Dublin City Schools

Grades 6-12
Student Spring 2026

Report created by
Panorama Education

Summary

Topic Description	Results	Benchmark
E+R=O	39% 0 since last survey	
Emotion Regulation How well students regulate their emotions.	58% ▲ 2 since last survey	 80th - 99th percentile compared to others nationally
Healthy Behaviors	37% ▲ 1 since last survey	
Perseverance How well students are able to persevere through setbacks to achieve important goals.	64% 0 since last survey	 80th - 99th percentile compared to others nationally
Self-Efficacy How much students believe they can succeed in achieving academic outcomes.	53% ▲ 1 since last survey	 60th - 79th percentile compared to others nationally
Supportive relationships	90% ▲ 1 since last survey	 80th - 99th percentile compared to others nationally

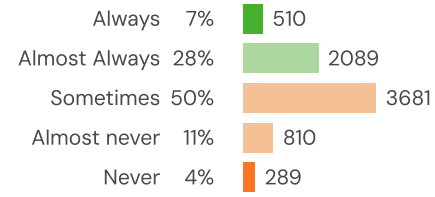
7,396 responses

E+R=O

Your average	Change
39%	0
7,396 responses	since last survey

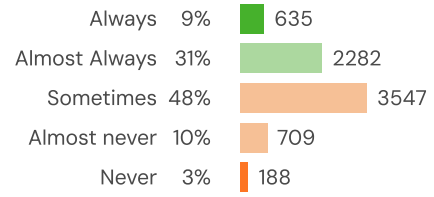
How did people respond?

Q.1: How often do you consciously try to "press pause" before reacting to something?



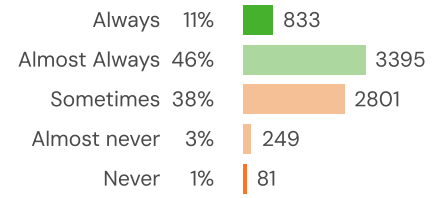
▲ 0 from last survey — Favorable: **35%**

Q.2: How often are you able to change a negative thought into a productive and positive thought?



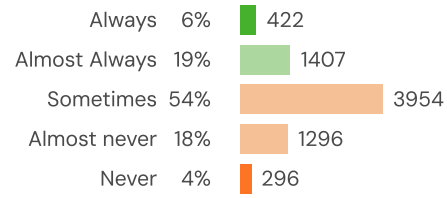
▲ 2 from last survey — Favorable: **40%**

Q.3: In school, how easy is it for you to adjust and adapt when things don't go your way?



▲ 0 from last survey — Favorable: **57%**

Q.4: In school, how much do your responses to events impact others?



▲ 1 from last survey — Favorable: **25%**

Emotion Regulation

Your average

58%

7,396 responses

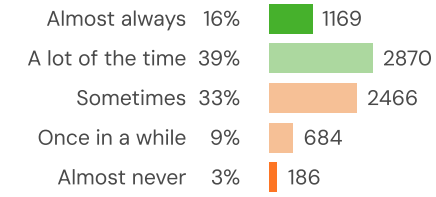
Change

▲ 2

since last survey

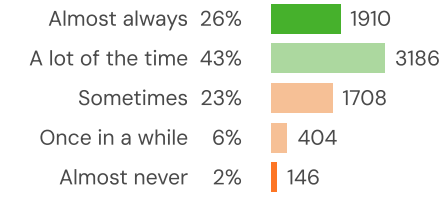
How did people respond?

Q.1: How often are you able to pull yourself out of a bad mood?



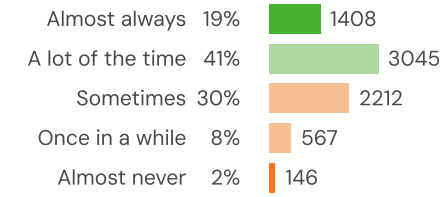
▲ 2 from last survey — Favorable: **55%**

Q.2: How often are you able to control your emotions when you need to?



