



SEL SPOTLIGHT

SEPTEMBER 2025



REINTRODUCING OUR SEL TEAM:

Bianca Batis-Gelpi, School Psychologist
Dana Mosca, School Psychologist
Kayla Fortunato, School Counselor

WELCOME BACK ANNE HUTCHINSON SCHOOL!

We have gotten to the end of our first month back at school! As always, we show HEART at Anne Hutch, and we have revamped our ethical habits of the month in preparation for a new school year. This year our first ethical habit was TEAMWORK. Encouraging students to work together and support one another is integral to establishing a supportive and collaborative classroom community. Our classes read "The Golden Acorn," by Katy Hudson to help foster discussions about teamwork in the school community.

At our first Kick Off HEART Assembly we reviewed school wide expectations around our building, talked about what Teamwork looks like and how it looks and feels when we support one another. We are excited to see what our Fifth Grade HEART Ambassadors come up with for next month's assembly which they will be leading with Ms. Fortunato.

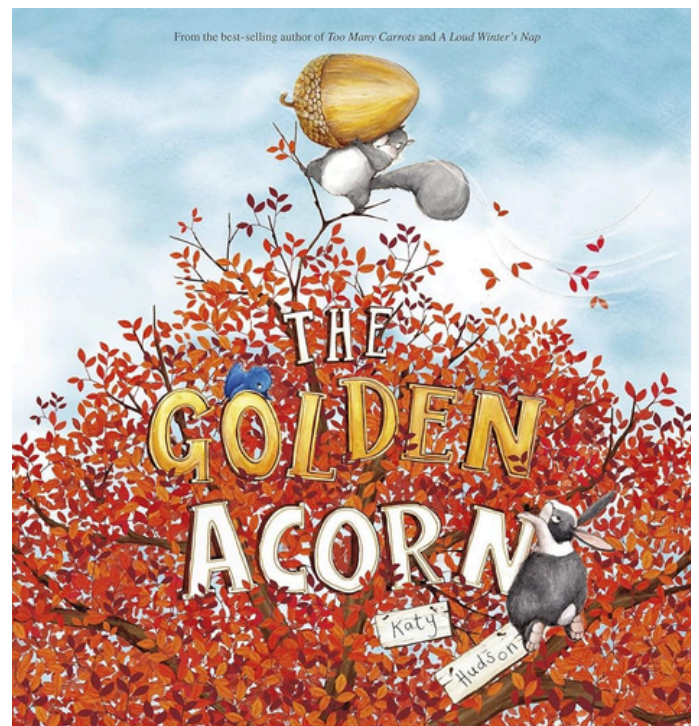
With Heart,

the SEL Team

ETHICAL HABIT OF THE MONTH:

Teamwork

BOOK OF THE MONTH:



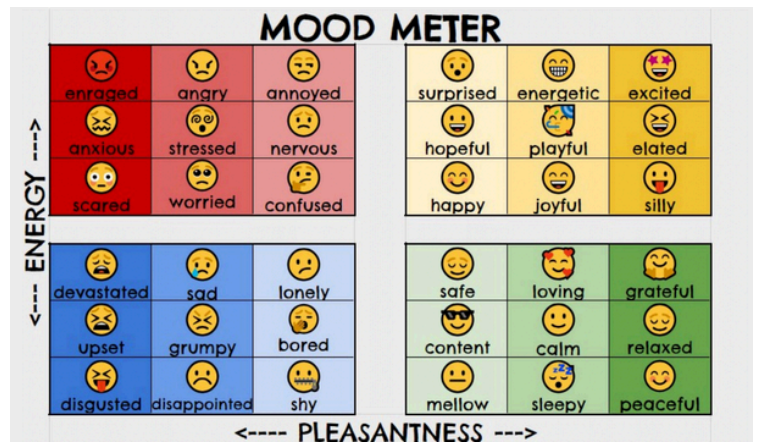
A Review of RULER

We are so excited to continue our RULER initiative at Anne Hutch. As a reminder to families, RULER is a social-emotional learning framework developed by Marc Brackett at Yale University. The idea behind RULER is quite simple, all emotions matter. Over the course of the year, students will continue to learn about tools like the Mood Meter, the Meta-Moment, the Charter, and the Blueprint. Each of these tools will help them over the course of this year and beyond in their school journey. We will also share more about each of these over the course of the year with you through our newsletter. For now though, trust that your child will walk away from this year with the support and ability to be their best selves each and every day.



Community Connections

We want to extend a big Anne Hutch “thank you” to all of our Heart Helpers who have already been helping spread Kindness and Heart in our community. We also want to extend a welcome to all of our new Heart Helpers. This month, students had a great time getting to know each other by playing a “get to know you” game and making friendship bracelets. We are looking forward to the next month of catching all of our students being kind!



The Charter

What is it? The Classroom Charter is a tool that can help us create the positive, supportive, social-emotional environments that we know are best for learning. The Charter is like a promise we make to one another, or an agreement. How it Works: The Charter describes how we want to feel at school and what we can do to ensure that everyone has those feelings more consistently. Everyone has a voice in its reaction and plays an active role in bringing it to life.



WE WANT TO FEEL

IN ORDER TO FEEL THIS WAY, WE WILL