



**You're Invited to  
Senator Samra Brouk's**

# **5<sup>th</sup> Annual Community Baby Shower**

**Sunday, May 3 (1pm–4pm)**

**Ryan R-Center  
530 Webster Ave.  
Rochester, NY 14609**

This event is a resource fair and supply drive for new and growing families across the Greater Rochester area. Dozens of community organizations will share important resources, and we will be distributing diapers, formula, wipes, and gently used baby clothes to help our community thrive.

For more information, please call my office at (585) 223-1800.

**You're invited! Children and families  
welcome!**

**¡Está invitado! ¡Los niños y las familias  
son bienvenidos!**

## Senator Brouk continues to fight for maternal care and working families:

- Sponsored legislation requiring the Office of Mental Health to create a Maternal Mental Health Workgroup, resulting in **New York State's first Maternal Mental Health Recommendations Report** in 2025 (Ch. 57 of 2023)
- Passed legislation to create a NYS Doula Directory to increase access to doulas and improve health outcomes for pregnant New Yorkers. **Over 350 doulas have joined the directory.** (Ch. 18 of 2024)
- Supported legislation requiring the Department of Health to thoroughly evaluate and make recommendations on best birthing practices, a significant step toward reducing maternal and infant mortality (Ch. 28 of 2025)
- Ensured that maternal health care patients are **screened for maternal depression** to provide early intervention and prevent maternal mental health crises (Ch. 42 of 2025)
- Improved access to childcare assistance by implementing a presumptive eligibility standard that removes administrative barriers for families (Ch. 5 of 2025)
- Co-sponsored a bill to establish the Baby Bucks allowance, which would **reduce childhood poverty** and ensure expecting parents have the resources they need (S.2132)
- Co-sponsored legislation permitting doulas to be present in the operating room during a C-section (Ch. 654 of 2024) and supported legislation ensuring patients are notified of their right to have a doula present during procedures (Ch. 43 of 2025)

## Important Resources

### Help for Maternal Depression

Between 15 and 20 percent of all women experience some form of pregnancy-related depression or anxiety. Learn more: [omh.ny.gov/omhweb/maternal-depression](https://omh.ny.gov/omhweb/maternal-depression)

### Doula Services Information for Medicaid Members

Many NYS Medicaid members who are enrolled in fee-for-service (FFS) or Medicaid Managed Care (MMC) are eligible to receive doula services at no cost during pregnancy and up to 12 months after. Learn more: [health.ny.gov/health\\_care/medicaid/program/doula](https://health.ny.gov/health_care/medicaid/program/doula)

### University of Rochester Perinatal Consultation Clinic (PNCC)

Mental health consultation for people with mood or anxiety disorders who are pregnant, planning a pregnancy, or have questions regarding the use of psychiatric medications during pregnancy and/or breastfeeding. Learn more: [urmc.rochester.edu/conditions-and-treatments/perinatal-consultation-clinic](https://urmc.rochester.edu/conditions-and-treatments/perinatal-consultation-clinic)

### The Doula Cooperative of Rochester

A collaborative group of doulas serving families throughout pregnancy, birth and parenthood. Learn more: [doulacooperative.com](https://doulacooperative.com)

### Nurse-Family Partnership of Monroe County

Program for women who are having their first baby. Specially trained nurses will visit your home throughout your pregnancy and continue to visit until your baby is two years old. Learn more: [monroecounty.gov/health-maternal-NFP](https://monroecounty.gov/health-maternal-NFP)

### Rochester Regional Health - Healthy Moms Program

The Healthy Moms Program helps provide resources and education to new and expecting parents. Learn more: [rochesterregional.org/services/womens-health/healthy-moms](https://rochesterregional.org/services/womens-health/healthy-moms)

### Apply for WIC

Apply for WIC (Women, Infants, and Children Program) to help you support your growing family. Learn more: [health.ny.gov/prevention/nutrition/wic](https://health.ny.gov/prevention/nutrition/wic)

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le invita a la

5<sup>o</sup> Fiesta Anual  
Comunitaria de  
Bienvenida a Bebés

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