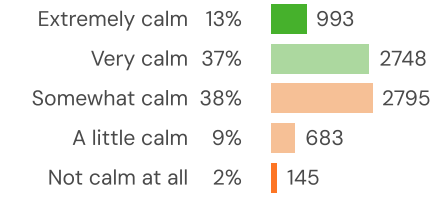
▲ 0 from last survey — Favorable: **69%**

Q.3: When you get upset, how often can you get yourself to relax?



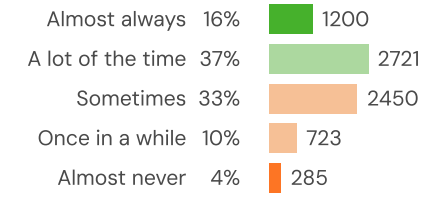
▲ 1 from last survey — Favorable: **60%**

Q.4: When things go wrong for you, how calm are you able to stay?



▲ 4 from last survey — Favorable: **51%**

Q.5: When you get upset, how often do you stop to think before you act?



▲ 1 from last survey — Favorable: **53%**

Healthy Behaviors

Your average

37%

7,396 responses

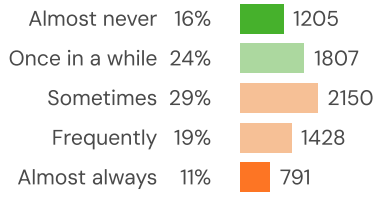
Change

▲1

since last survey

How did people respond?

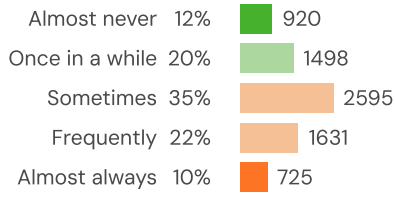
Q.1: How often do you worry about what other students think of you?



▲1 from last survey

Favorable: **41%**

Q.2: How often do you worry about things outside of school?



▲2 from last survey

Favorable: **33%**

Perseverance

Your average

64%

7,396 responses

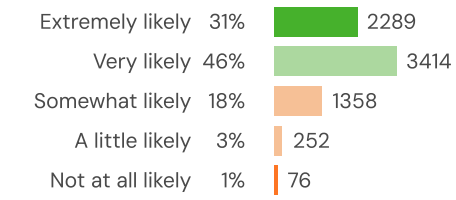
Change

0

since last survey

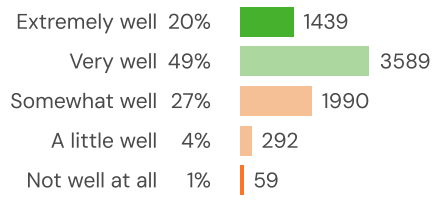
How did people respond?

Q.1: If you fail at something that is important to you, how likely are you to try again?



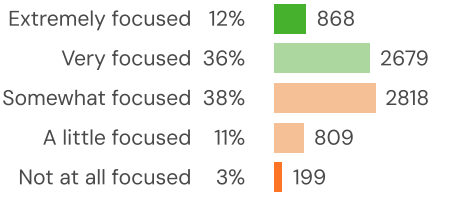
▼ 2 from last survey — Favorable: **77%**

Q.2: How well can you keep working to reach your goals if problems come up?



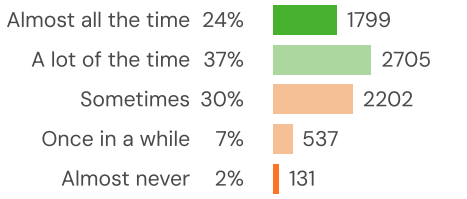
▲ 1 from last survey — Favorable: **68%**

Q.3: When you are working on something that matters to you and there are distractions, how focused can you stay?



