Girls @ Port Neches | 5<br>5th grade visit to CMS<br><br>Spring Concert 6:30 | 6<br>                              | 7<br><br>Spring Concert<br>Boys @ Port Neches      | 8<br><br>Twirler & Drum Major<br>Tryouts       | 9<br><br>6th grade Band Trip<br>Choir Trip<br>Boys Tournament |
| 10     | 11<br><br>8th grade to High School<br>Girls @ COW            | 12<br><br>7/8 @ 9am<br>6 @ 1pm<br>Boys @ COW           | 13<br><br>Life Skills Spring Fling | 14<br><br>Fun Day                                  | 15<br><br>Band 6pm<br>Girls Tournament @ Vidor | 16                                                                                                                                             |
| 17     | 18                                                                                                                                              | 19<br><br>8th grade to Houston                       | 20<br><br>8th grade to Doornbos  | 21<br><br>Last Day of School<br>Show Your Talent | 22<br><br>TEACHER WORKDAY<br>No School       | 23                                                                                                                                             |
| 24     | 25<br><br>memorial DAY                                     | 26                                                                                                                                        | 27                                                                                                                   | 28                                                                                                                                  | 29<br><br>Summer SCHOOL<br>Registration      | 30                                                                                                                                             |
| 31     |                                                                                                                                                 |                                                                                                                                           |                                                                                                                      |                                                                                                                                     |                                                                                                                                 |                                                                                                                                                |

# TEST PREP

Without the Stress

## STAAR

5

### Study Smart!

- ☒ Create a **Study Plan**
- ☒ **Review** a Little Each Day
- ☒ Use **Notes & Flashcards**
- ☒ Practice Online STAAR tests
- ☒ Work in a Quiet Spot
- ☒ Ask Questions!



3

### Healthy Habits!

- ☒ Get 8-10 Hours of Sleep
- ☒ Eat a Healthy Breakfast
- ☒ Stay Active & Relaxed



TEST

### Test Day Checklist!

TEST DAY!

- ☒ Eat a Good Breakfast
- ☒ Bring:
  - ✓ Pencils
  - ✓ Charged Chneebook/BYOD
- ☒ Arrive on Time
- ☒ Take Deep Breaths



## ★ You've Got This! ★

☒ Do Your Best   ☒ Trust Your Training   ☒ Tackle STAAR with **Confidence!**



Presented by : School Counselor

# Healthy Phone & Social Media Habits

— Tips for a Balanced Digital Life —



## Smart Screen Time

- Limit to 1-2 hours of fun screen time per day
- Take breaks from the screen
- No phones during homework or bedtime



## Signs of Unhealthy Use

- Feeling anxious or sad without your phone
- Too much time online, not enough offline
- Difficulty sleeping



## Stay Safe Online

- Think before you post
- Keep accounts private
- Don't talk to strangers



## Family Tech Talks

- Set screen time rules together
- Discuss online safety
- Talk about cyberbullying

## Digital Detox Tips



### Get Outside

Enjoy nature & exercise!



### Try a Hobby

Draw, read, play sports!



### Hang Out with Friends

Have fun in person!

## Need Help?

Feeling overwhelmed? Talk to a trusted adult or your school counselor!



Scan for Support



# Finish Strong

Give extra effort to make it through to the end

This month we are challenging students to work hard and stay determined. ***We are partnering with you to acknowledge your child's achievement of goals- big and small!*** By helping your child develop perseverance now, you can prepare them to learn from their future failures and work hard to achieve future successes. This month, look for opportunities to teach and model the power of perseverance!



## 1 Engage: The Power of Yet

Ask each family member to write down a list of things they would like to learn to do but just haven't done yet. For example, "I haven't learned \_\_\_\_." Choose a few phrases from each family member and repeat these phrases, adding the word "yet" to the end. Remind your family that we must work daily to learn new things and keep trying even when it's hard.



## 2 Empower: The Best Version of You

Ask each family member to think of a word that describes the best version of themselves or a word they would like to live out. It may be a word from their class or family Social Contract. (For example., respectful, responsible, a good listener, etc.). After each member decides on one word, ask everyone to identify three actions they can take to persevere and model their word to ensure they become the best version of themselves. Have weekly check-ins to see how things are going.



## 3 Excel: Winning Over Weeds

This spring, plant a garden as a family. It can be big or small! Discuss the daily commitment needed to help this garden grow and the patience necessary as you wait for the final product. Weed this garden together and as you do, discuss how this garden is like many challenges in life. Perseverance helps us to win over weeds!

## Conversation Starters

♥ What is something you're good at that took a lot of hard work and practice?

♥ What is something you're still learning to do in school that is difficult?

♥ Who is someone at school you feel comfortable asking for help from when you need it?

# Termina Fuerte

Da un esfuerzo extra para perseverar hasta el final.

Este mes estamos desafiando a los estudiantes que trabajen duro y que se mantengan determinados. **Estamos colaborando contigo para reconocer los logros de las metas de tu hijo-grandes o pequeñas.** Por ayudar a tu estudiante a desarrollar la perseverancia ahora, puedes prepararlos para que aprendan de sus fracasos futuros y que trabajen duro para lograr sus éxitos futuros. Este mes, busca por oportunidades para enseñar y modelar el poder de la perseverancia.



