

CONEJO VALLEY UNIFIED SCHOOL DISTRICT
ANNUAL RESOLUTION #25/26-37
IN SUPPORT OF
NATIONAL MENTAL HEALTH AWARENESS MONTH

WHEREAS, Mental Health Awareness Month, observed nationally in May, seeks to educate the public, promote positive mental health, and advocate for policies that support mental wellness for all; and

WHEREAS, the stigma associated with mental health conditions can prevent individuals from seeking help and support, highlighting the importance of awareness and education; and

WHEREAS, mental health is essential to the overall health and well-being of students, educators, staff, and the broader school community; and

WHEREAS, mental health challenges can affect a student's ability to learn, develop healthy relationships, and achieve success in school and beyond; and

WHEREAS, schools play a vital role in providing a supportive environment, fostering resilience, and ensuring access to mental health resources and services; and

WHEREAS, the Conejo Valley Unified School District, government agencies, healthcare providers, organizations, and families in our community remain committed to the well-being of all students, staff, and families by supporting initiatives that promote mental health awareness, access to care, and the reduction of the stigma associated with mental illness; and

NOW, THEREFORE, BE IT RESOLVED, that the Governing Board of the Conejo Valley Unified School District does hereby recognize May 2026 as National Mental Health Awareness Month and encourages students, staff, families, and community members to participate in activities, educational programs, and conversations that promote mental health awareness and well-being; and

BE IT FURTHER RESOLVED, that the Governing Board of the Conejo Valley Unified School District commits to continuing efforts in providing mental health resources, professional development for staff, and policies that prioritize the mental health and emotional well-being of all individuals within our schools.



Bill Gorback, Clerk, Board of Education



Mark W. McLaughlin, Ed.D, Superintendent
and Secretary to the Board