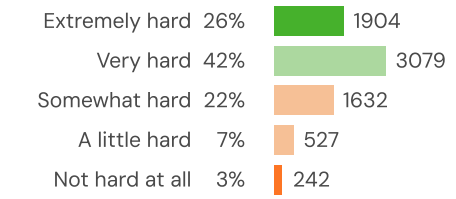
▲ 3 from last survey — Favorable: **48%**

Q.4: How often do you get your work done, even when you don't feel like doing it?



▼ 3 from last survey — Favorable: **61%**

Q.5: How hard do you work to keep your promises, even if they are hard to keep?



▲ 0 from last survey — Favorable: **67%**

Self-Efficacy

Your average

53%

7,396 responses

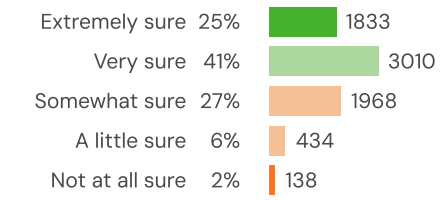
Change

▲ 1

since last survey

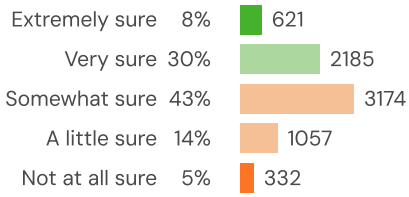
How did people respond?

Q.1: How sure are you that you can complete all the schoolwork that is given to you?



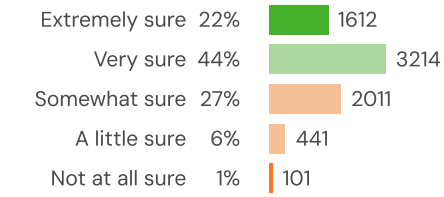
▲ 0 from last survey — Favorable: **66%**

Q.2: How sure are you that you will remember what you learned in your current classes, next year?



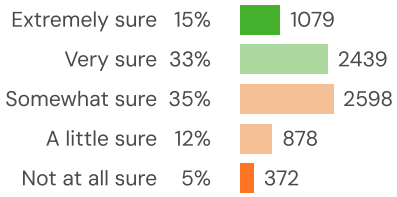
▲ 0 from last survey — Favorable: **38%**

Q.3: How sure are you that you can learn all the subjects taught in your classes?



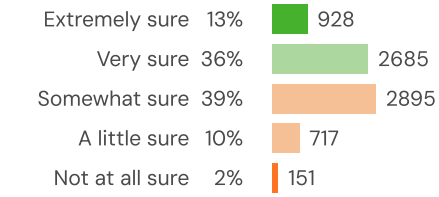
▲ 0 from last survey — Favorable: **65%**

Q.4: How sure are you that you can do the hardest schoolwork that is given to you?



▲ 3 from last survey — Favorable: **48%**

Q.5: When complicated ideas are discussed in class, how sure are you that you can understand them?



▲ 3 from last survey

Favorable: **49%**

Supportive relationships

Your average

90%

7,396 responses

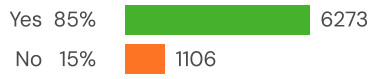
Change

▲ 1

since last survey

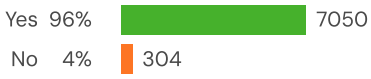
How did people respond?

Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?



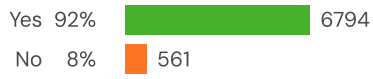
▲ 2 from last survey — Favorable: **85%**

Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?



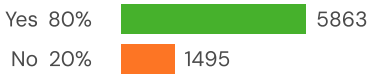
▲ 0 from last survey — Favorable: **96%**

Q.3: Do you have a friend from school who you can count on to help you, no matter what?



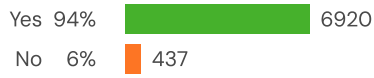
▲ 1 from last survey — Favorable: **92%**

Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?



▲ 3 from last survey — Favorable: **80%**

Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?



▲ 0 from last survey — Favorable: **94%**

Q.6: Do you have a friend from school who you can be completely yourself around?



▲ 1 from last survey — Favorable: **94%**