

# Rockford Middle School

May  
2026

## Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>27</p> <p>Great way to start the day!!!</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>1</p> <p>Strawberry Cream Cheese Filled Bagel</p> <p>Lucky Charms Cereal Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>4</p> <p>Fluffy Pancakes</p> <p>Cheerios Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>5</p> <p>Blueberry Muffin, WG Cheese Stick</p> <p>Cinnamon Chex Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>6</p> <p>Egg &amp; Cheese on English Muffin</p> <p>Cinnamon Toast Crunch Cereal, WG Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>7</p> <p>Cinnamon Roll</p> <p>Cocoa Puffs Cereal Bowl Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>8</p> <p>Yogurt Parfait with Blueberries &amp; Granola</p> <p>Lucky Charms Cereal Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>11</p> <p>Brekkie, WG</p> <p>Cheerios Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>12</p> <p>Breakfast Pizza</p> <p>Cinnamon Chex Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>13</p> <p>Banana Chocolate Chip Snack Bread, WG</p> <p>Cinnamon Toast Crunch Cereal, WG Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>14</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Cocoa Puffs Cereal Bowl Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>15</p> <p>Breakfast Taco</p> <p>Lucky Charms Cereal Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>18</p> <p>Yogurt Parfait with Strawberries &amp; Granola</p> <p>Cheerios Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>19</p> <p>Cream Cheese Frosted Long John</p> <p>Cinnamon Chex Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>20</p> <p>Breakfast Flatbread</p> <p>Cinnamon Toast Crunch Cereal, WG Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>21</p> <p>Mini Eggo Waffles</p> <p>Cocoa Puffs Cereal Bowl Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>22</p> <p>Breakfast Bowl</p> <p>Lucky Charms Cereal Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>
<p>25</p> <p>No School</p>	<p>26</p> <p>Choc Chip Snack Bread, WG</p> <p>Cinnamon Chex Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>27</p> <p>Homemade Coffee Cake Muffins</p> <p>Cinnamon Toast Crunch Cereal, WG Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>28</p> <p>Egg &amp; Cheese on English Muffin Whole Grain Toast</p> <p>Cocoa Puffs Cereal Bowl Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>	<p>29</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Lucky Charms Cereal Graham Crackers</p> <p>Fruit Selection Juice Selection Choice of Milk</p>

PRICES

Student Breakfast	Free
Adult Breakfast	\$2.50
Milk	\$.60

EXTRA INFO

Sit with someone new this month

HARVEST OF



THE MONTH

Menus and nutrition  
our app  
Taher Food4Life®



www.taher.com