## 1 Captar: El Poder de Todavía

Pídele a cada miembro de tu familia que escriba una lista de cosas que quiere aprender a hacer, pero todavía no lo ha hecho. (Por ejemplo, "No he aprendido \_\_\_\_\_.") Elige unas cuantas frases de cada miembro de la familia y repite estas frases, añadiendo la palabra "todavía" al final. Recuerda a tu familia que tenemos que trabajar cada día para aprender nuevas cosas y seguir intentando aún cuando es difícil.



## 2 Empoderar: La Mejor Versión de Ti

Pídele a cada miembro de la familia que piense de una palabra que describe la mejor versión de sí mismo o una palabra que le gustaría demostrar con su vida. Podría ser una palabra del Contrato Social de su clase o su familia. (Por ejemplo, respetoso, responsable, un buen escuchador, etc.) Después que cada miembro decida en una palabra, pregunta a cada uno que identifique tres acciones que pueda tomar para perseverar y modelar su palabra para asegurar que se convierta en la mejor versión de sí mismo. Ten una junta semanal para ver cómo les está yendo.



## 3 Emplear: Superando las Hierbas

Esta primavera, planta un jardín como familia. ¡Puede ser grande o pequeño! Discute el compromiso necesario para ayudar al jardín crecer y la paciencia requerida mientras esperas para el producto final. Deshierben este jardín juntos y mientras lo hacen, discutan cómo este jardín es como muchos desafíos de la vida. ¡La perseverancia nos ayuda a superar las hierbas!

## Iniciadores de Conversación

♥ ¿Qué es algo que puedes hacer muy bien que te tomó mucho trabajo duro y práctica?

♥ ¿Qué es algo en la escuela que todavía estás aprendiendo hacer que es difícil?

♥ ¿Quién es alguien en la escuela que te sientes comfortable preguntando por ayuda si la necesitas?

# Be Leadworthy

Live with honesty and excellence.

This month, we are challenging students to choose to do the right thing, no matter who is watching. We each aim to live with the ability and willingness to exist with honesty and excellence. ***We want to partner with you to highlight your child's integrity.*** As you do this month's activities, look for opportunities to celebrate your child's integrity and character growth.



## 1 Engage: Created a Top 10 List

Ask each member of your family to write a trait, a behavior, or an attitude that demonstrates integrity or honesty on a sticky note. Put all the notes on a wall or table and develop a family definition of integrity based on your responses. Altogether, brainstorm ten ways that personal integrity makes a difference. Consider how it impacts your family, school, community, and world. Facilitate a discussion about what happens when integrity is compromised.



## 2 Empower: Be An Integrity Scout

Ask your family to watch out for any positive behaviors – such as integrity or honesty – that they observe during the week. At the end of the week, encourage everyone to share their observations. Then, ask each family member to write affirmations to individuals who exhibited positive behaviors and deliver them. Finish the activity by having everyone describe what they learned by looking for positive behaviors.



## 3 Excel: Live it Out

Ask each family member to share a time when they didn't act with integrity. Perhaps they were dishonest or didn't treat someone with empathy and respect, or maybe they didn't step up when something wrong was happening. Whatever it is, commit to owning the behavior and apologizing to the person or people your behavior may have impacted. Come back together as a family and share what happened when you apologized.

## Conversation Starters

♥ When have you demonstrated integrity, even though it was difficult?

♥ How does breaking a promise impact your relationships? Your integrity?

♥ What do you think it means to be true to yourself?

# Sea Digno de Linderar

Vive con honestidad y excelencia.

Este mes, estamos desafiando a los estudiantes a tomar la decisión de hacer lo que es correcto, no importa quien está poniendo atención. Todos tenemos el propósito de vivir con la habilidad y disposición para existir con honestidad y excelencia. **Queremos colaborar contigo para destacar la integridad de tu niño.** Mientras que haces las actividades del mes, busca oportunidades para celebrar la integridad de tu niño y su crecimiento de carácter.



## 1 Captar: Crea Una Lista de los 10 Primeros

Pregunta a cada miembro de tu familia que escriba una característica, un comportamiento, o una actitud que demuestra integridad o honestidad en una nota adhesiva. Pega todas las notas en una pared o mesa y desarrolla una definición familiar de la integridad basada en sus respuestas. Todos juntos, propongan 10 maneras en que la integridad personal hace una diferencia. Consideren cómo impacta su familia, escuela, comunidad, y mundo. Facilita una discusión sobre lo que pasa cuando se compromete la integridad.



## 2 Empoderar: Sea un Buscador de Integridad

Pídele a tu familia que estén atentos a cualquier comportamiento positivo – tal como la integridad o la honestidad – que observan durante la semana. Al final de la semana, anima a todos que compartan sus observaciones. Luego, pídele a cada miembro de la familia que escriba afirmaciones a individuales que exhibieron comportamientos positivos y entréguelos a esos individuos. Para terminar la actividad, haz que todos describan lo que aprendieron mientras buscaban comportamientos positivos.



## 3 Emplear: Vívelo

Pídele a cada miembro de la familia que comparta sobre un tiempo cuando no actuó con integridad. Quizás fue deshonesto o no trató a alguien con empatía y respeto, o tal vez no tomó acción cuando algo mal estaba pasando. De cualquier manera, comprométete a tomar responsabilidad de este comportamiento y pedir perdón de la persona o las personas que tu comportamiento podría haber impactado. Vuelvan juntos como familia y comparte lo que pasó cuando pediste perdón.

## Iniciadores de Conversación

♥ ¿Cuándo has demostrado integridad, aunque fue difícil?

♥ ¿Cómo impacta tus relaciones romper una promesa?  
¿Tu integridad?

♥ ¿Qué piensas que significa ser fiel a ti mismo?